

# Influence of clavicle midshaft fracture pattern on the superior plate stabilization

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# Presenters



Carsten Englert  
(Presenter)



Sebastian Dendorfer  
(Presenter)



Arne Kiis  
(Host/Panelist)

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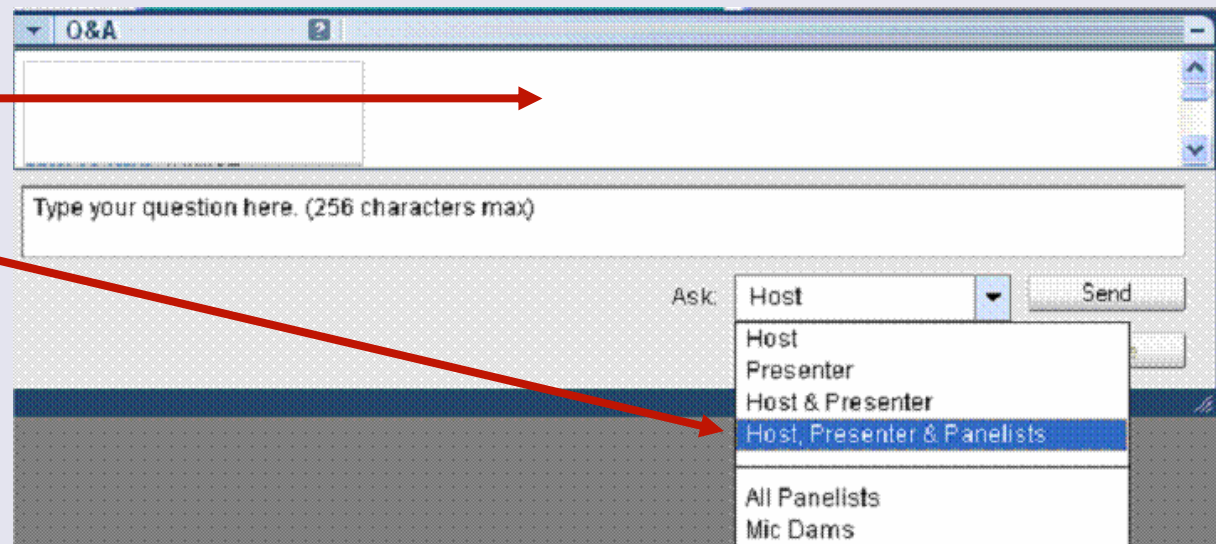
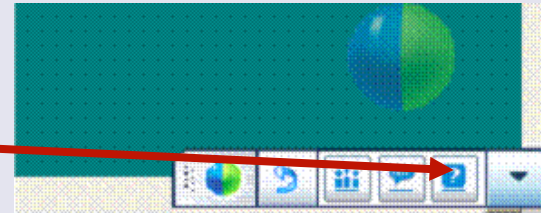
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- Launch the Q&A panel here.
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- Send the question to "Host, Presenter & Panelists"

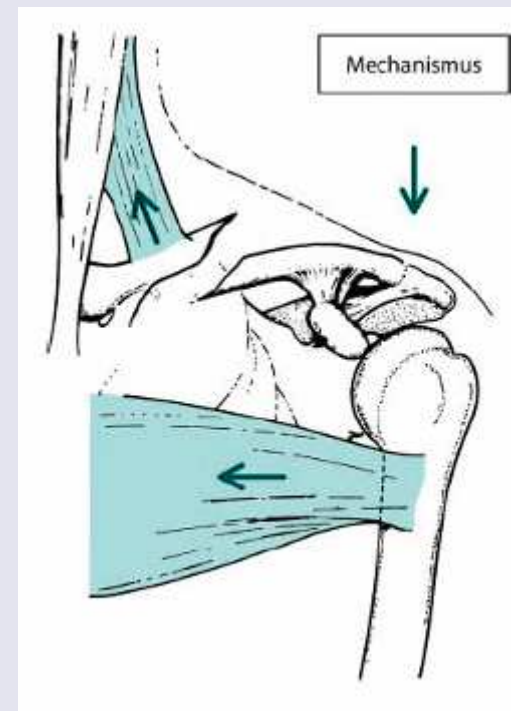
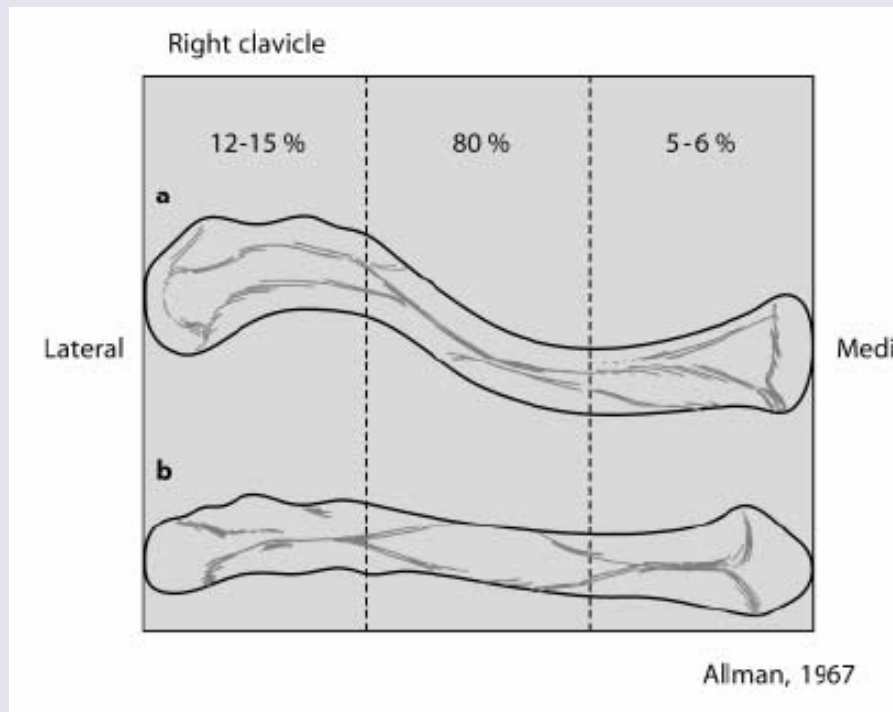


Notice the answer displays next to the question in the Q&A box. You may have to scroll up to see it.

# Draw back's in clavicular fractures

# Clavicle fractures

- 4 % of all fractures
- 30% of all fractures of the shoulder



# Clavicula

- S-shape
- Middle third with intramedullar room
- Low soft tissue wrapping
- Important for over head positioning of the arm



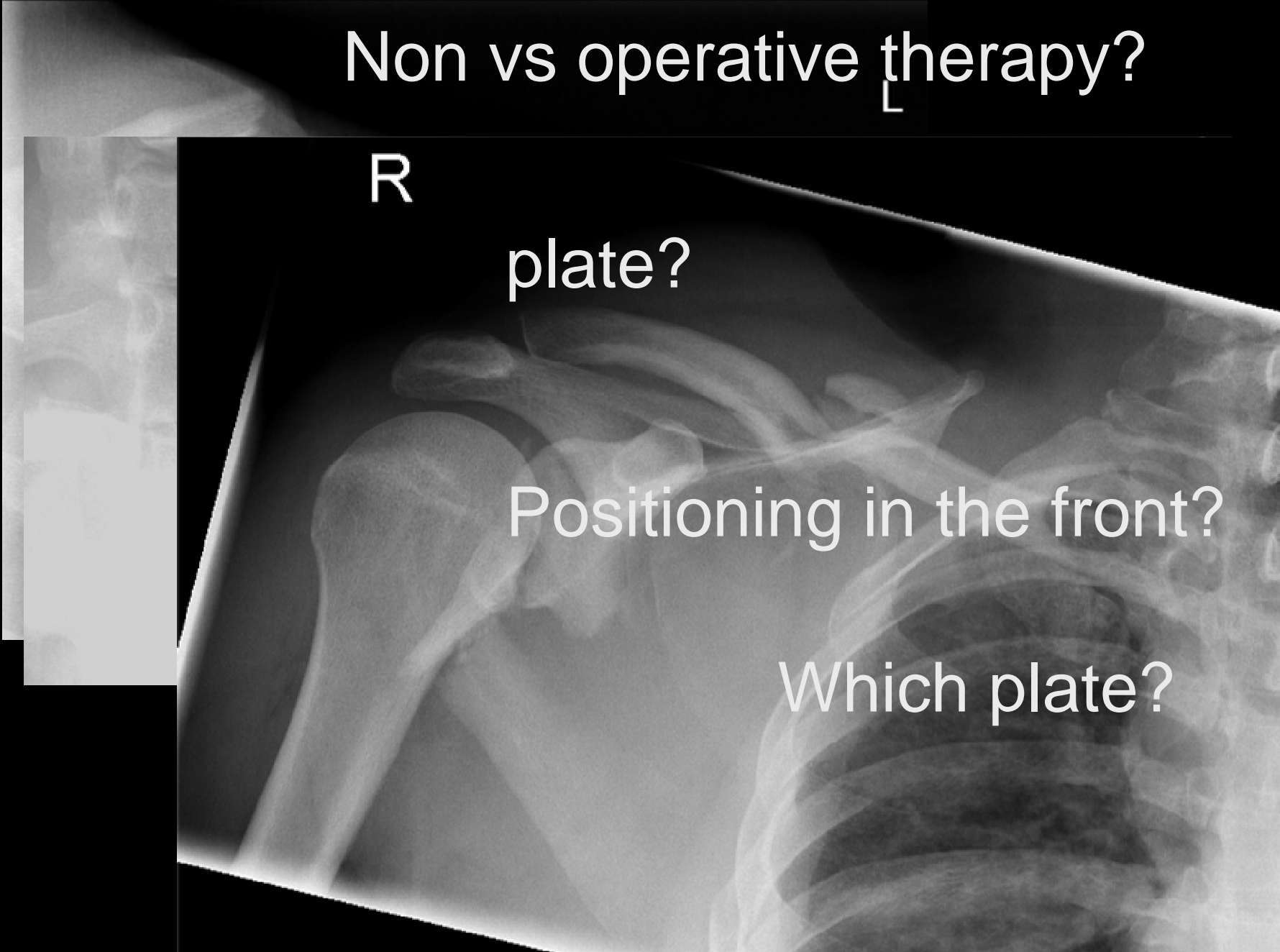
Non vs operative therapy?

