

A Biomechanical Wrist Model for Patient-Specific Surgical Planning

JÖRG ESCHWEILER

Outline

- Introduction by the Host
- Main presentation “A Biomechanical Wrist Model for Patient-Specific Surgical Planning”
- Final words from the host
- Questions and answers



Dr.-Ing. Jörg Eschweiler



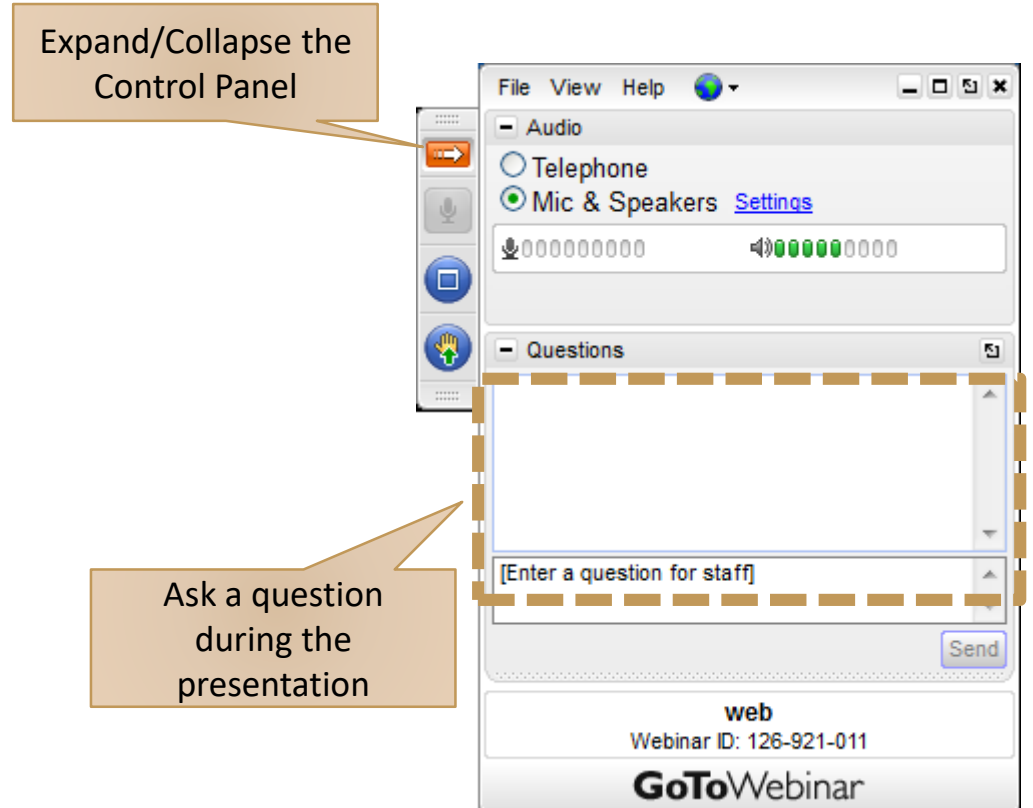
Kasper Pihl Rasmussen
(Host)

Control Panel

The Control Panel appears on the right side of your screen.

Submit questions and comments via the Questions panel.

Questions will be addressed at the end of the presentation. If your question is not addressed we will do so by email.

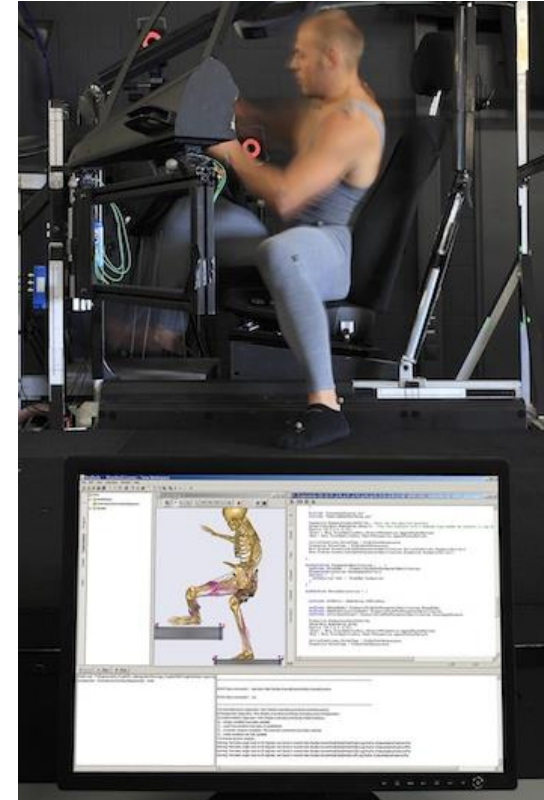


AnyBody Modeling System

- Simulations of Musculoskeletal system
 - Internal loads during movement

- **AnyBody** Managed Model Repository

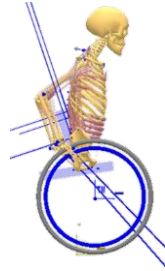
- Special simulations features
 - Reaction force prediction
 - Imaging → Patient-specific anatomy
 - Man-machine interaction simulations



Rasmussen et. al. (2011), ORS Annual Meeting



Movement
Analysis

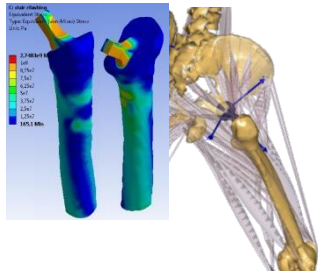


Product Design
Optimization



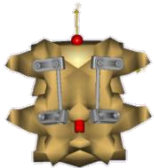
Ergonomic
Analysis

ANYBODY
Modeling System

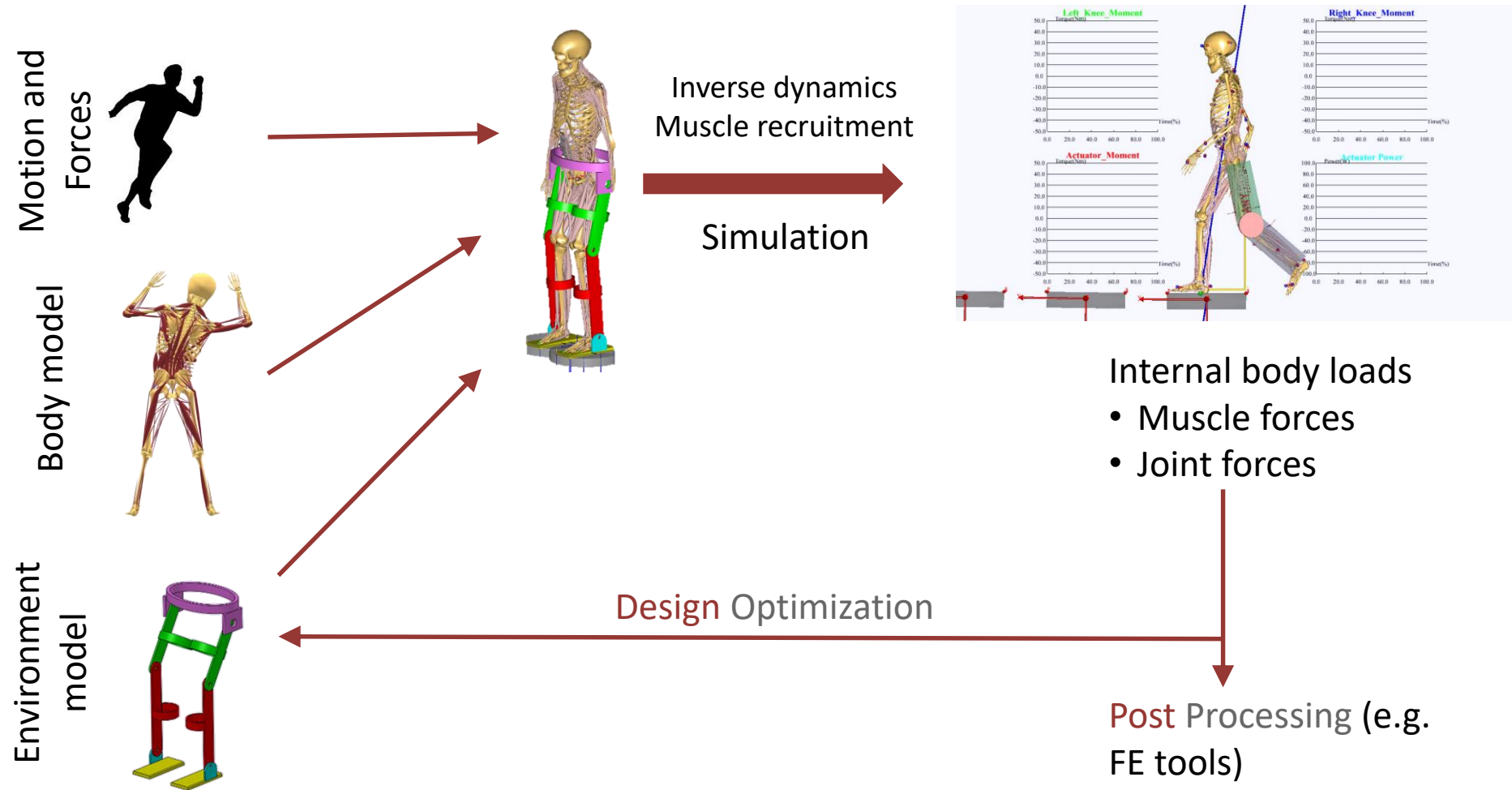


Load Cases for
Finite Element
Analysis

Surgical Planning and
Outcome Evaluation



AnyBody Modelling System



A Biomechanical Wrist Model for Patient-Specific Surgical Planning

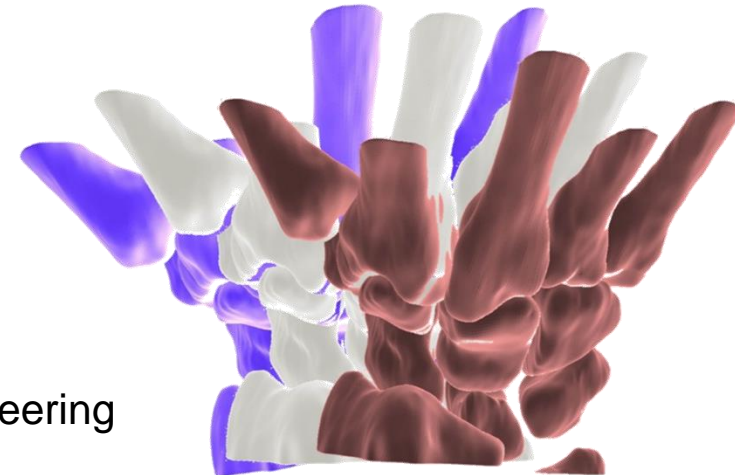
JÖRG ESCHWEILER

Development of a biomechanical model of the wrist joint for patient-specific model guided surgical therapy planning

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Maximilian M. C. Fischer, Dipl.-Ing.

Klaus Radermacher, PhD



Chair of Medical Engineering

Helmholtz-Institute for Biomedical Engineering
RWTH Aachen University, Germany

<http://www.meditec.hia.rwth-aachen.de>

Team “Biomechanical Modelling and Simulation”



Chair of
Medical Engineering at
Helmholtz-Institute for
Biomedical Engineering

RWTHAACHEN
UNIVERSITY

Modelling of apriori knowledge on morphology and function is of major importance for an efficient therapy planning. Supplemented and individualized on the basis of image-data and functional information, it allows the physician **to simulate** surgical interventions and their consequences and thus to develop and implement therapy-concepts adapted to patient-specific needs.

Between the Department of Orthopaedics and the research group of Biomechanical Modeling and Simulation, the **Working Group on Clinical and Experimental Orthopaedic Biomechanics** has been established. Valuable synergy effects can be achieved by the close cooperation with the area of "Clinical and Experimental Orthopaedics", led by Priv.-Doz. Dr. med. Björn Rath.