R

plate?

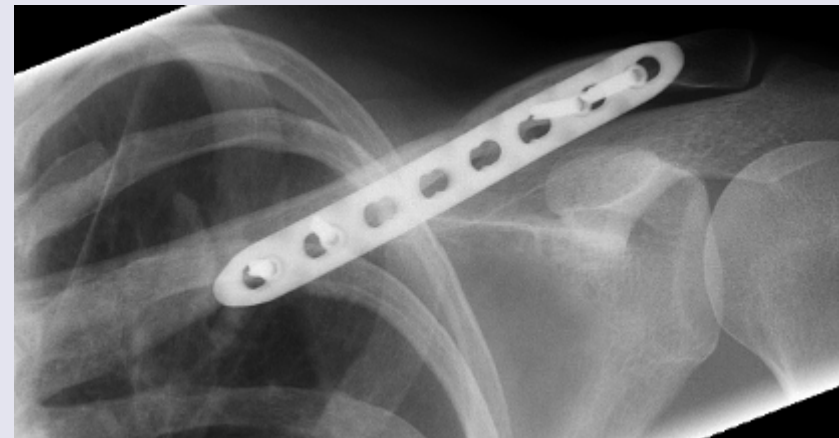
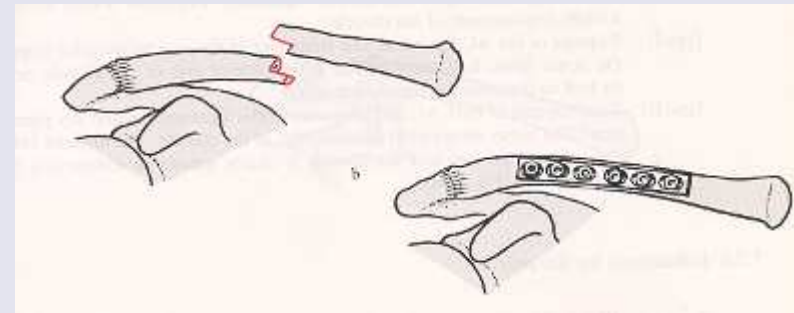
Positioning in the front?

Which plate?





# Plate position superior vs anterior



# Reconstruction plate

trauma



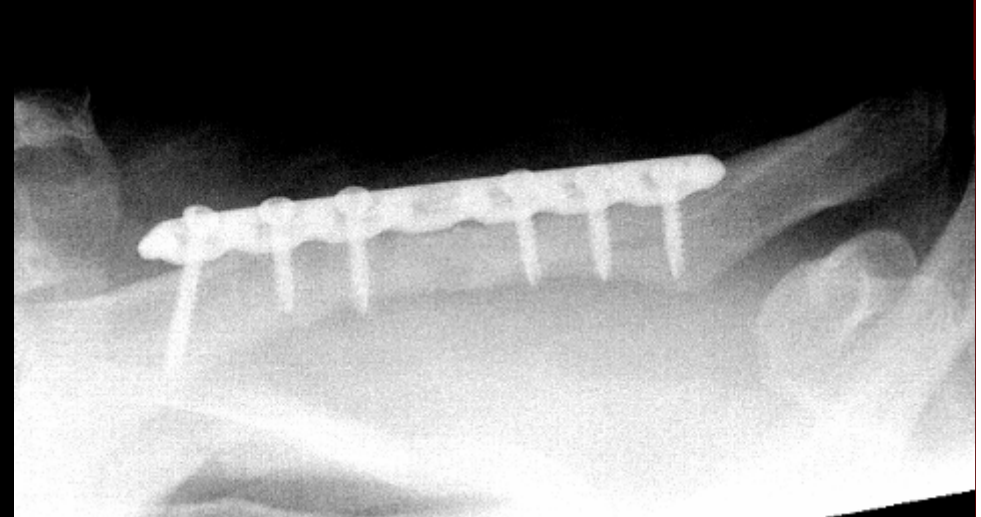
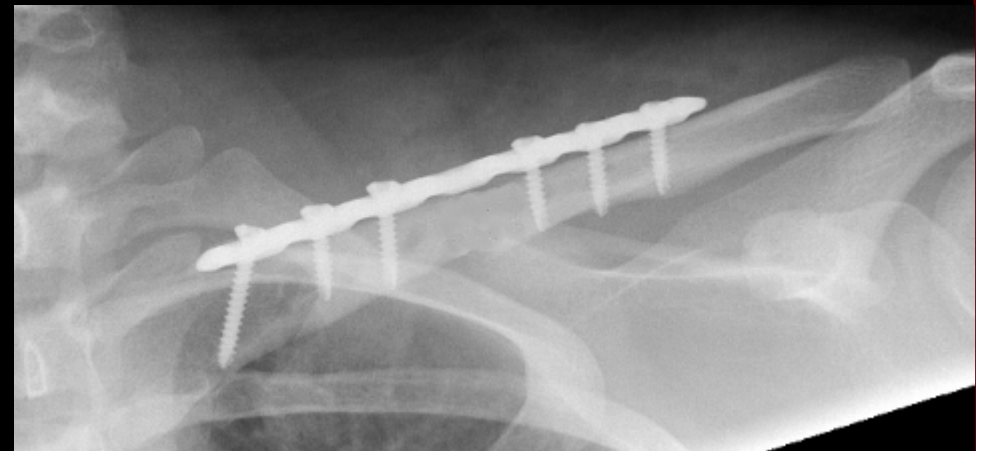
post operative



# Reconst. plate vs LCP

6 weeks post Op.