Dr.-Ing. J.
Eschweiler (team
leader)



Dipl.-Ing. (Syr.)
G. Al Hares



W. Alrawashdeh,
M.A.



Dipl.-Ing. M.
Asseln



Dipl.-Ing. M.
Fischer



Dipl.-Ing. C.
Goffin



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Univ.-Prof.
Dr.-Ing. K.
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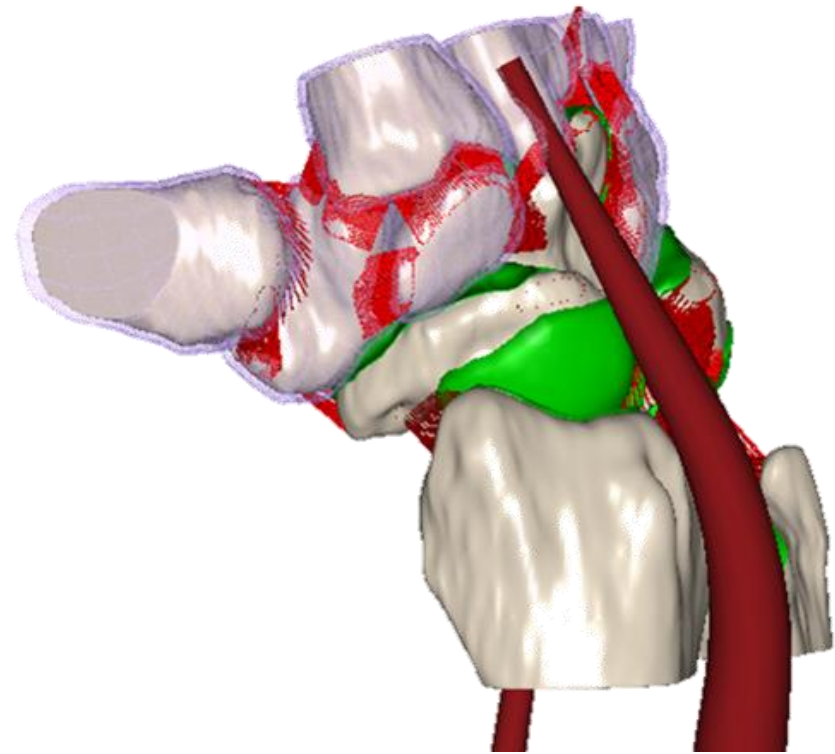
N. Siroros, M.Eng.



M. Verjans, M.Sc.

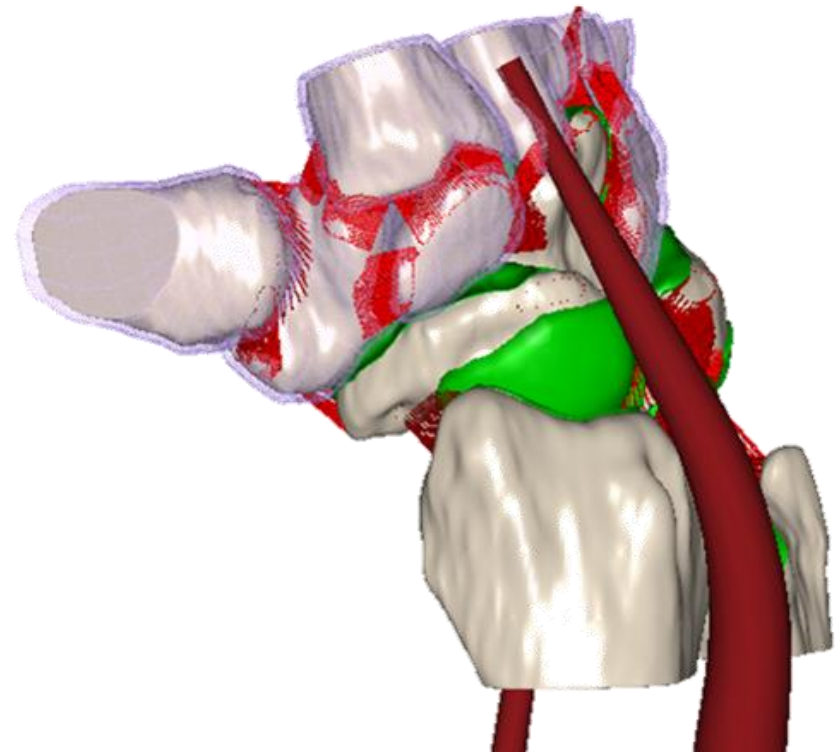
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Introduction

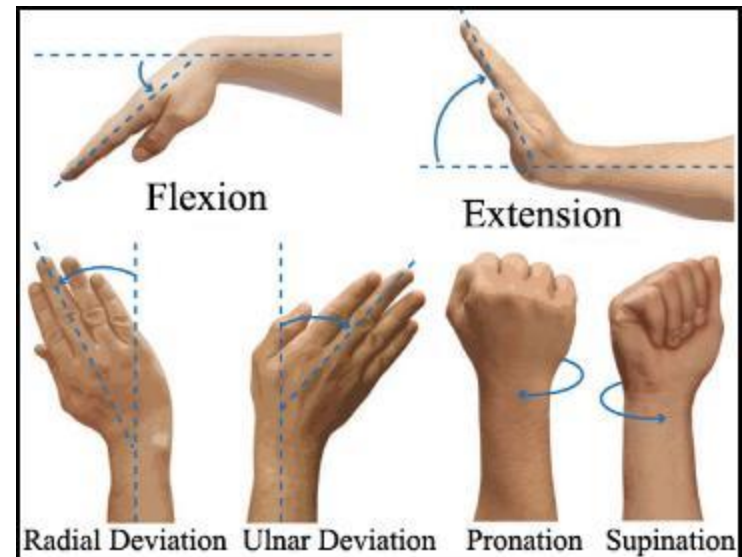


www.youtube.com

- wrist is a complex joint
- a collection of multiple bones and joints
- multiple general motions

Adequately diagnose and treat carpal injuries:

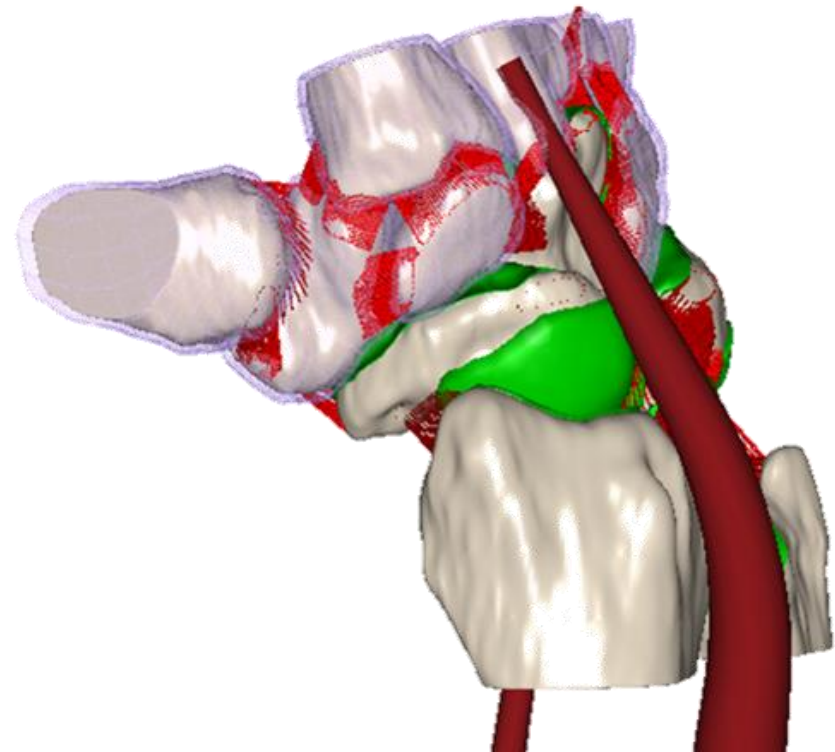
- important to understand the basic science/ clinical relevance of wrist kinematics [Rainbow 2015]
- This is defined as motions necessary to carry out high-demand activities of daily living.



<http://morphopedics.wikidot.com/radiocarpal-joint>

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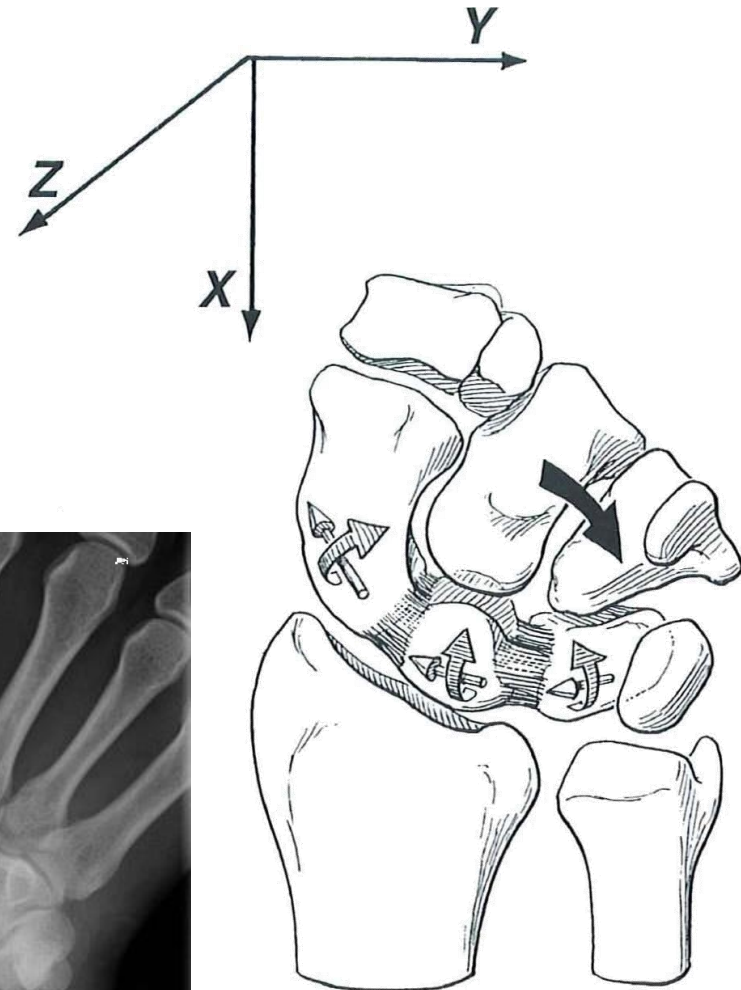
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Anatomy of the wrist joint

■ The carpus:

- complicated set of interactions between the five metacarpals, eight carpal bones (= the carpus), and the radius and ulna [Rainbow 2015]
- “bridges” the hand to the forearm
- transmit load between the hand and the forearm



[Cooney 2011 – The Wrist, p. 98]

Anatomy of the wrist joint

The carpus is organized

into 2 groups:

A proximal row and a distal row

- Proximal row (green)includes:

- scaphoid
- lunate
- triquetrum
- pisiform
- intercalated segment

- Distal row (blue) includes:

- trapezium
- trapezoid
- capitate
- hamate

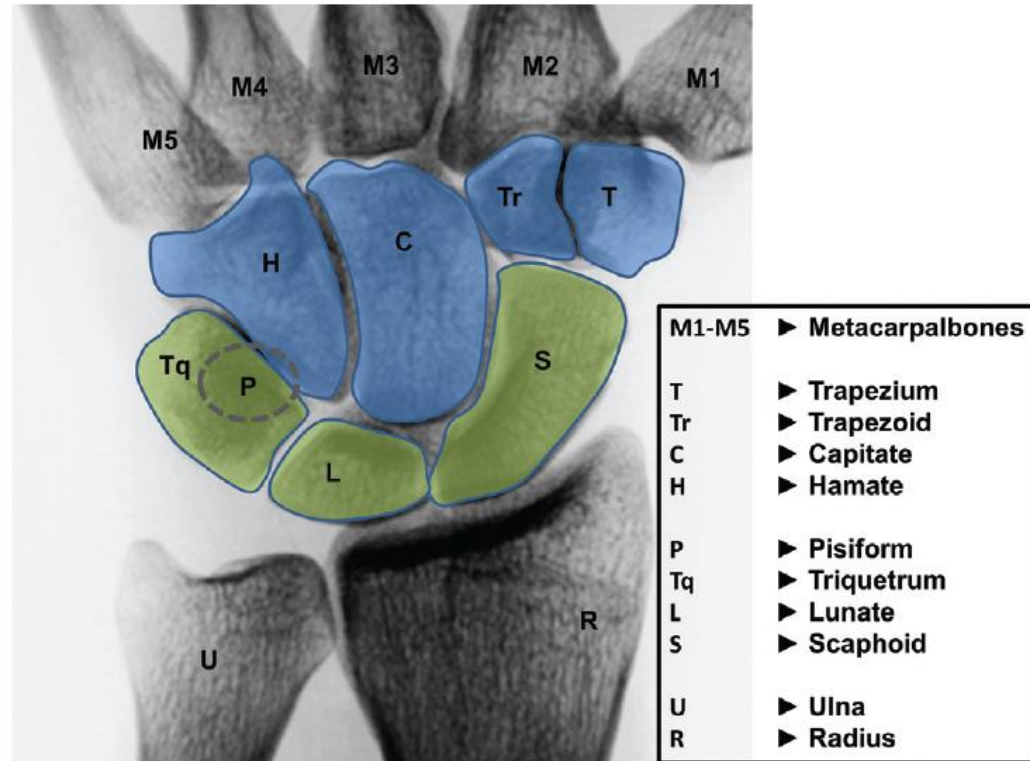


Figure 1: Palmar view of the wrist joint; the pisiform bone is implied as a dotted line. The green marked bones are included in the proximal row. The blue marked bones define the distal carpal row.

[Eschweiler 2016a]

Anatomy of the wrist joint

■ All of these bones

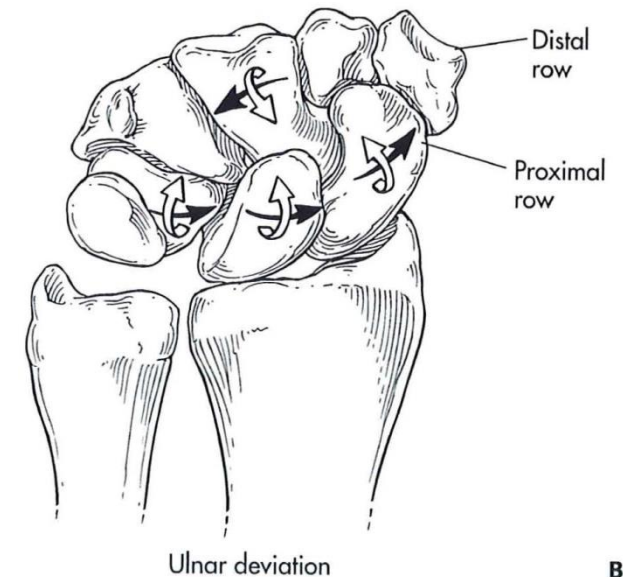
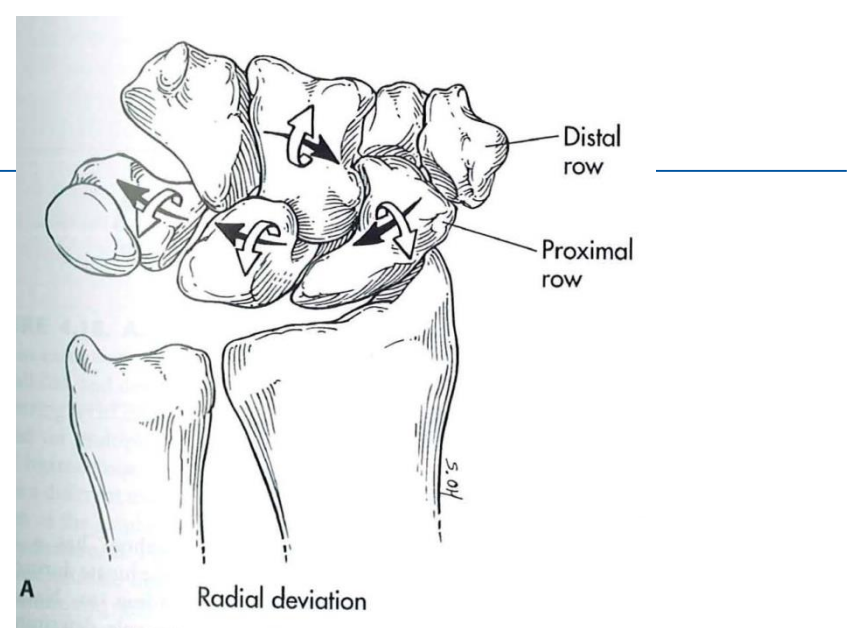
- participate in complex articulations
- allow variable mobility of the hand

■ Proximal Row

- loose fit
- scaphoid and lunate form most of articulation with the radius
- variable geometry to accommodate movements

■ Distal Row

- tight fit
- only minimal movement between distal row and metacarpal bones



[Cooney 2005 – The Wrist, p. 89]

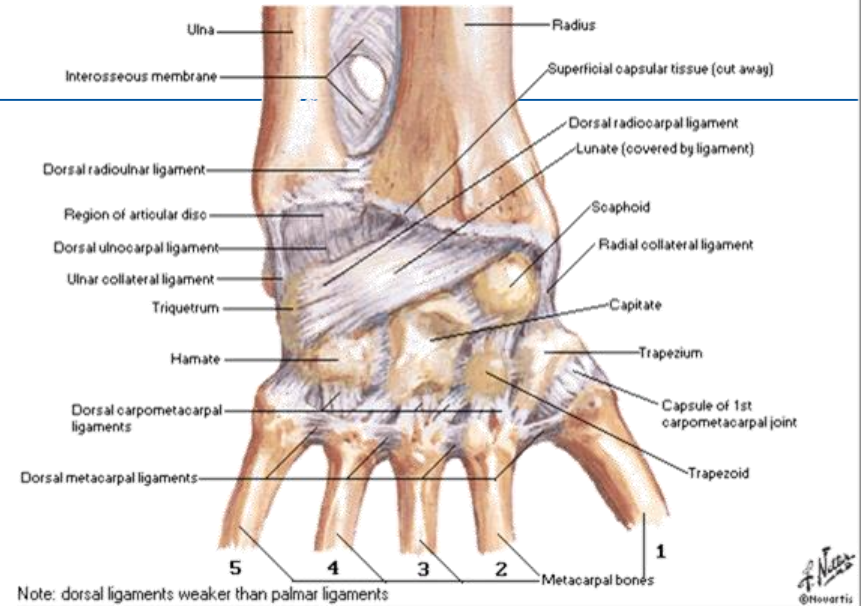
Anatomy of the wrist joint

■ Complex ligamentous apparatus

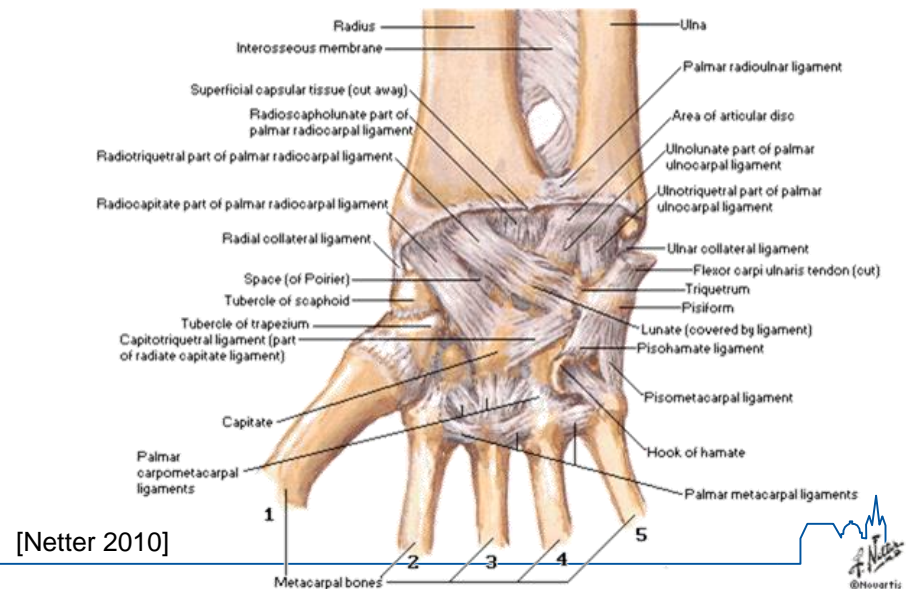
- Extrinsic (or capsular) ligaments
- Intrinsic (or interosseous) Ligaments

■ Disruption of this system

- leads to changes in individual carpal bone motion
- leads to an abnormal load transmission (collectively termed carpal instability)
- leads to pain and loss of function



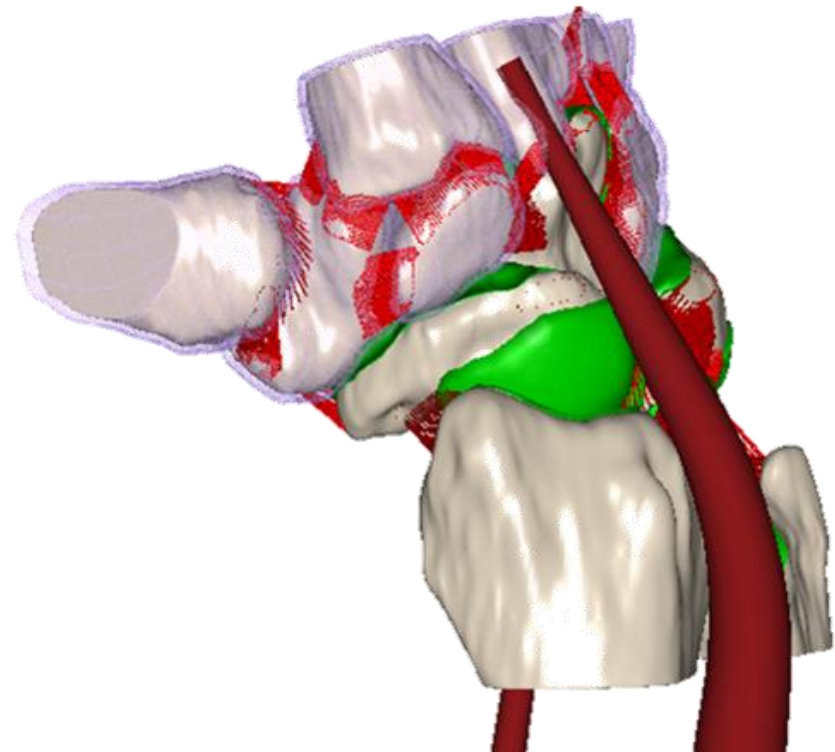
Flexor Retinaculum Removed - Palmar View



[Netter 2010]

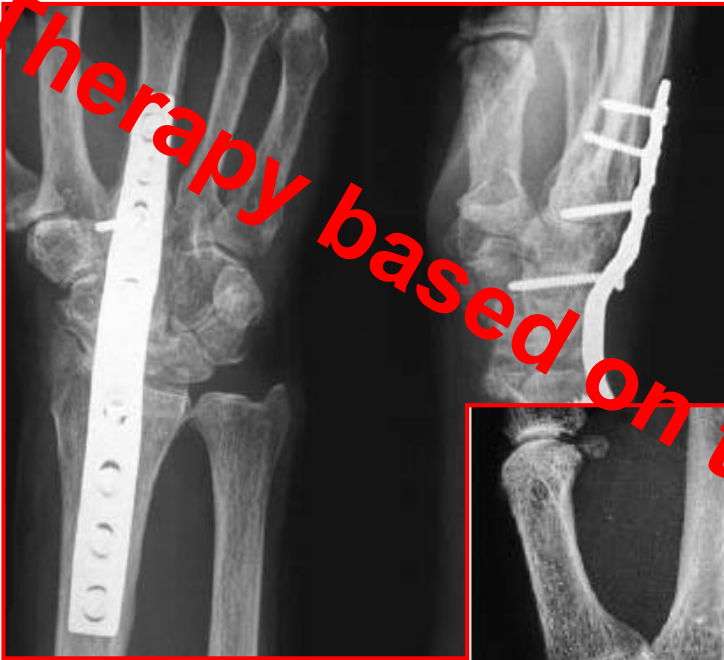
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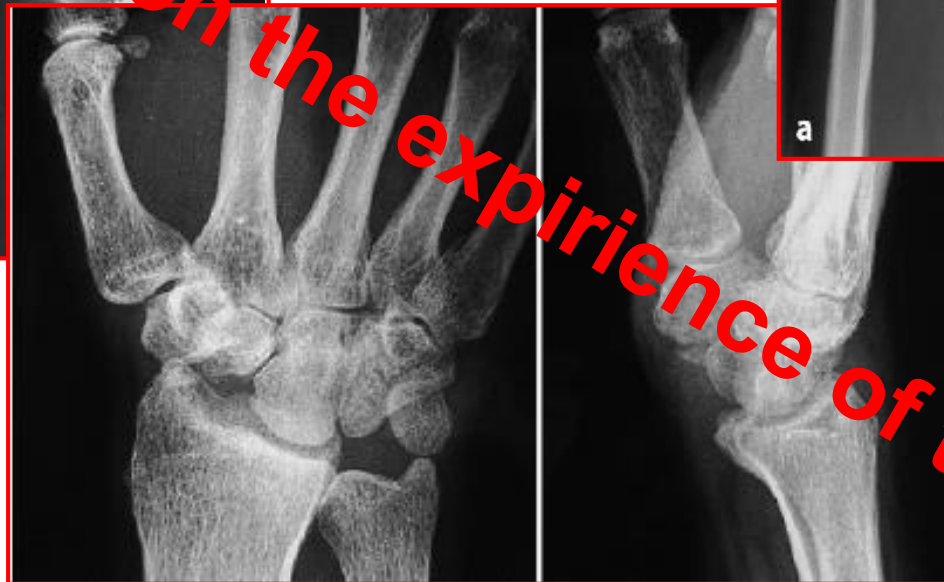