revision

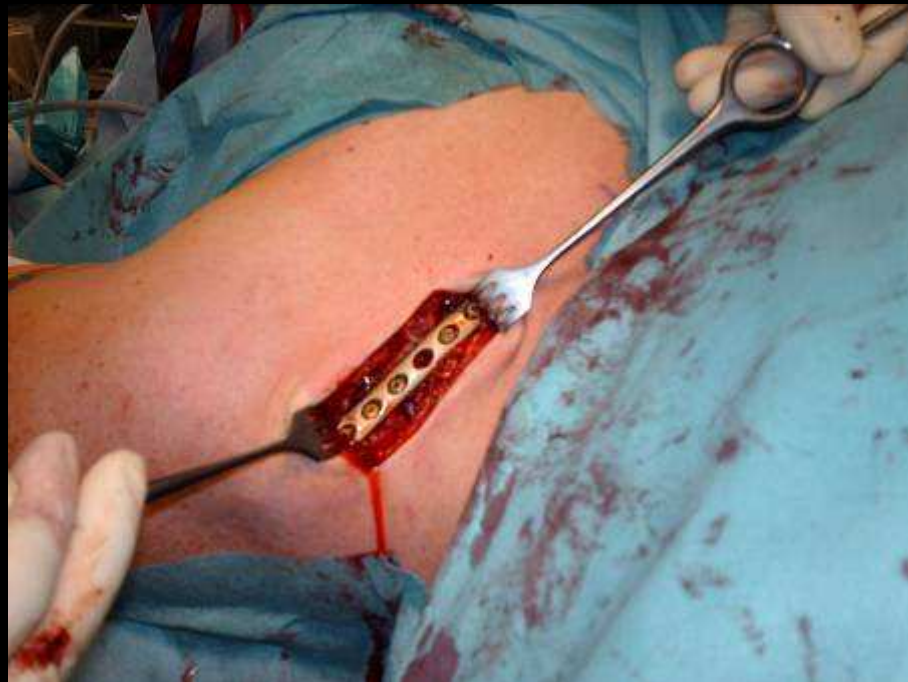


# LCDCP open reduction

Pre Op



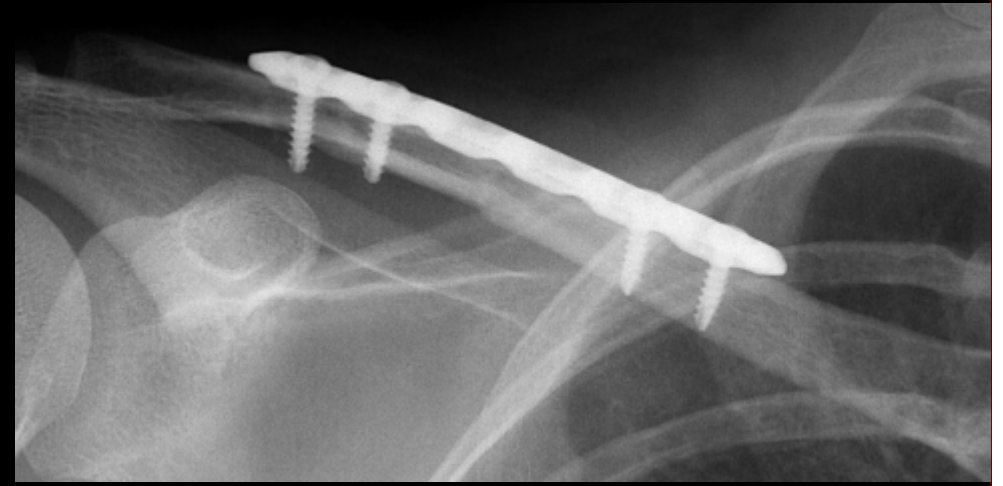
Post Op



# LCP in MIPO

Prae Op

Post Op



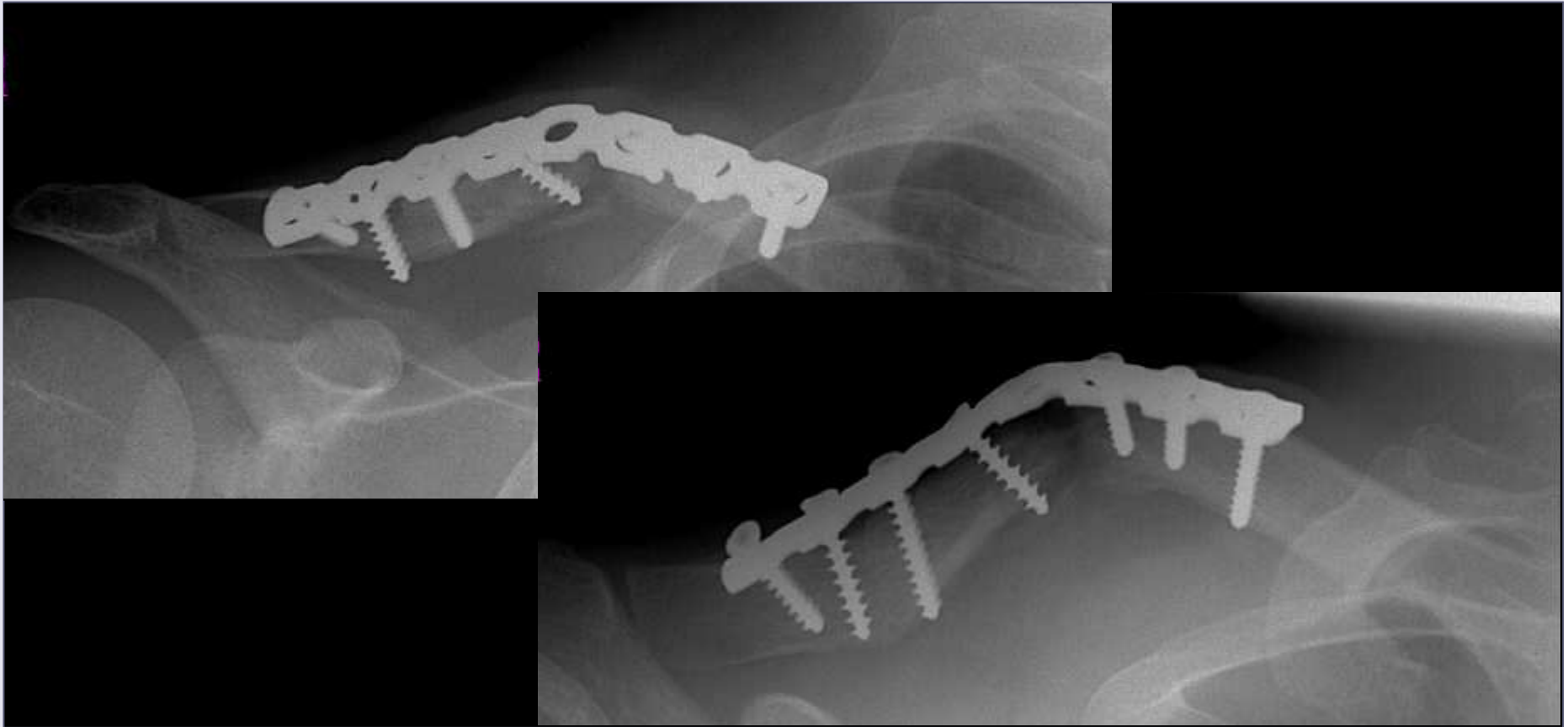
R



# Complications



# Christian D. 26 Jahre

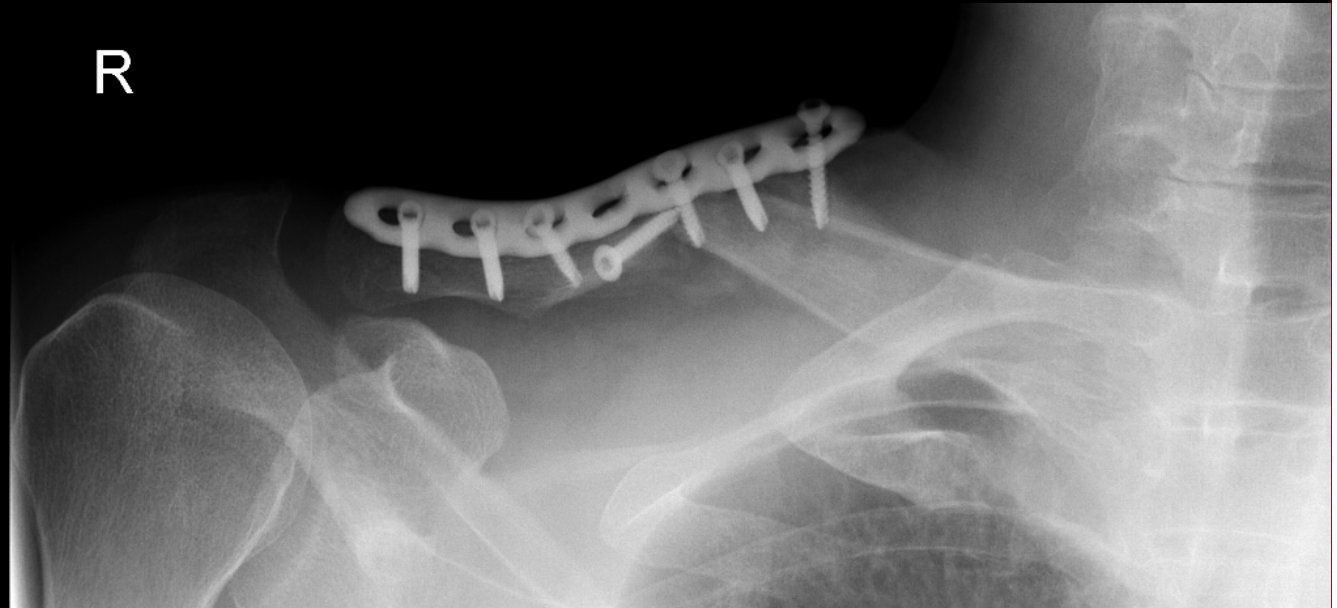
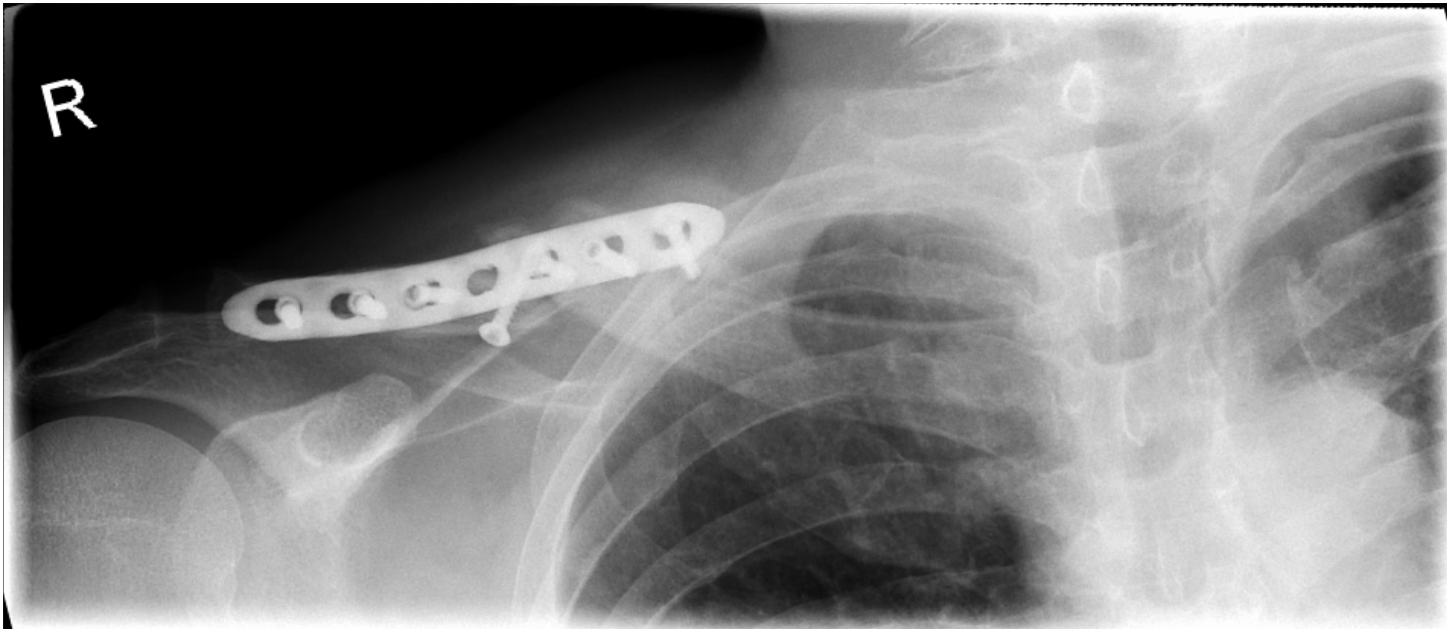


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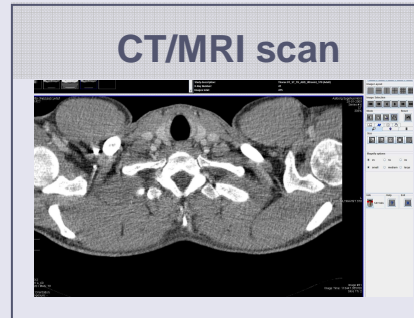
# Raised questions

- Why does standard clavicular plate fixation fail?
- Do we need more specialized operative indications based on the fracture line in regard to:
  - implant choice
    - plate, nail
  - position
    - anterior, superior
  - screw choice
    - locking vs cortical screws
  - screw numbers

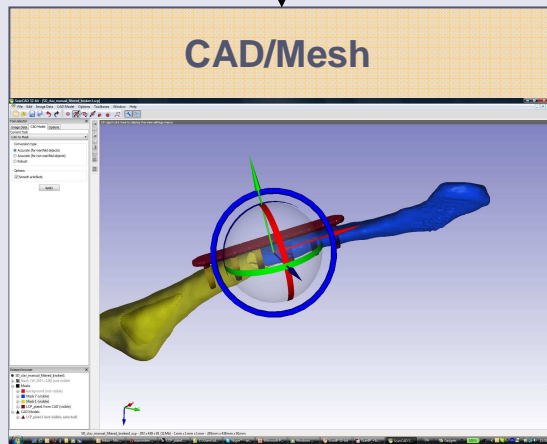
# Objectives

- Analyse the forces acting in the fracture during activities of daily living
- Evaluate the influence of fracture type on the stabilisation potential