Clinical background

Therapy based on the experience of the surgeon



Complete arthrodesis



Removing the proximal carpal bones

[Meier 2002; Bultmann 2005; Lautenbach 2003]



Endoprosthesis

Clinical background

- Hand and wrist injuries in Germany generally:
 - ⇒ In most of the statistics: No differentiation between hand and wrist (joint) injuries
 - ⇒ Difficult to find reliable data explicit for wrist and wrist joint injuries

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- 120,482 hand and wrist interventions per anno [Statistisches Bundesamt 2010]
- Furthermore, 325,418 accidents at work with hand and wrist involvement (35% of all accidents at work) (Statistic of the Deutschen Gesetzlichen Unfallversicherung (DGUV))
- For 2011: 179.0 loss days of work per 1000 insured male individuals, 51.5 loss days of work per 1000 insured female individuals [BKK 2011]
- Hand and wrist involvement in sport accidents: 11 up to 15% [Gläser 2001, Brüser 2011]
- Error in treatment: 41.7% of all hand surgical interventions (2004-2008, n=446 cases) [Brüser 2011]



Clinical background

- Wrist injuries in Germany specifically:
 - 7% of work accidents are specially wrist and wrist joint injuries (66,061 cases) [Zuther 2009]
 - Clinical procedures 2011 without work accidents: 62,429 injuries of the wrist joint (2010: 58,616) [Statistische Bundesamt 2013]
 - ⇒ For example: Increasing trend of wrist ligament ruptures=> 2000: 934 cases of wrist ligament ruptures, and in 2011: 2,267 cases [Statistische Bundesamt 2013]
 - 15 up to 25% of all forearm fractures are distal radius fractures and most of them with involvement of the wrist joint [Hartel 1987, Schädel-Höpfner 2008] (Incidence: 220 – 480 cases / 100,000 inhabitants)
- Furthermore, the implantation of a wrist joint prosthesis is not an established surgical procedure. [Lautenbach 2003, Daecke 2005, Rehart 2003]
=> The durability of a wrist joint prosthesis is less than 5 years. [Lautenbach 2003]



Clinical background

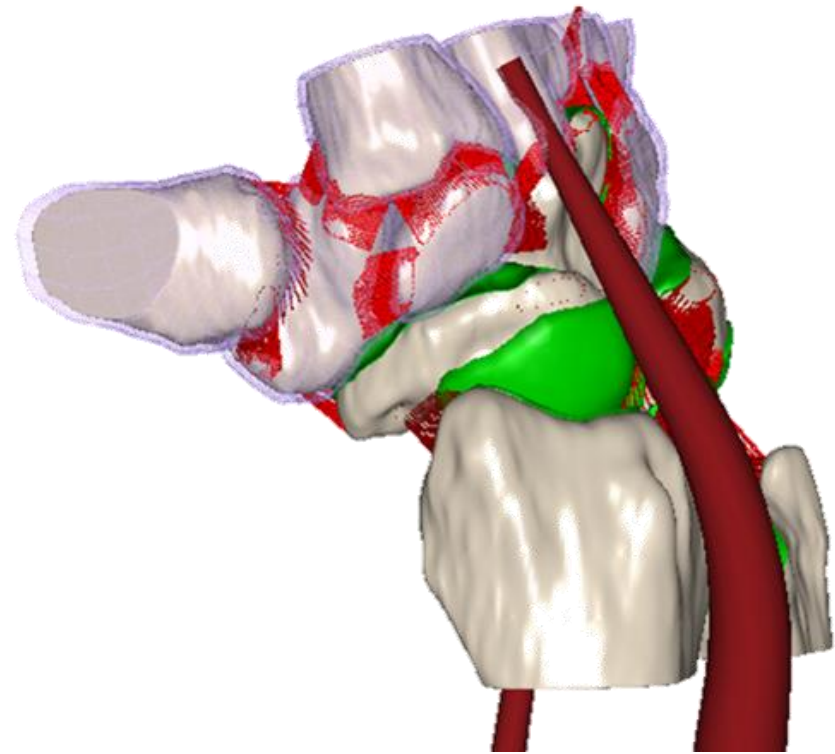
- One of the most common pathways to carpal instability is disruption of the scapholunate ligament. [Rainbow 2015]
- This leads to an inevitable and progressive deterioration of wrist function (scapholunate advanced collapse (SLAC)) through the disruption of normal proximal carpal row mechanics. [Rainbow 2015]



Terry Thomas sign => SL-gap > 3mm

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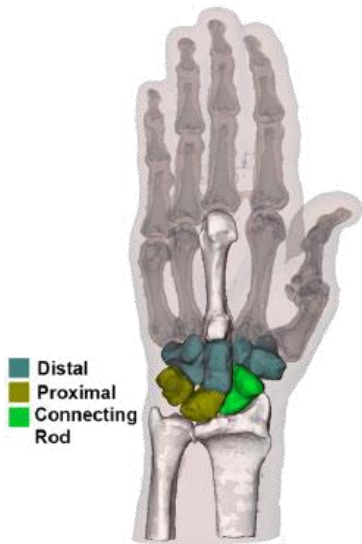


State of the art in wrist joint modelling

■ Conceptional models

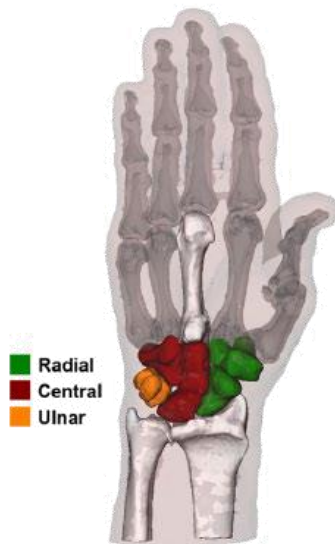
- Descriptive models of the wrist to explain kinematic behaviour and joint stability
 - Row Theory (from an anatomical point of view) [Bryce 1899, Destot 1926]
 - Column Theory [Navarro 1921]
 - Row-Column-Theory [Taleisnik 1976]
 - Ring-Theory [Lichtman 1981]

Row Theory

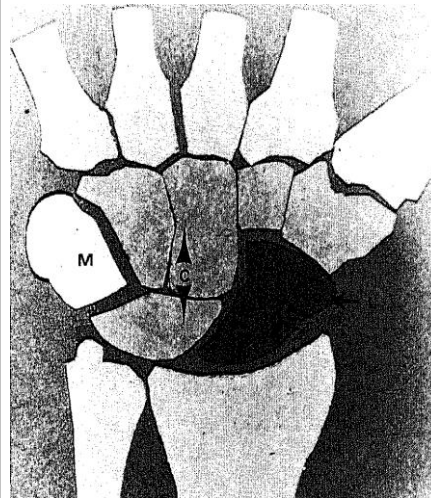


Right Wrist: Volar View
[Rainbow 2015]

Column Theory

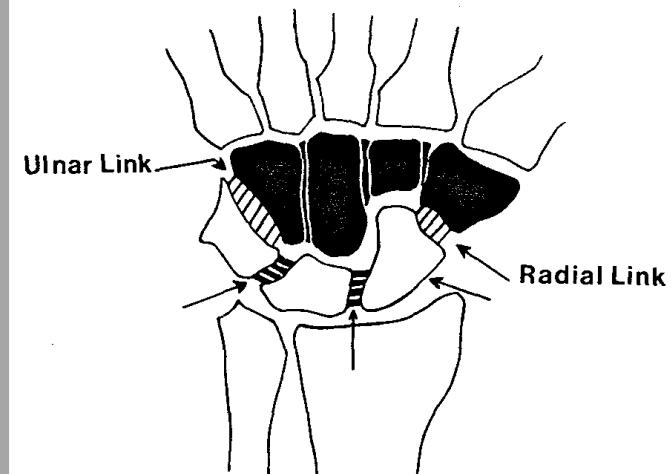


Row-column-model



[Taleisnik 1976]

Ring-model

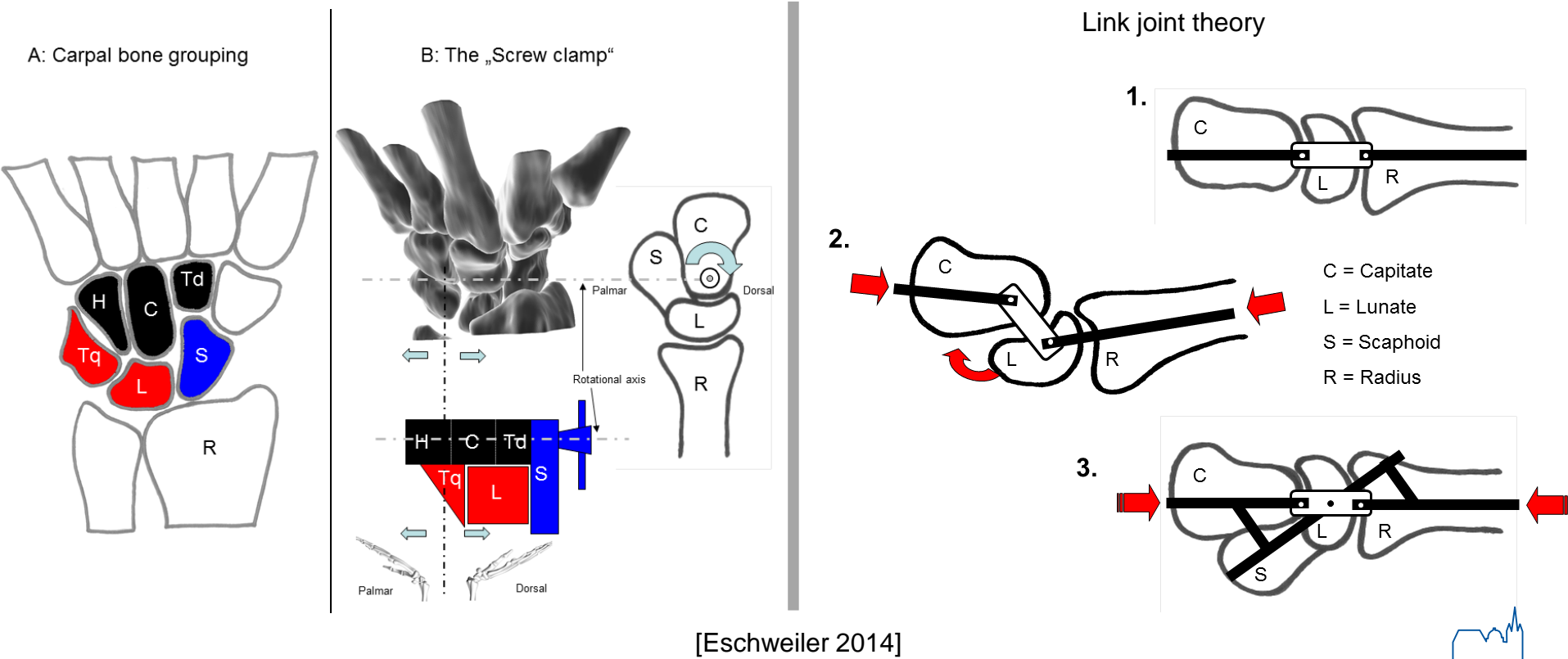


[Lichtman 1981]

State of the art in wrist joint modelling

■ Conceptionel models

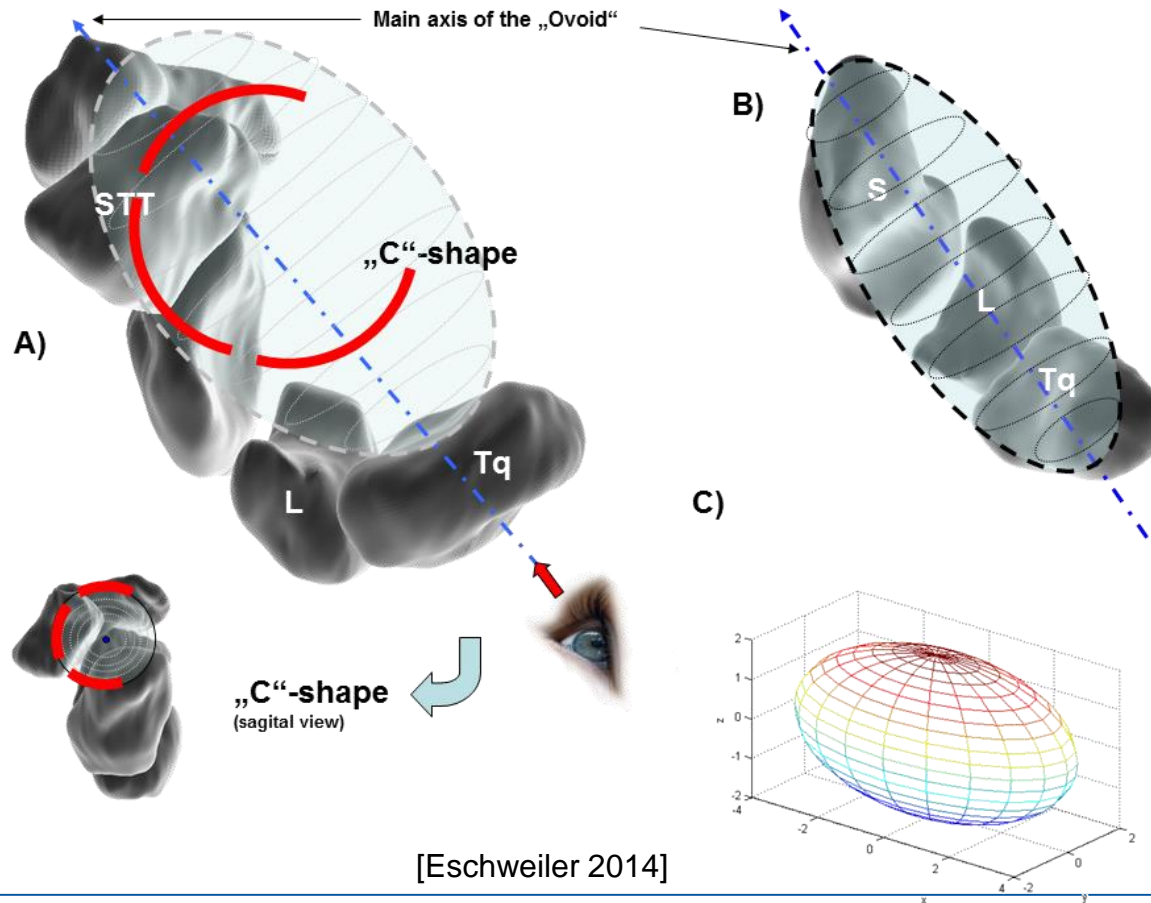
- Descriptive models of the wrist to explain kinematic behaviour and joint stability
 - Screw clamp Theory [MacConaill 1941]
 - Link joint Theory [Gilford 1943]



State of the art in wrist joint modelling

■ Conceptionel models

- Descriptive models of the wrist to explain kinematic behaviour and joint stability
 - Ovoid – C-shape Theory [Moritomo 2006]



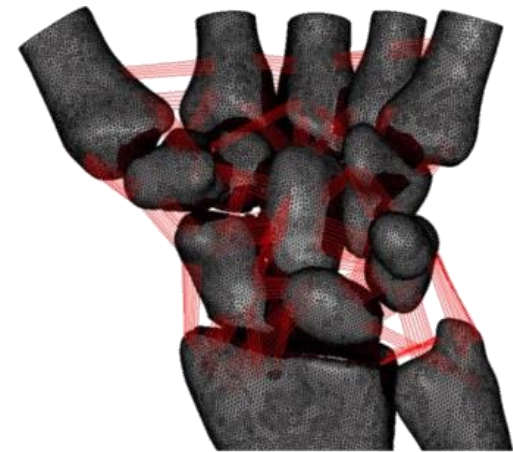
State of the art in wrist joint modelling

Computer models

- **Rigid Body Spring (RBS) models** [Kılıç 2007, Fischli 2009, Majors 2010]
 - investigation of wrist joint kinematic with non deformable rigid bodies
- **Finite Elemente (FE) Models** [Carrigan 2003, Gislason 2009, Bauw 2012]
 - investigation of cartilage and bony deformation in static positions



[Fischli 2009]

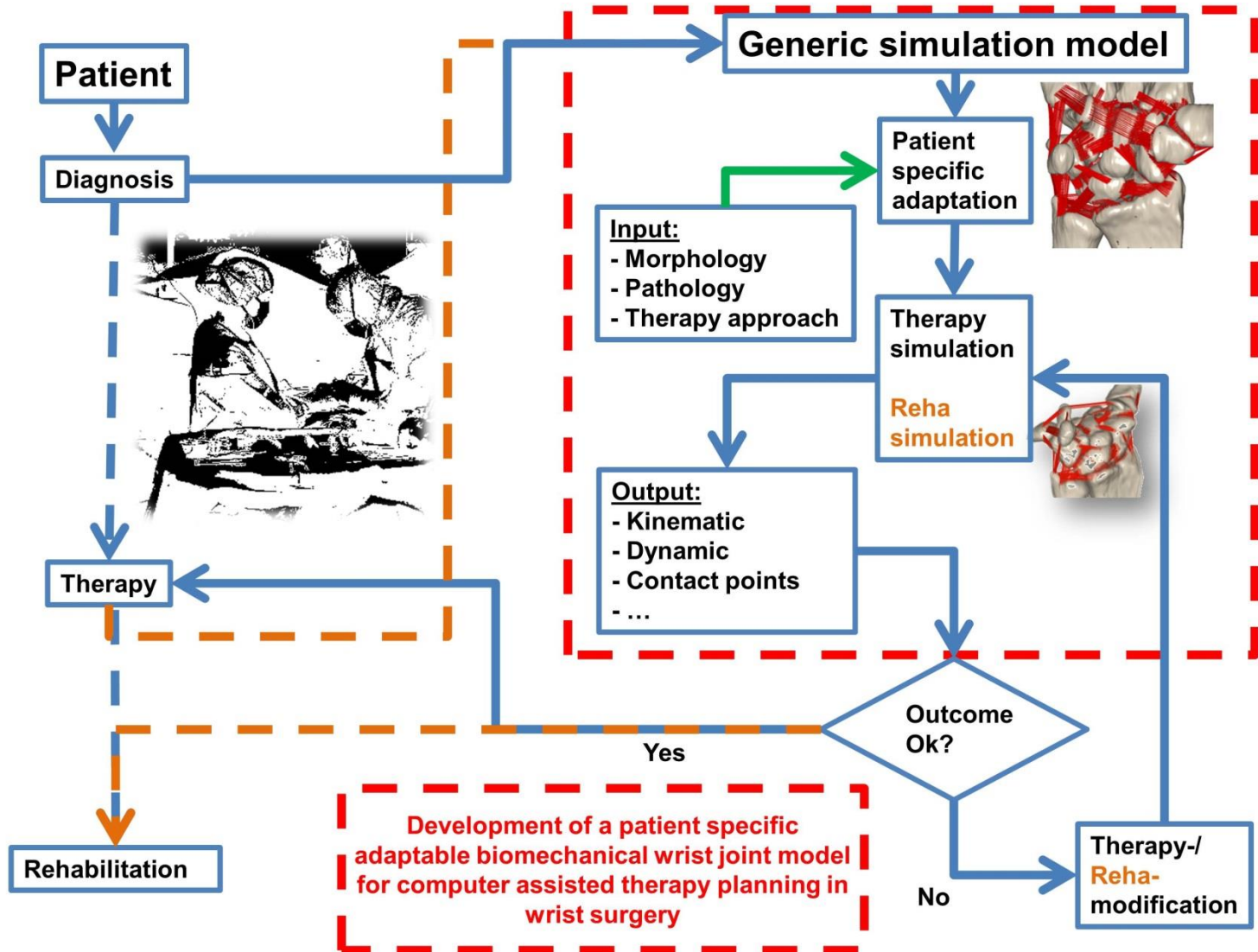


[Bajuri 2012]

Presently:

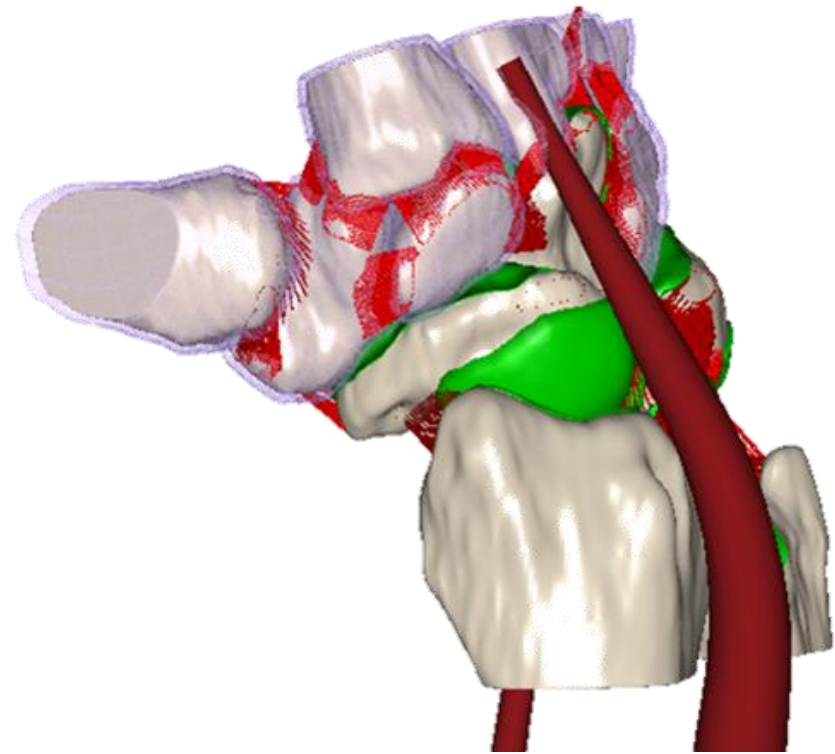
- no existing model for therapy planning
- no existing patient specific adaptable model
- no existing valid model

Motivation

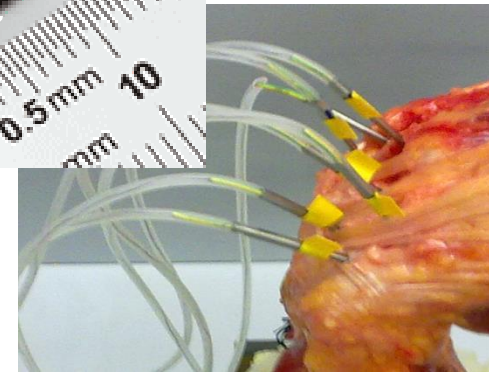
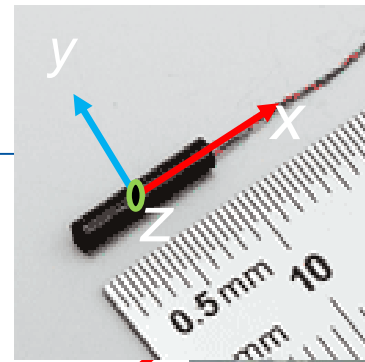