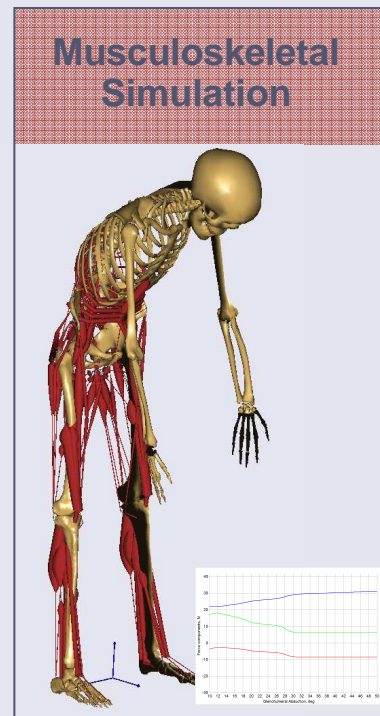
# From CT to FEM



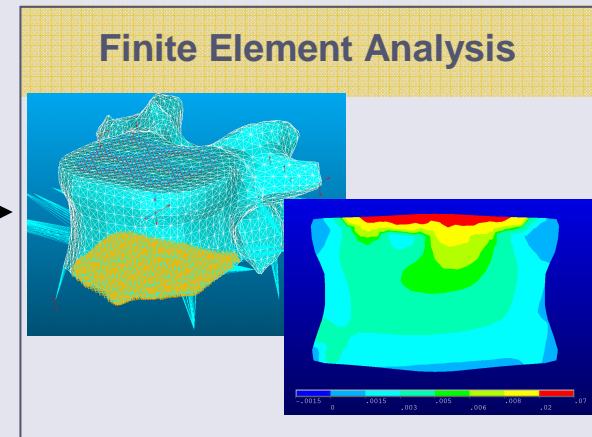
"raw" Geometry



CAD and FE model for patient specific scaling

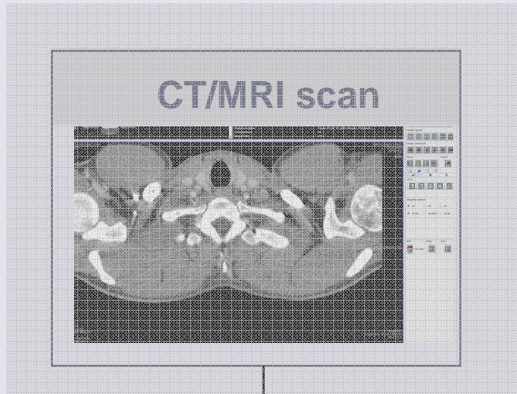


Compute forces for activities of daily living



Compute tissue/material stress

# From CT to FEM



"raw" Geometry

**CAD/Mesh**

*CAD and FE model for patient specific scaling*

**simpleware**  
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**Musculoskeletal Simulation**

**Finite Element Analysis**

Compute forces for activities of daily living

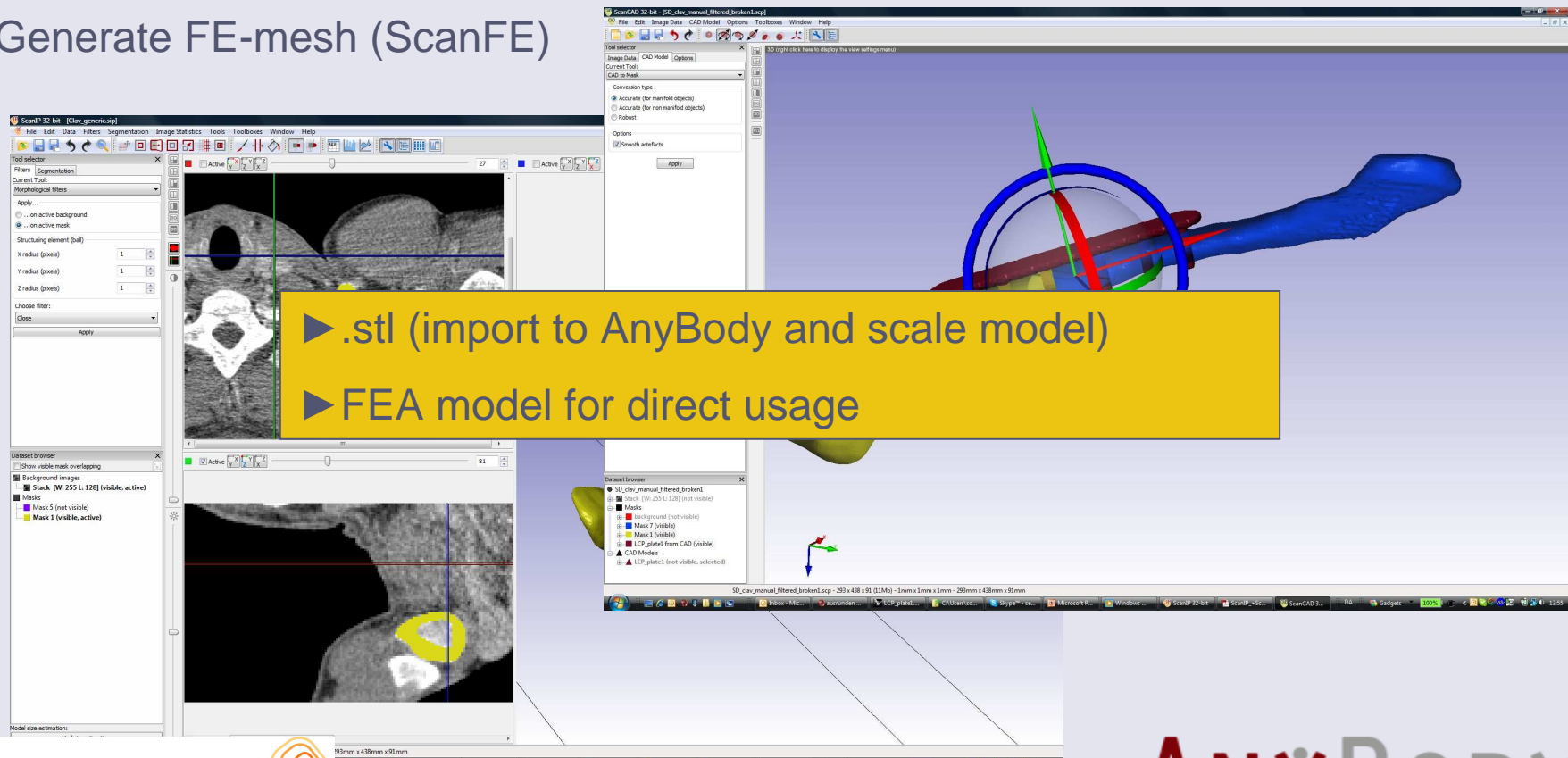
Compute tissue/material stress

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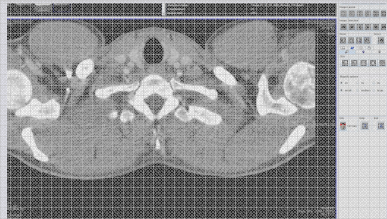
# Generate CAD and FEA models

- Generate model from CT data (ScanIP)
- Insert implant (ScanCAD)
- Generate FE-mesh (ScanFE)



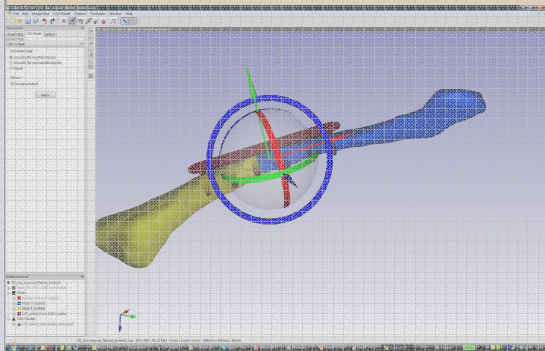
# From CT to FEM

CT/MRI scan



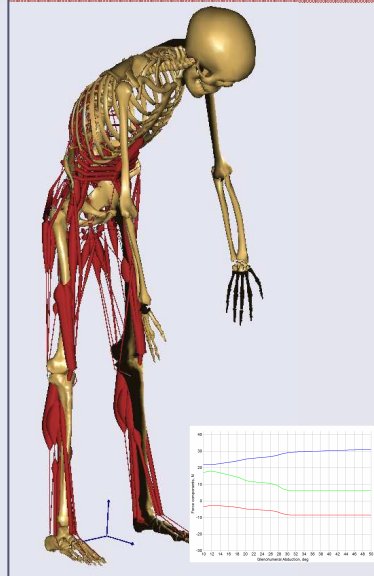
"raw" Geometry

CAD/Mesh



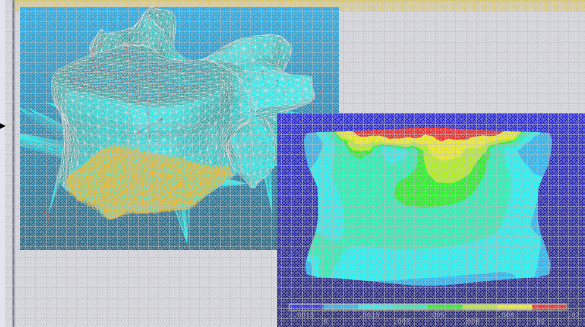
CAD and FE model for patient specific scaling

Musculoskeletal Simulation



Compute forces for activities of daily living

Finite Element Analysis

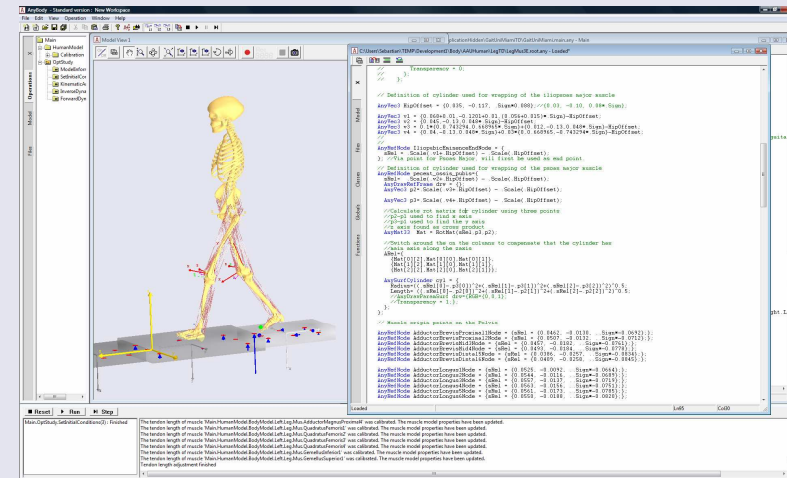


Compute tissue/material stress



# What is AnyBody?

- **The AnyBody Modeling System**
  - Musculoskeletal simulation software
  - AnyScript