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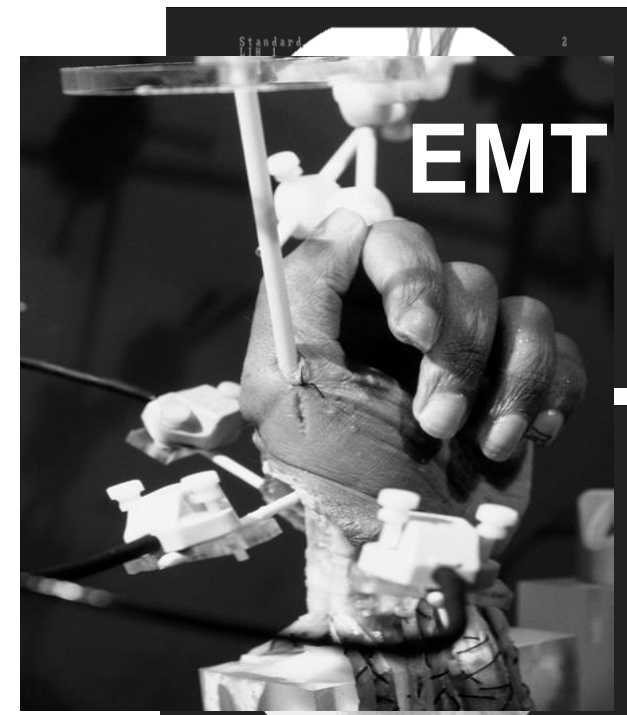
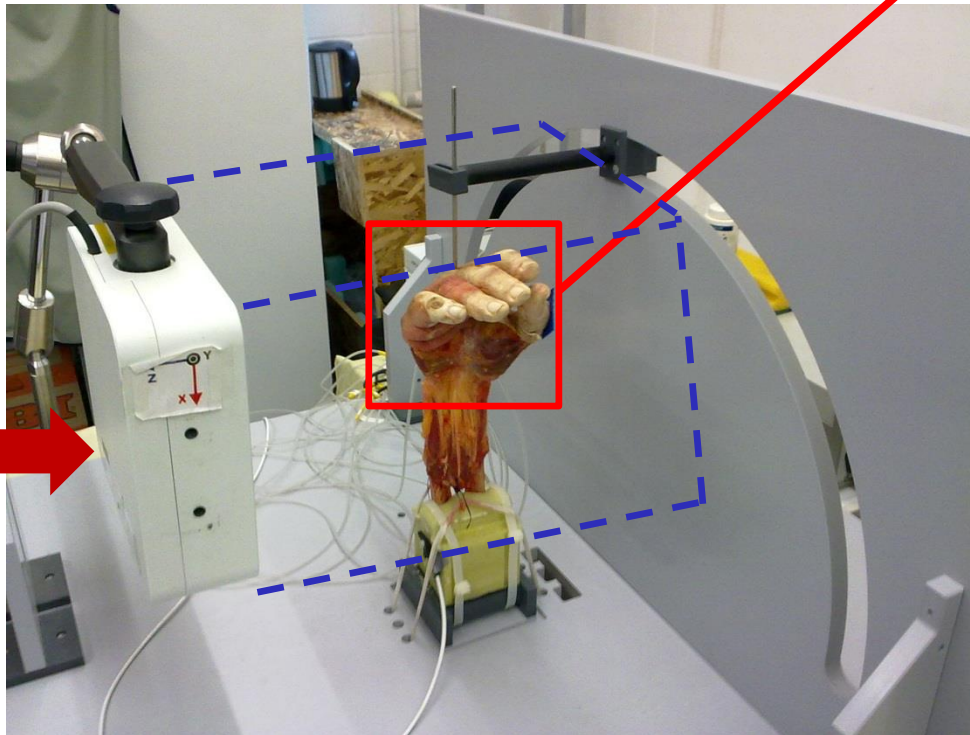


Material and Methods – Experimental setup



■ Motion simulator with EM-Tracking

- Flexion/ extension
 - In plane motion
- Radial-/ Ulnar deviation
 - In plane motion
- Circumduction
 - Free motion, physiological constraints



[Eßers, 2002]

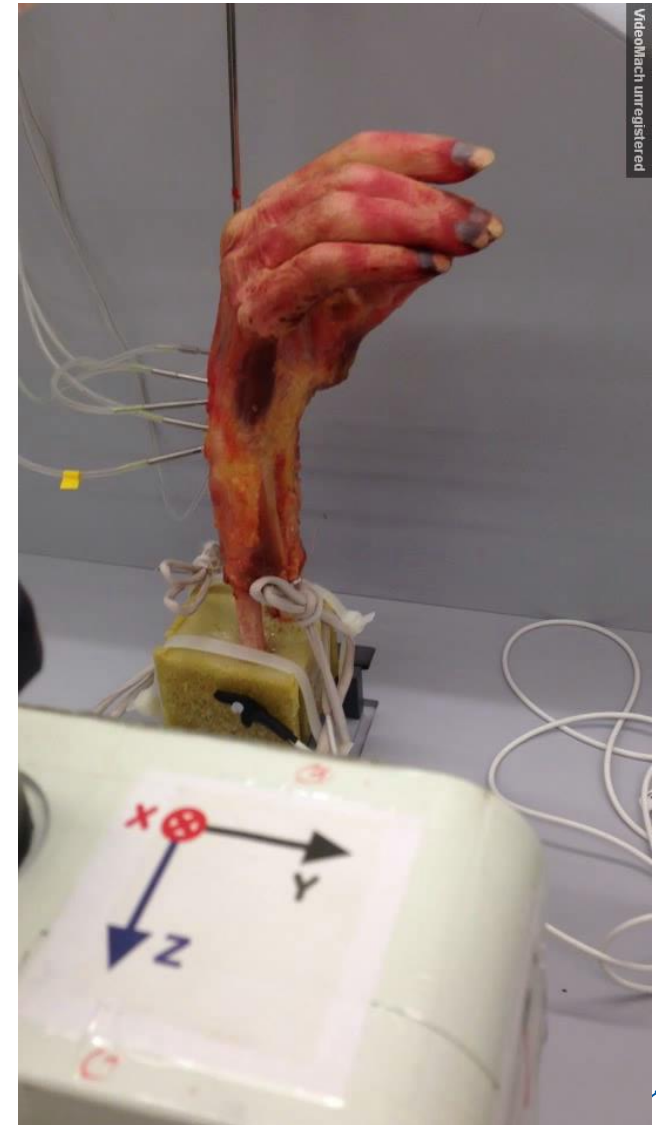
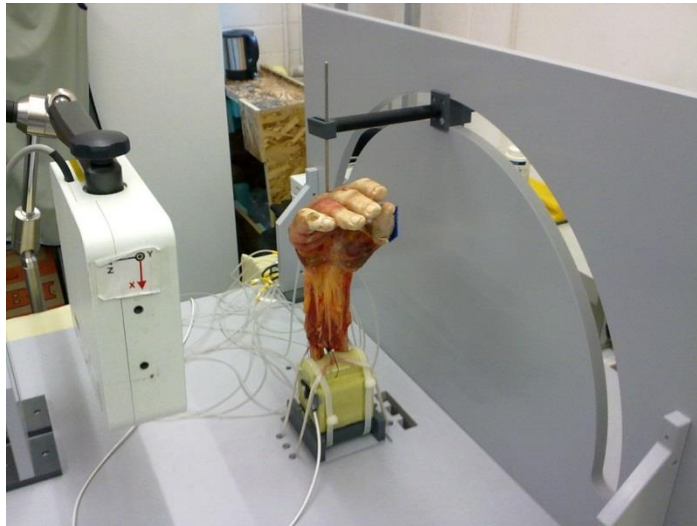
Electro-Magnetical-Tracking (EMT) System

⇒ Accuracy:
0.5 mm
and
0.5°

Material and Methods – Experimental setup

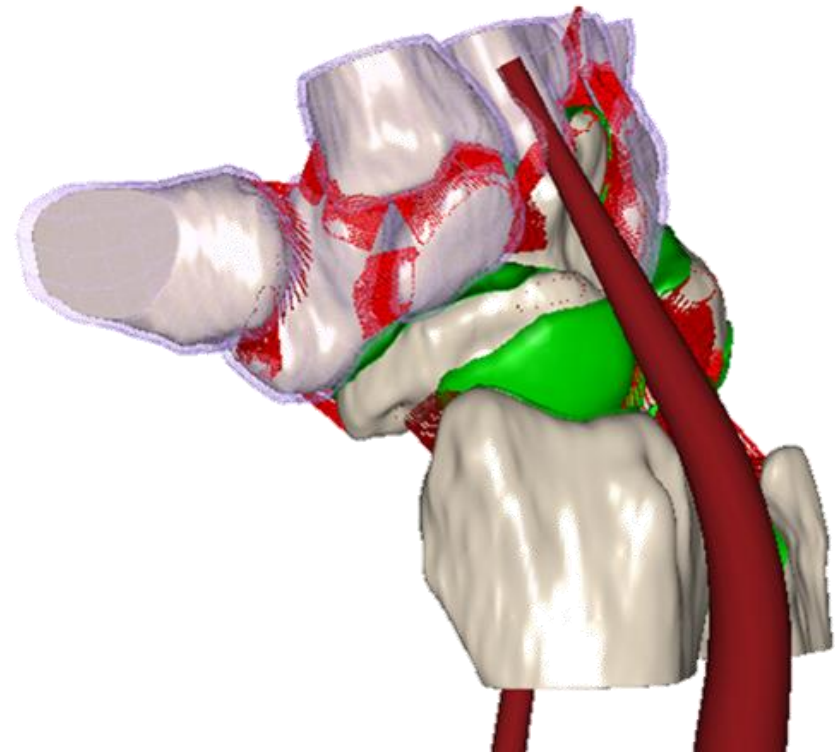
■ Passive motion

- Example: Neutral position to full flexion position and back to full extension
- Steinmanpin (connection to motion simulator)
 - implanted in the third metacarpal bone
 - guided in a long hole (in plane motion)
- No additional forces were applied from outside



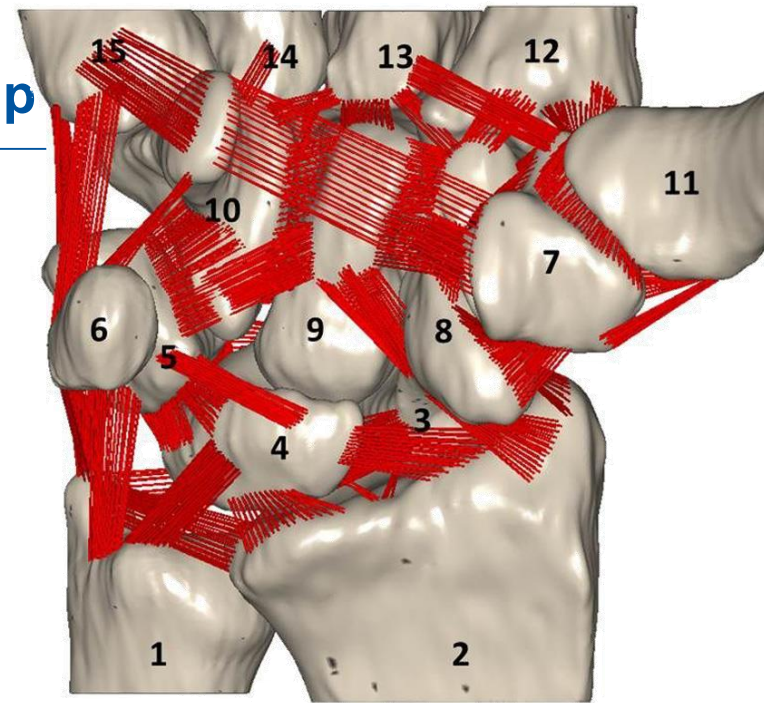
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Material and Methods – General model setup

- A 3D model of the wrist joint was developed from scratch.
 - Bones:
 - 5 metacarpal bones
 - 8 carpal bones
 - 2 forearm bones
 - Ligaments:
 - 67 ligaments
 - each ligament has been approximated as a multi-string element
 - physiological wrapping of ligaments
 - ligament stiffness



[Eschweiler 2016b]

Palmar view on the carpus with ligaments
forearm: (1) ulna, (2) radius;

proximal row: (3) Scaphoid, (4) lunate, (5) triquetrum, (6) pisiform;

distal row: (7) trapezium, (8) trapezoid, (9) capitate, (10) hamate;

metacarpal bones: (11) metacarpal I, (12) metacarpal II, (13) metacarpal III, (14) metacarpal IV, (15) metacarpal V

Material and Methods – [Moore et al. 2007]

Database of Moore et al. [Moore 2007]:

- published a database of carpal bone anatomy (surface models) and kinematics from a large number of CT scans of healthy subjects (Table 1)
- provided the basis for a first step the generic morphologic and functional implementation as well as for an initial evaluation.

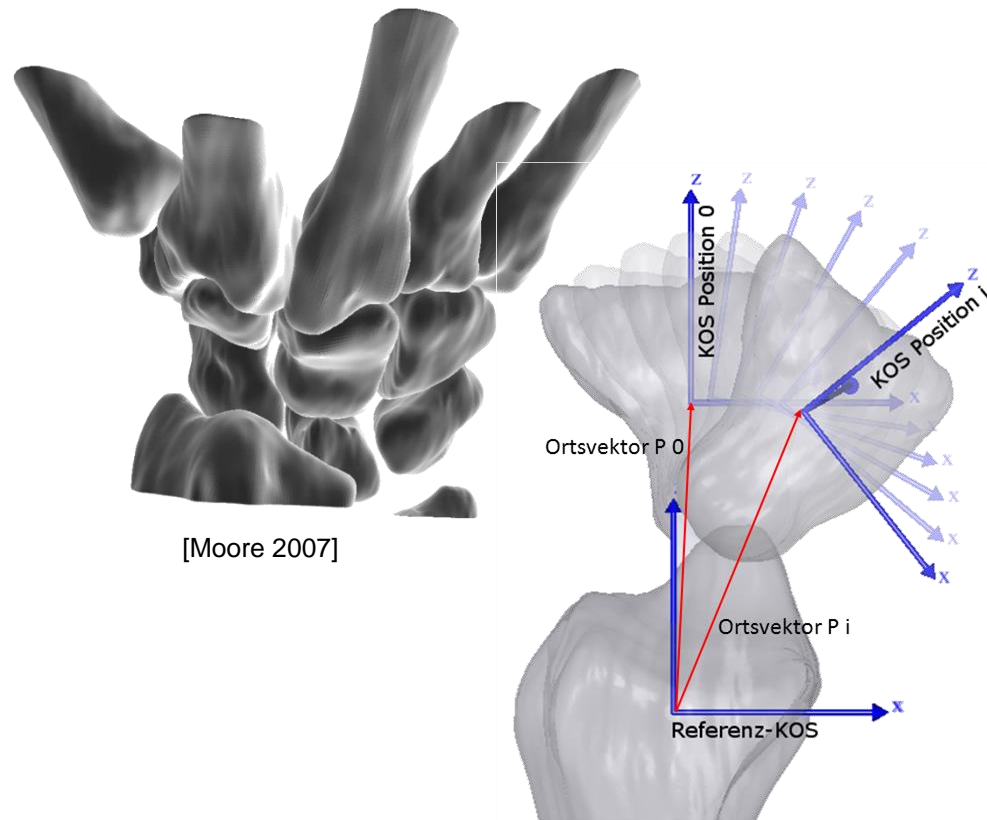


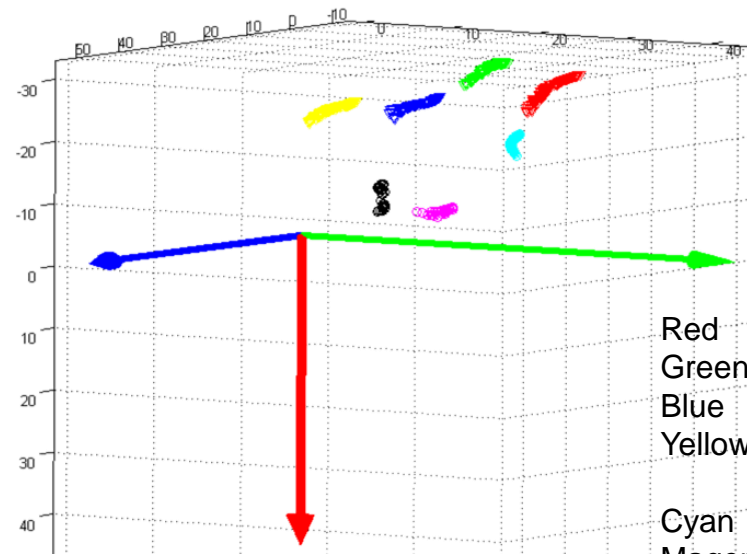
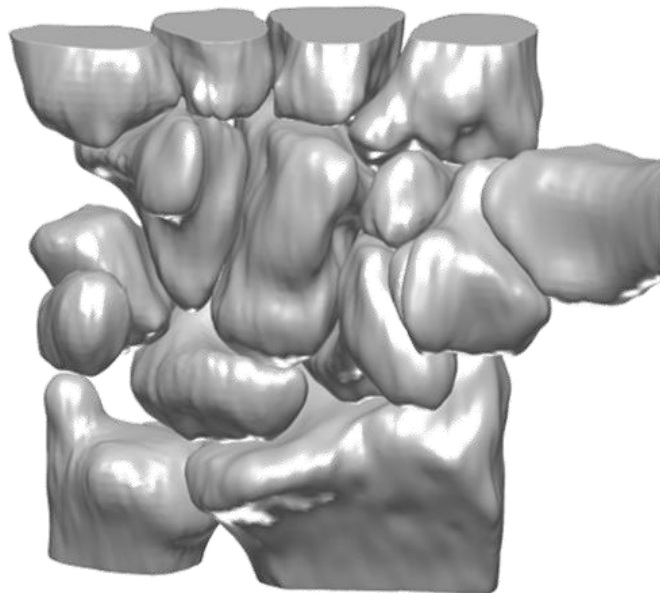
Table I. Overview about the image acquisition of Moore et al.²⁰

“Incremental Orthogonal” Protocol	“Combined Motion” Protocol
5 ♂ and 5 ♀ Probands	10 ♂ and 10 ♀ Probands
<ol style="list-style-type: none"> 20° Ulnardeviation 40° Ulnardeviation 20° Radialdeviation 30° Flexion 60° Flexion 30° Extension 60° Extension 	<ol style="list-style-type: none"> 40° Flexion 40° Extension 10° Radialdeviation 30° Ulnardeviation 40° Flexion and 30° Ulnardeviation 40° Extension and 30° Ulnardeviation 40° Extension and 10° Radialdeviation 40° Flexion and 10° Radialdeviation

[Eschweiler 2016b]

Material and Methods – Own cadaver investigation

- Additional bone morphology data acquired from own CT scans (n=8) [Eschweiler 2016b]
- Own kinematic information were acquired (not only static position e.g. Moore et al., interpolation was necessary between the static position to get a motion trajectory)

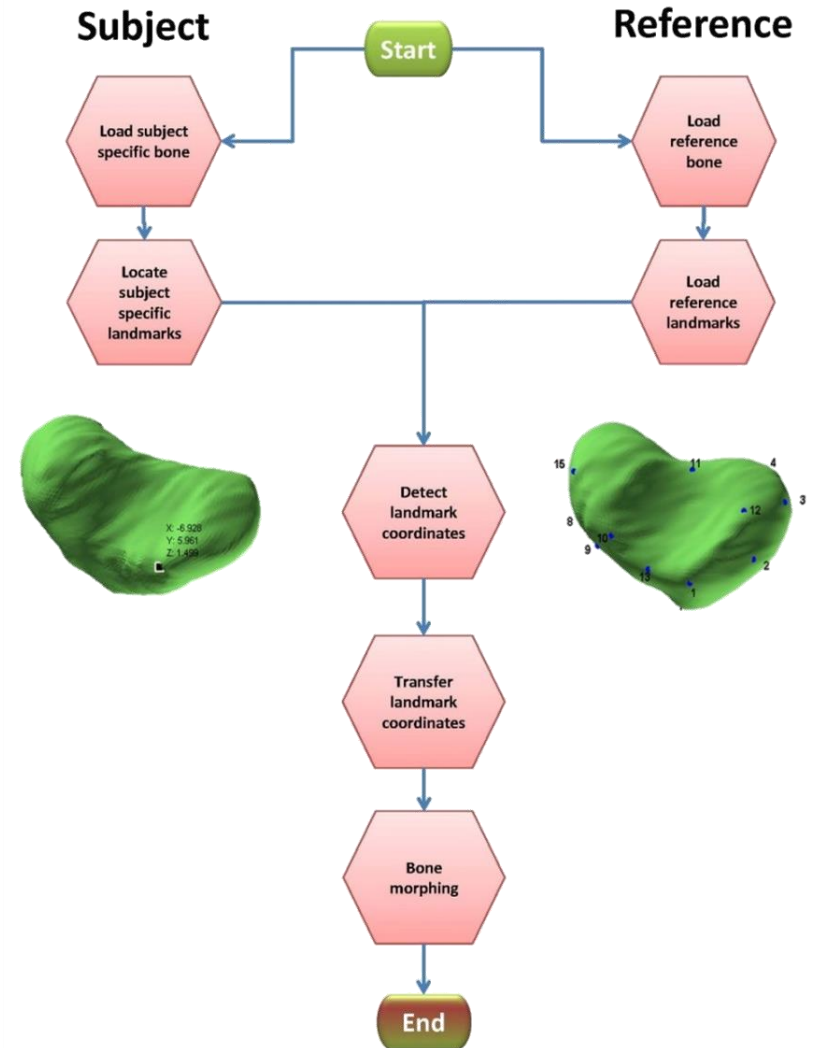
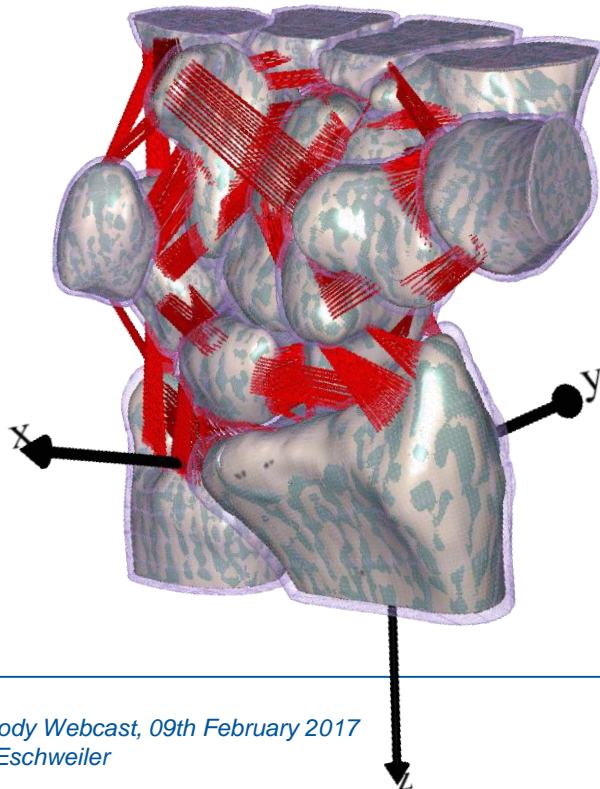


X-Axis => red
Y-Axis => blue
Z-Axis => green

Red	=> Trapezium
Green	=> Trapezoid
Blue	=> Capitate
Yellow	=> Hamate
Cyan	=> Scaphoid
Magenta	=> Lunate
Black	=> Triquetrum

Material and Methods – Bone morphing

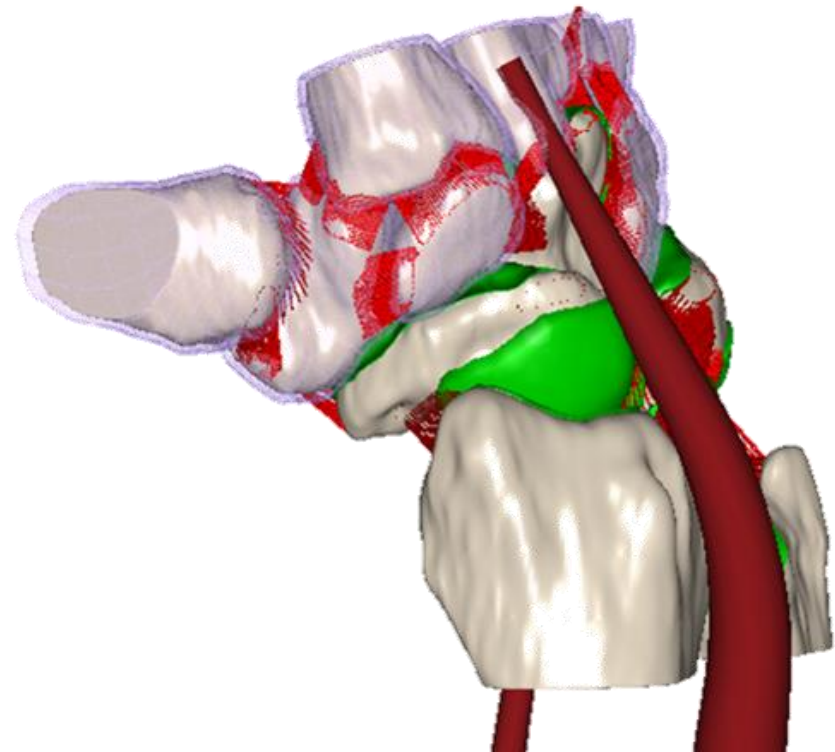
- Individual adaption from other patient geometries
- Based on image information (MRI, CT)
- Future work => Ultrasound