- **The Model Repository**
  - Body models and applications
  - Available at [www.anyscript.org](http://www.anyscript.org)



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# Inverse Dynamic Analysis

## Input

Bones

Joints

Muscles

Ligaments

Motion of joints  
or markers

Loading on model  
boundary conditions

## Output

Muscles:  
forces, activity,  
power

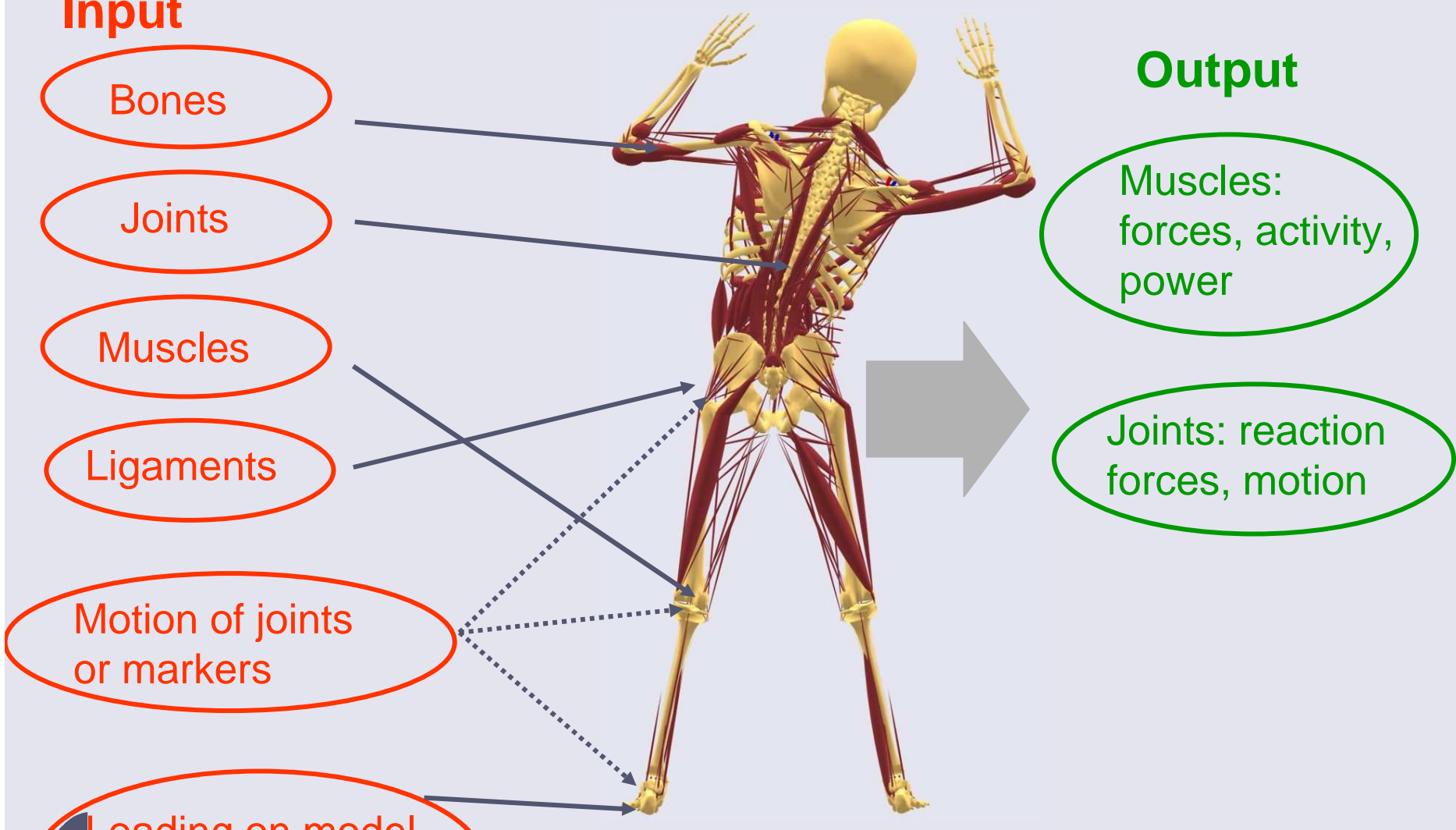
Joints: reaction  
forces, motion

Biomechanical model

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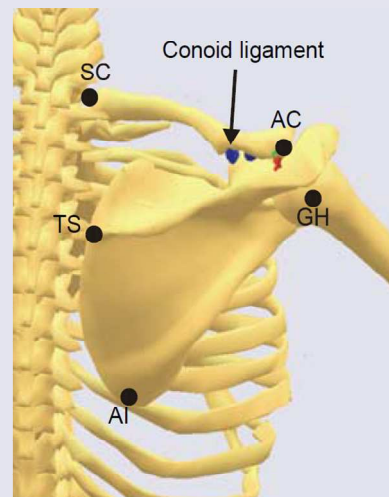
# Shoulder

- 118 muscle fascicles on each side
- Wrapping of muscles by contact mechanics
- Contact criterion in the GH joint

Veeger et al. 1991: J. Biomech. 24, 615-29

Van der Helm 1994: J. Biomech. 27, 551-69

Veeger et al. 1997: J. Biomech. 30, 647-52



**AC** Spherical joint

**GH** Spherical joint

**SC** Spherical joint

**TS** Scapula thoracic gliding plane, ellipsoid

**AI** Scapula thoracic gliding plane, ellipsoid

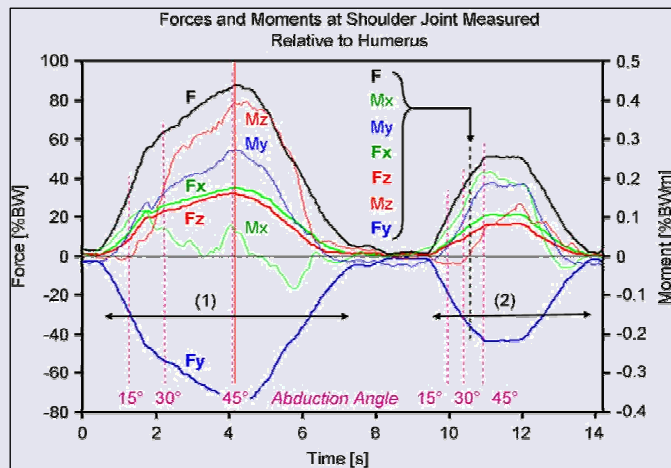
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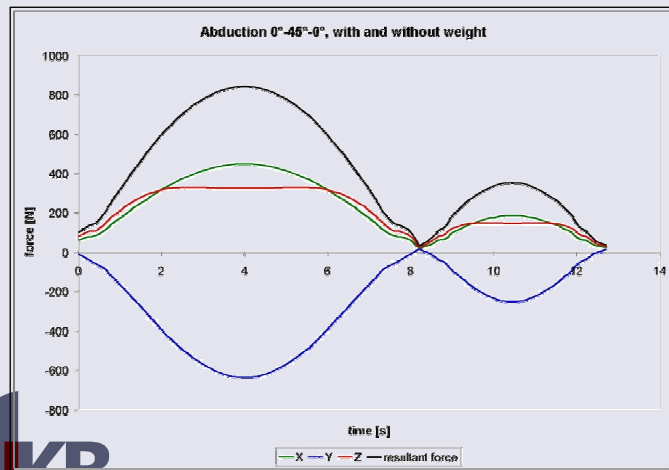
# GH reaction validation

Bergmann\*

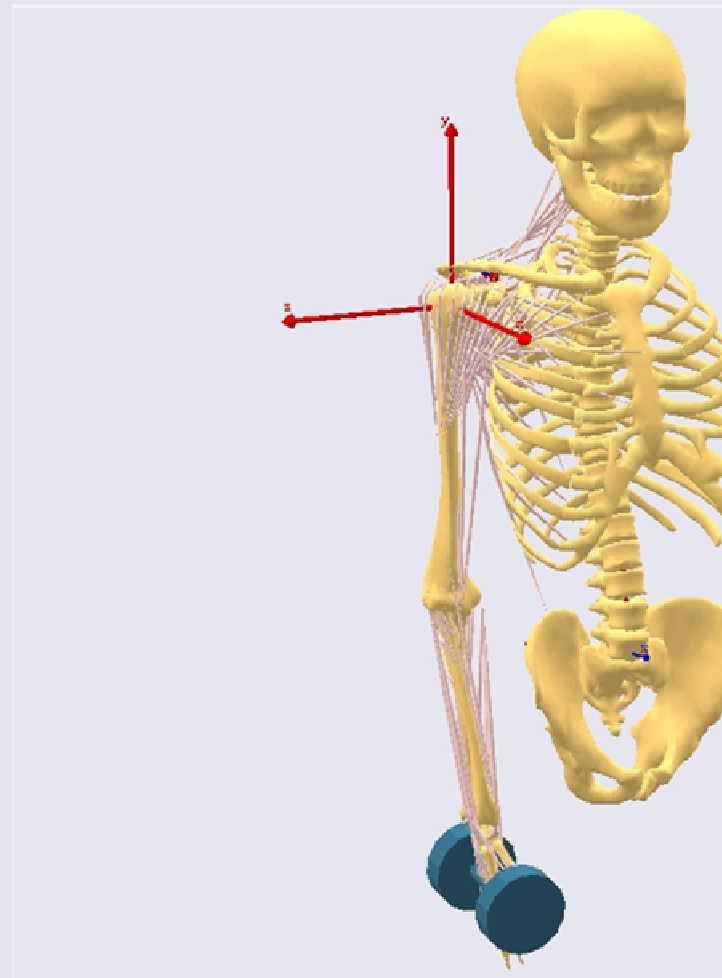


Measured peak GH force = 863 N

Model



Simulated peak GH force = 850 N



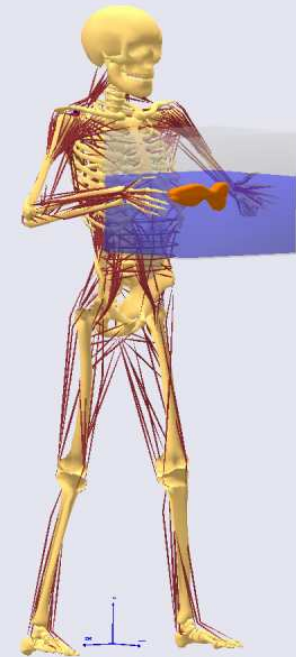
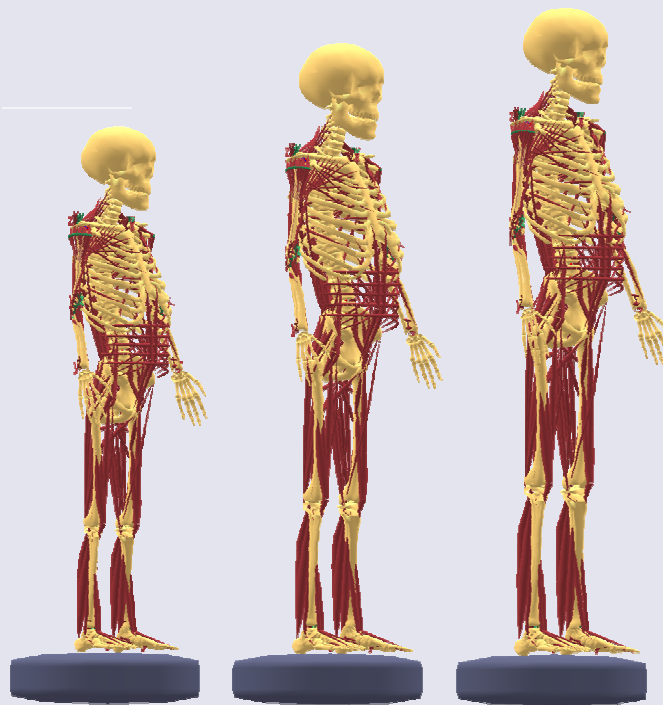
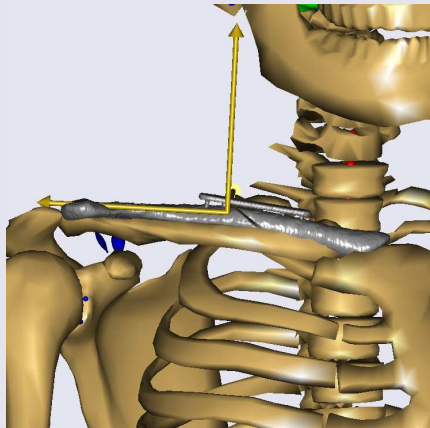
\*In vivo glenohumeral contact forces—Measurements in the first patient 7 months postoperatively .  
Bergmann et al. 2007: J. Biomech. 40, 2139 - 49

Nolte et al. 2008: J. Biomech. 41, S492  
Dubowsky et al. 2008: J. Biomech. 2008, 41, 2981-2988

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# Customize model

- Import .stl from Simpleware
- Scale model to fit bone
- Analyse activities of daily living



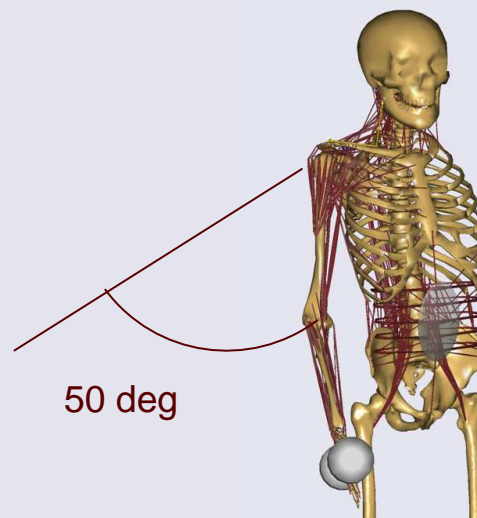
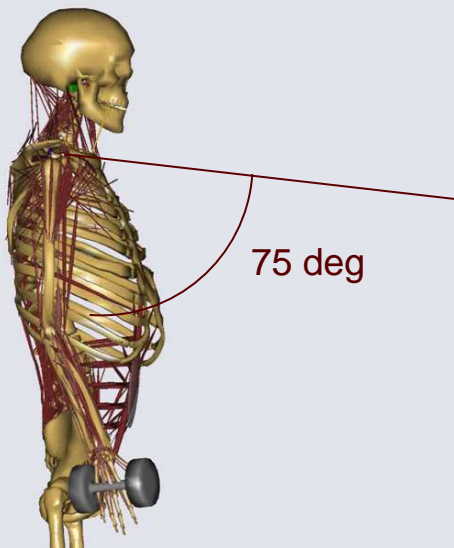
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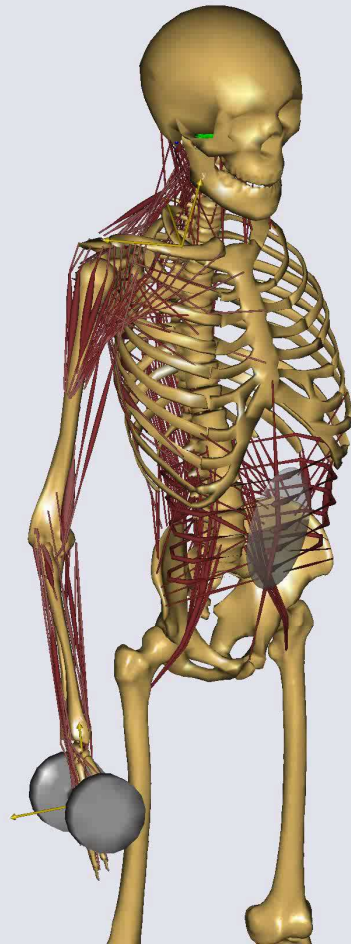
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# Analysed models

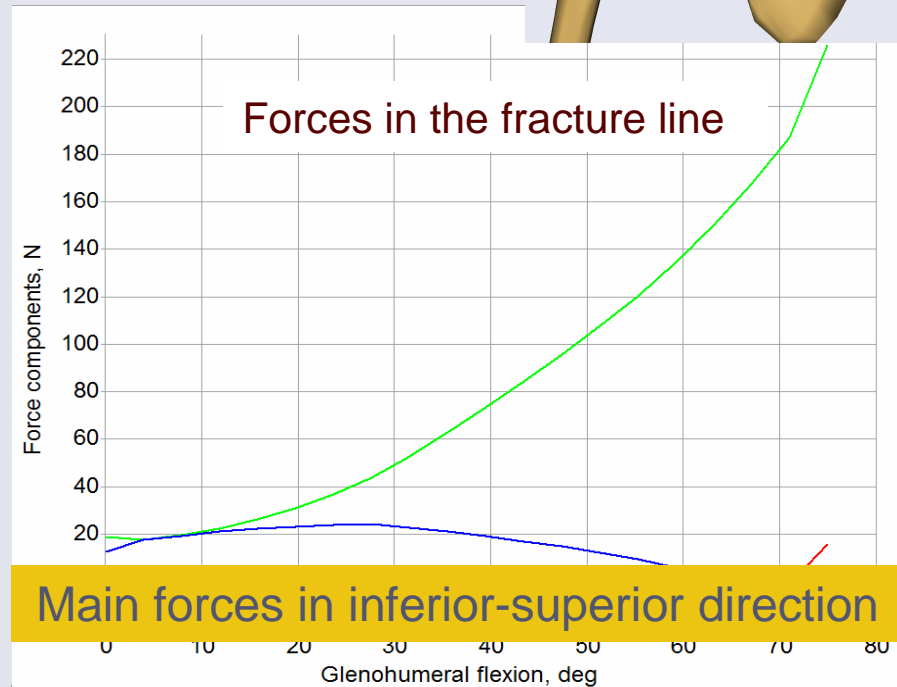
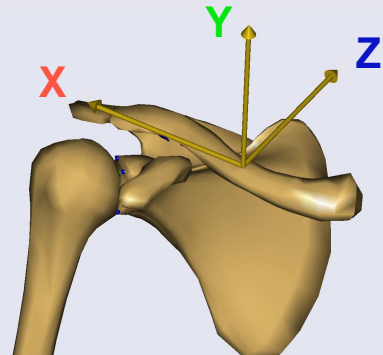
- Lifting 1 kg in Glenohumeral Flexion 0 – 75 degree
- Lifting 1 kg in Abduction 10 - 50 degree
- Forces in the fracture line
- All individual muscle and joint forces for FEA



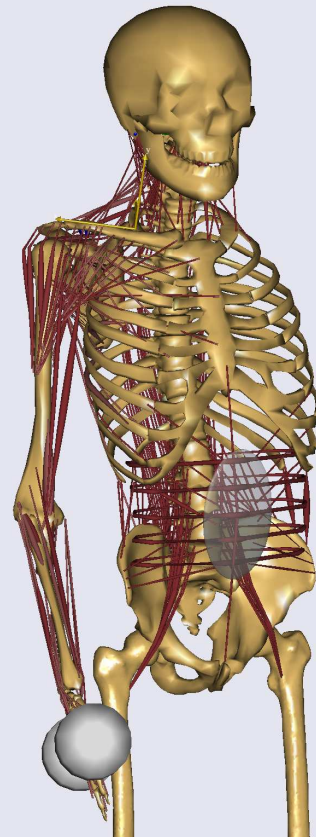
# Forces in fracture - Flexion



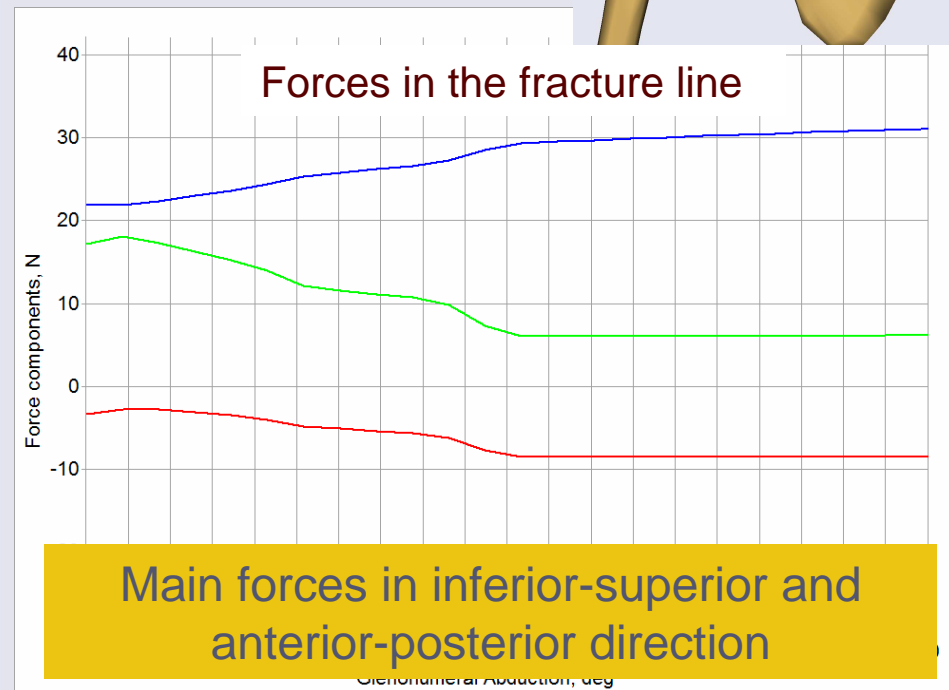
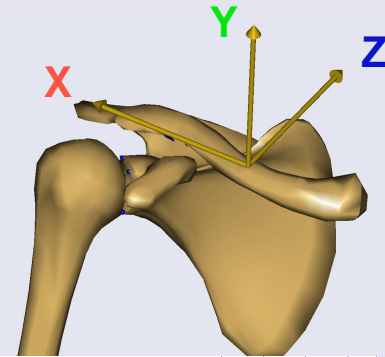
Lifting a weight of 1kg



# Forces in fracture - Abduction



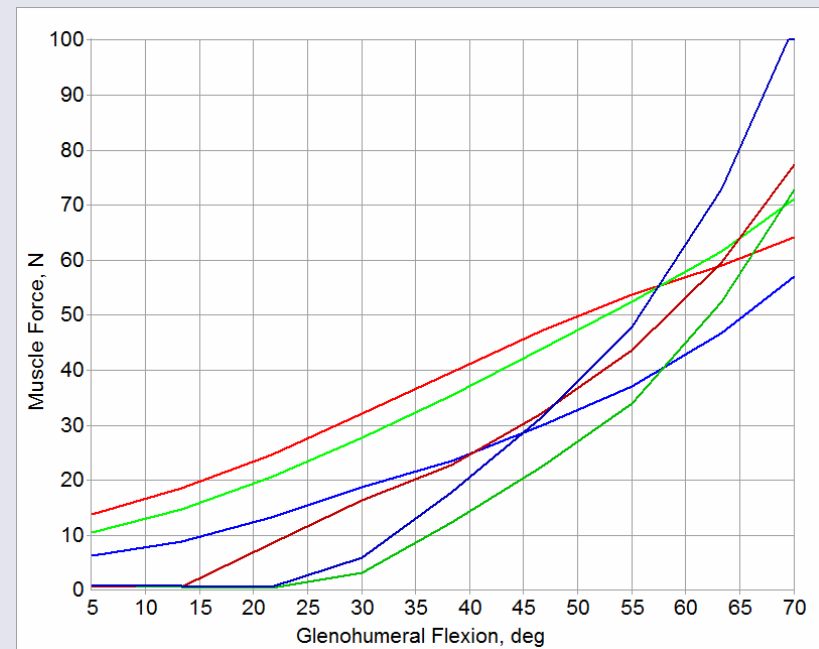
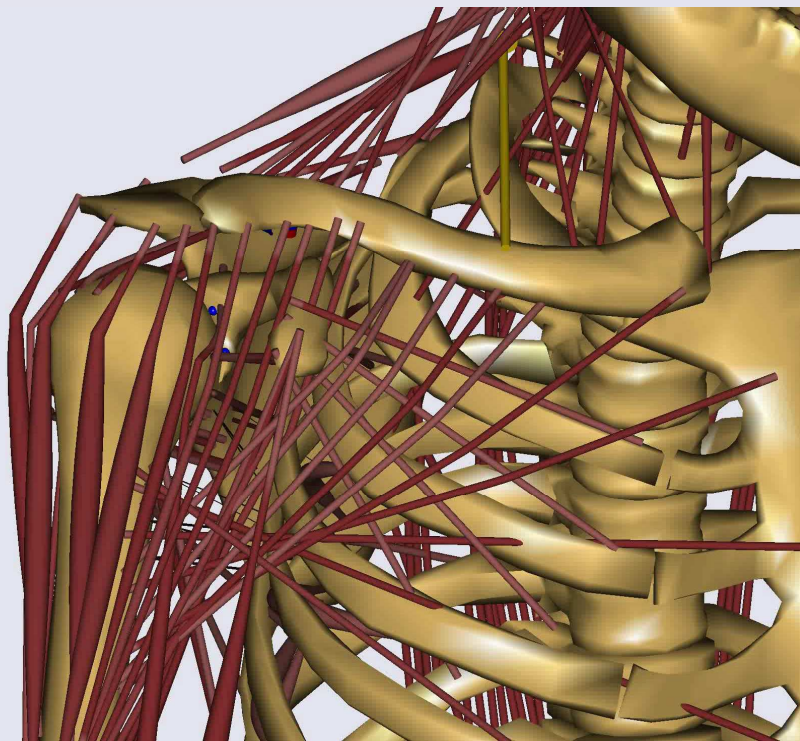
Lifting a weight of 1kg





# Muscle forces

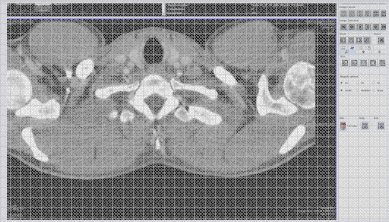
Example: Deltoideus (pars clavicularis)



Branches of the muscle

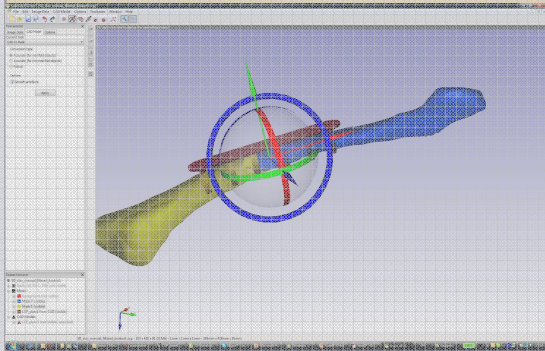
# From CT to FEM

CT/MRI scan



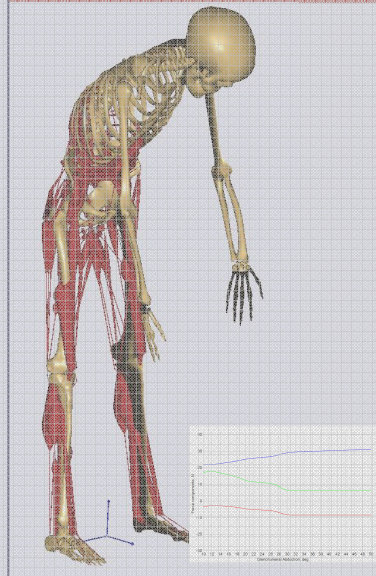
"raw" Geometry

CAD/Mesh



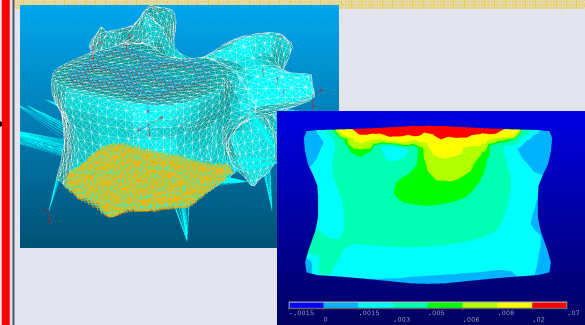
CAD and FE model for patient specific scaling

Musculoskeletal Simulation



Compute forces for activities of daily living

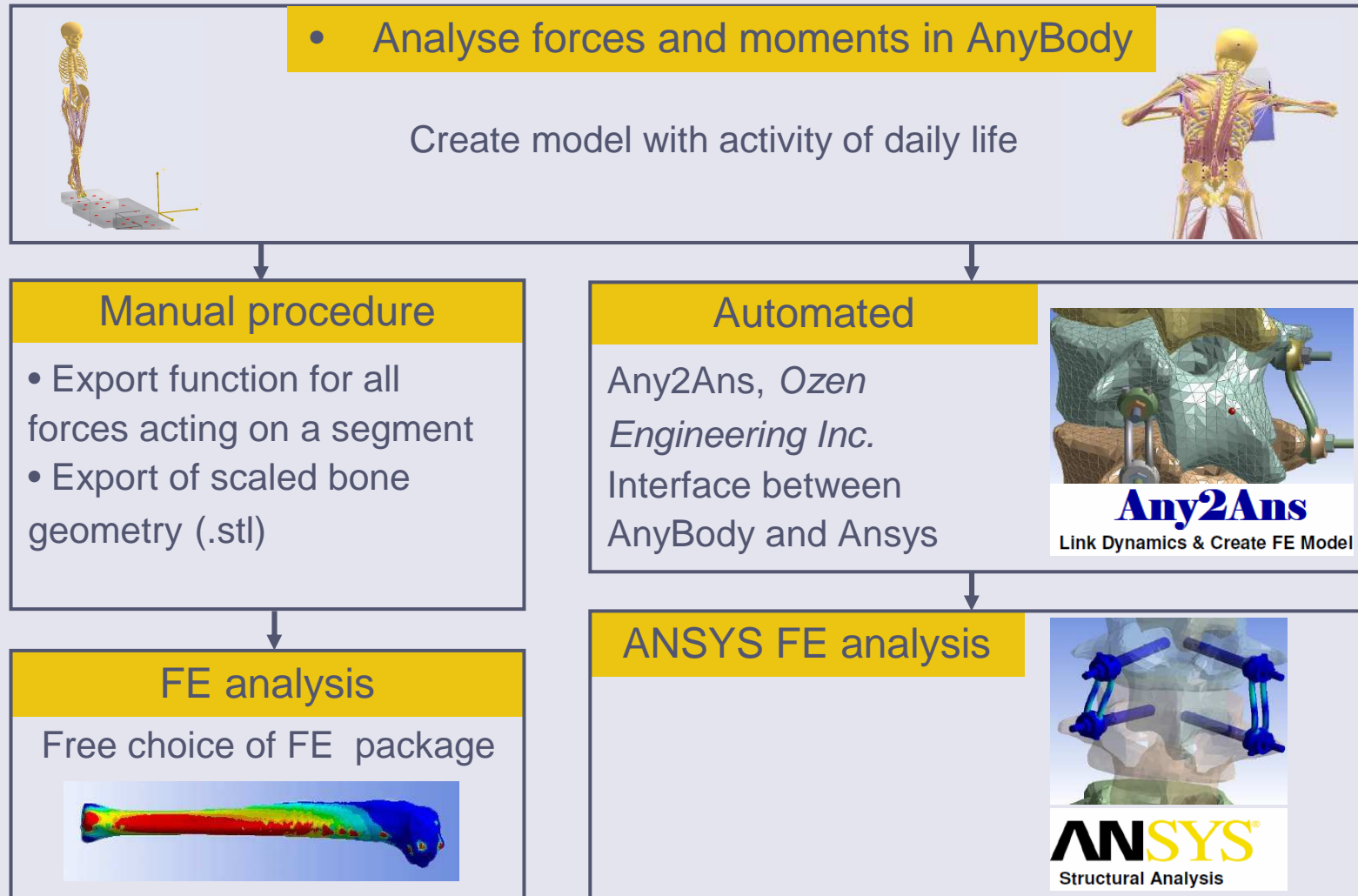
Finite Element Analysis



Compute tissue/material stress

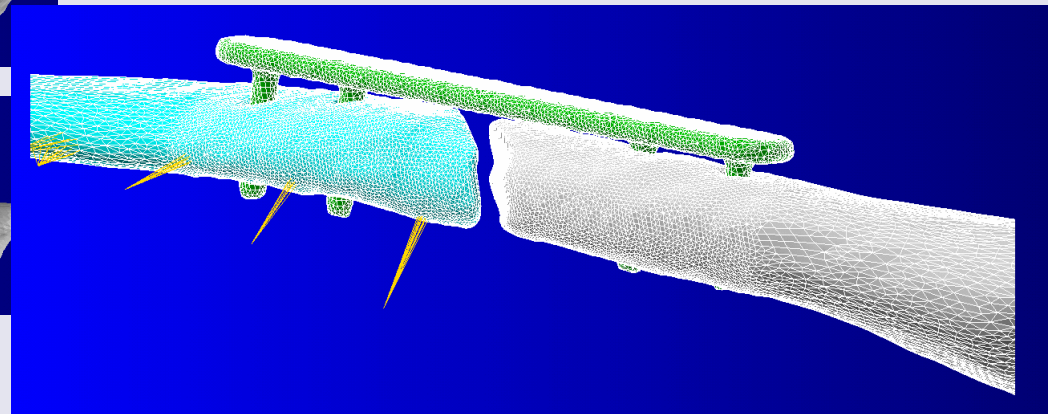
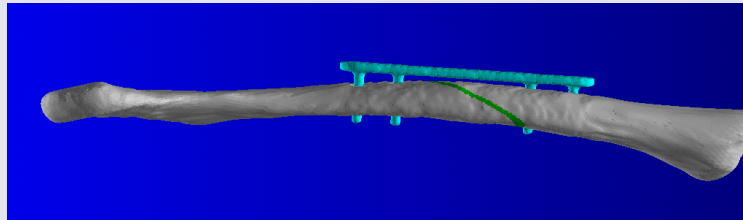
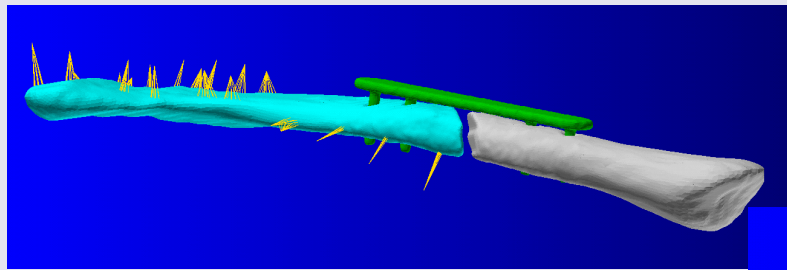


# AnyBody and FEA - workflow

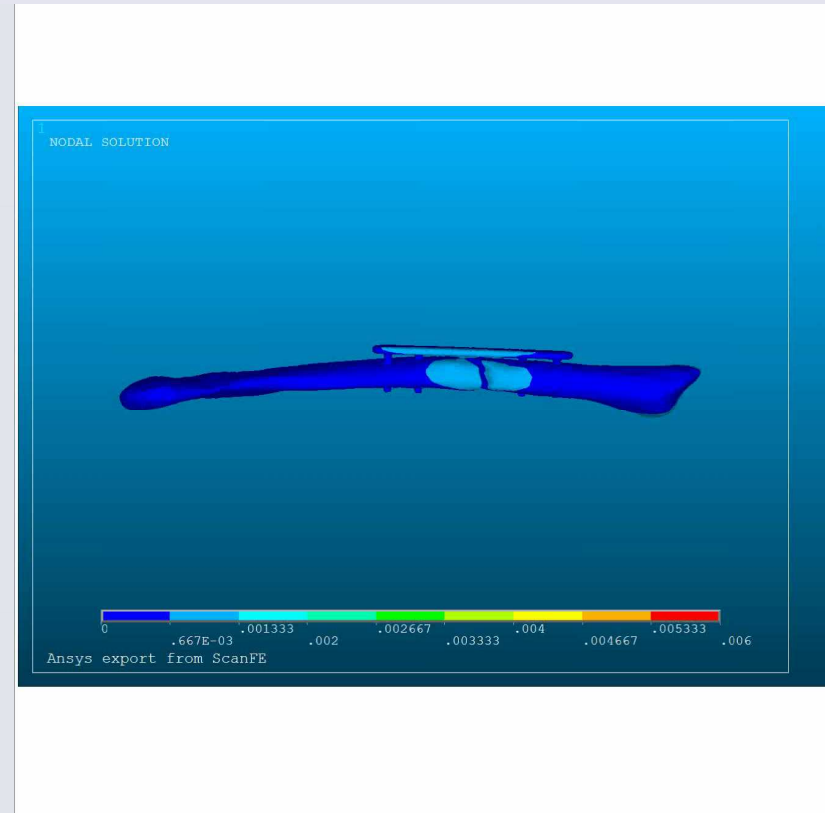
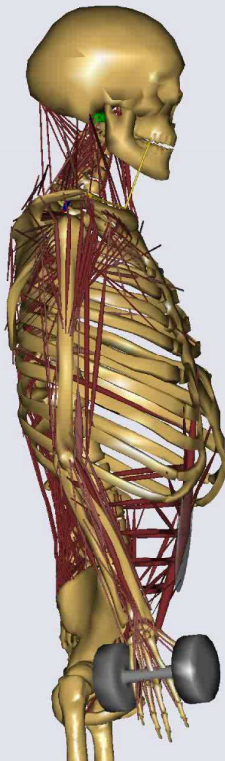


# Finite Element Model

- Models generated in ScanFE
- Two different models:
  - Transverse fracture – no force transmission in fracture
  - Oblique fracture – limited force transmission
- All muscle and joint forces applied

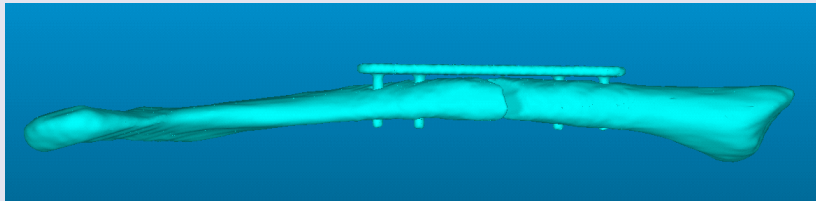


# Deformation mode during flexion

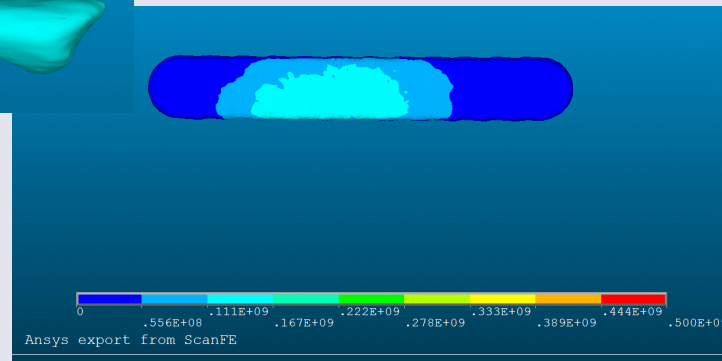


Clavicle deformation

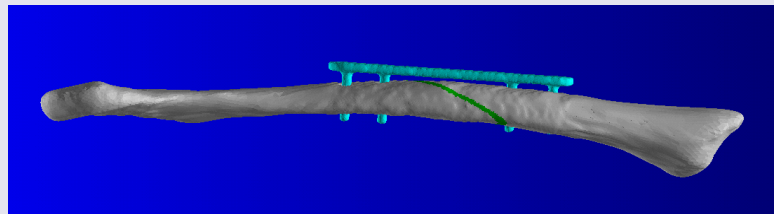
# Stress in implant



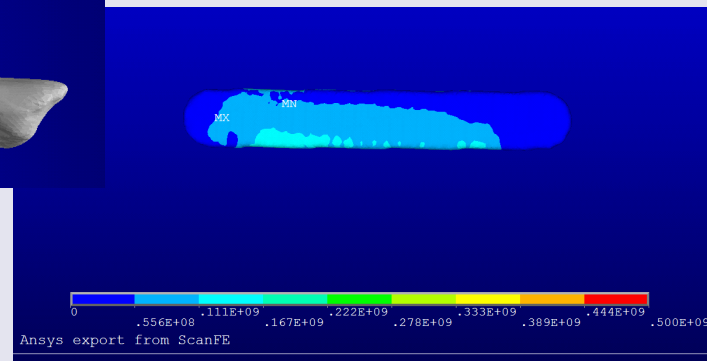
Transverse fracture, no force transfer in the fracture



Von-Mises stress



Oblique fracture limited force transmission



# Discussion

- Main loading directions in the fracture line are i-s and a-p
- During flexion mainly downwards bending of implant
- Scew fractures are more likely to participate in load transfer
- Capability to transfer forces in the fracture line reduces loading on implant
- Even very limited load transfer will help (investigation of influence)
- An ideal implant position would be a combination of i-s and a-p placement