[Eschweiler 2016b]

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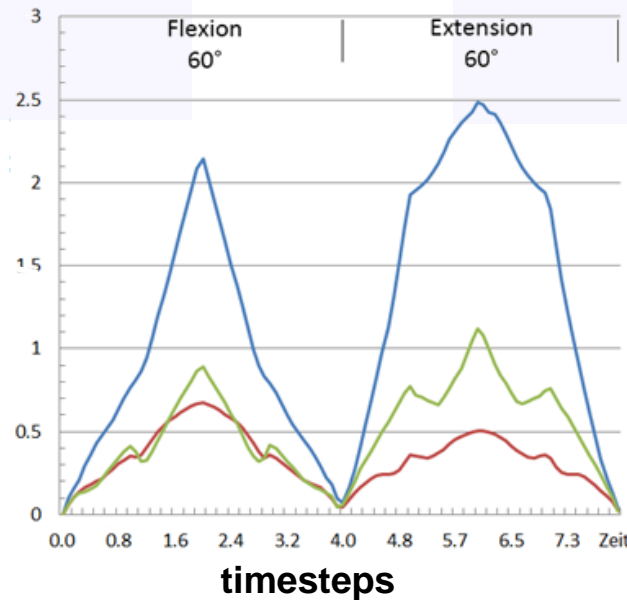
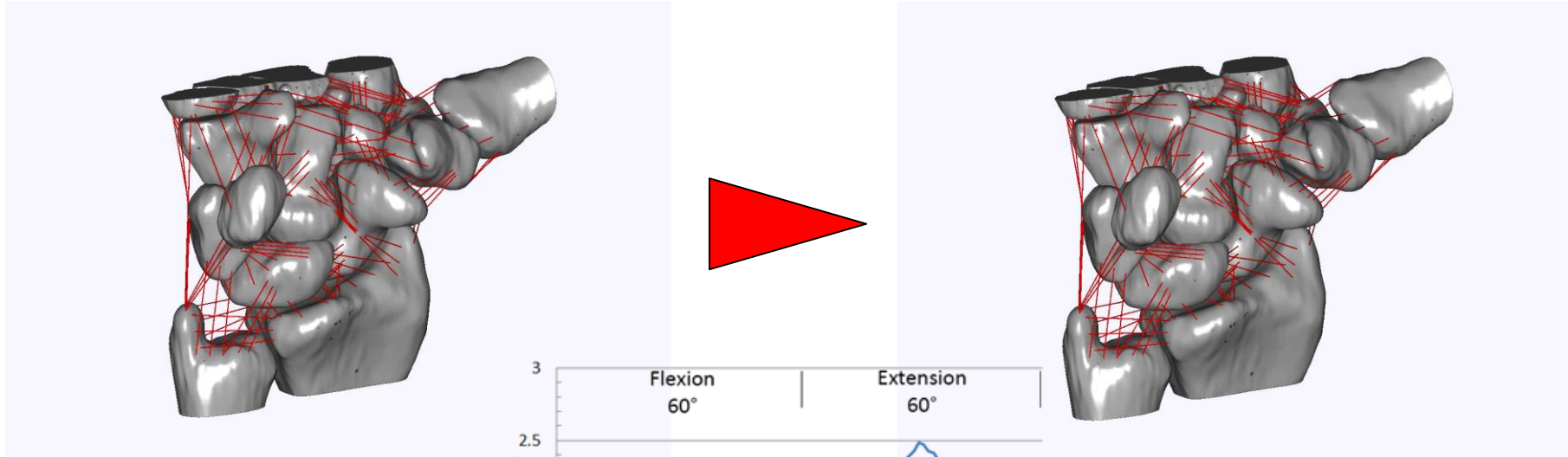
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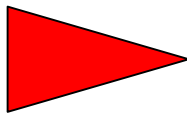
Material and Methods – Simulation setup

Physiological motion data (ID)

Force Dependent Kinematic (FDK)



Example:
Scaphoid



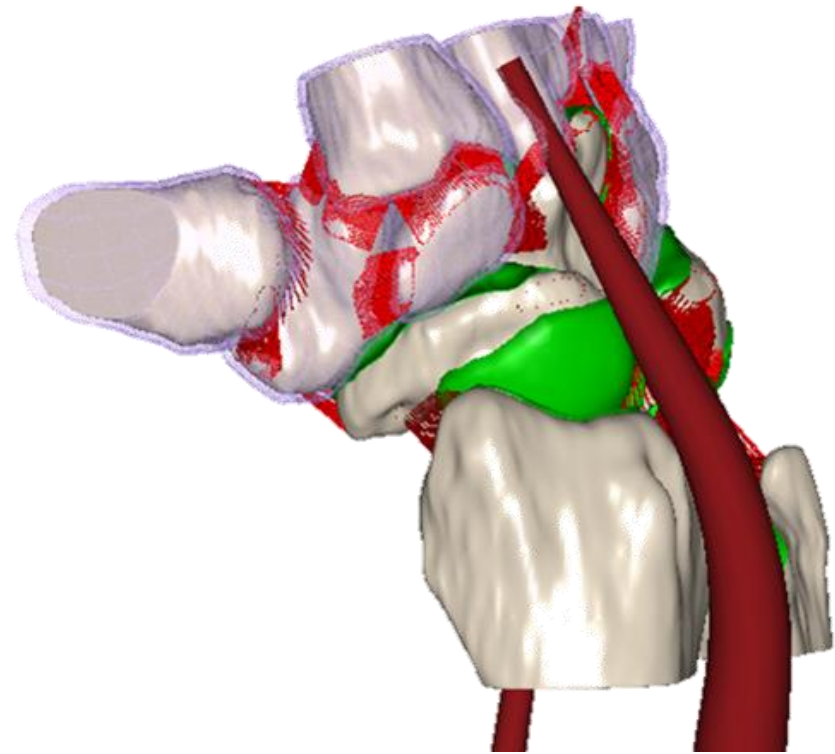
Max. difference between
real and simulated motion

blue
red
green

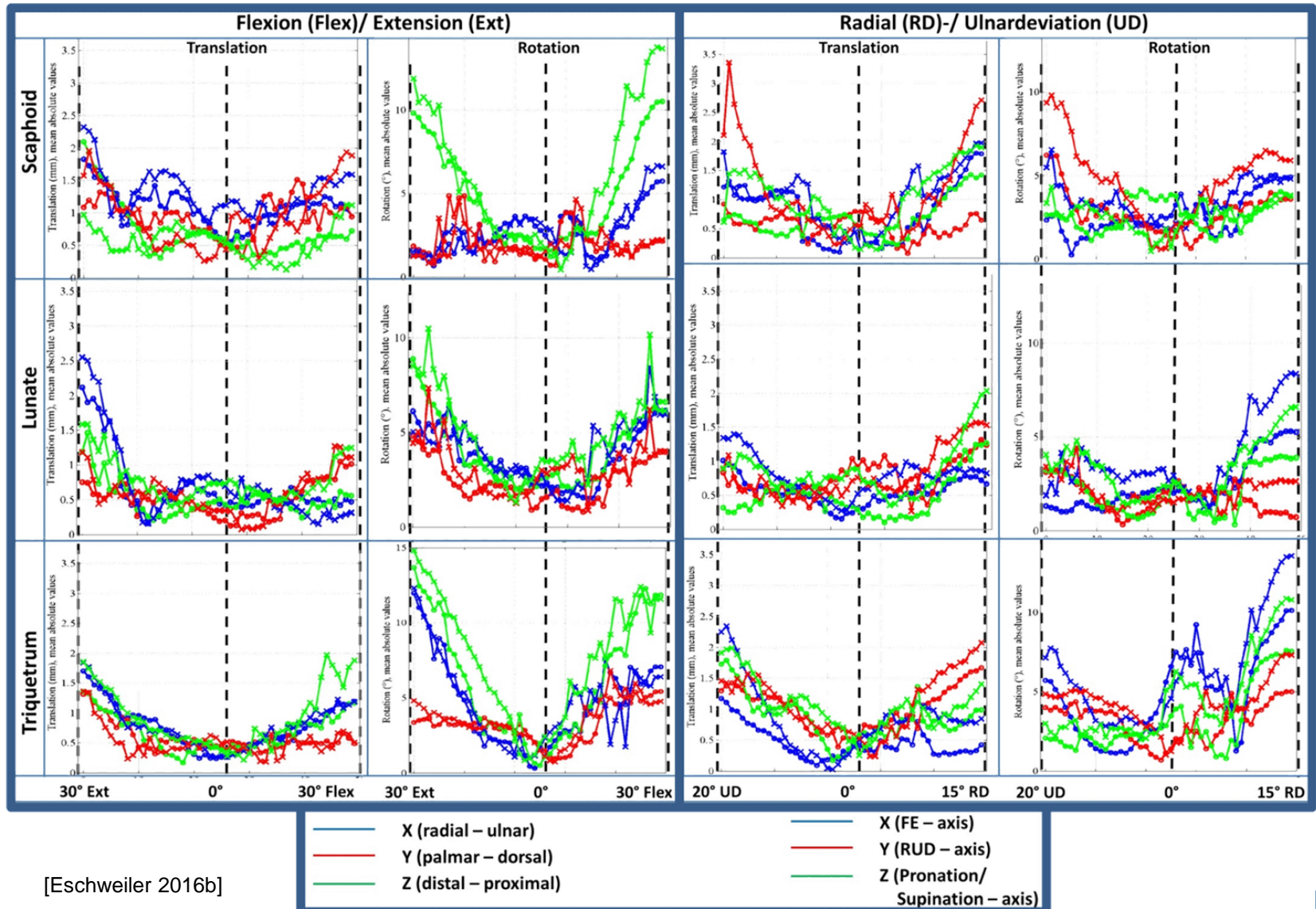
x-axis - palmar/dorsal
y-axis - radial/ ulnar
z-axis - proximal/distal

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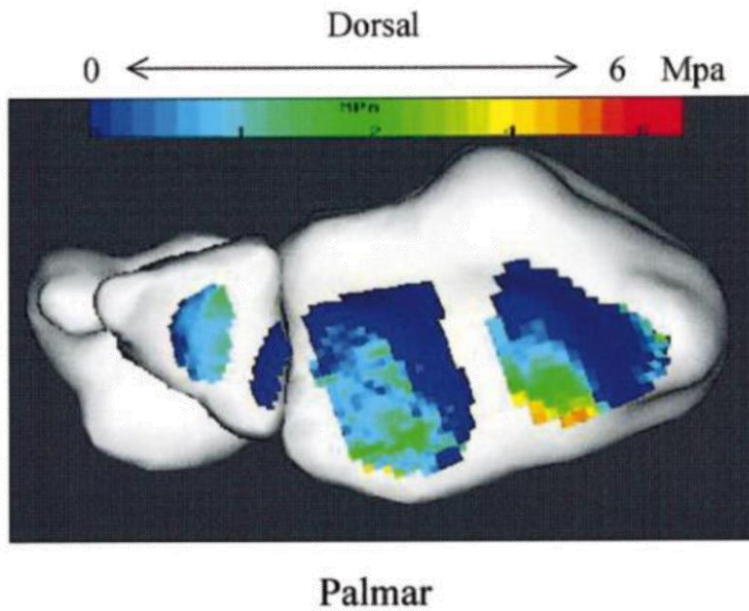


Results

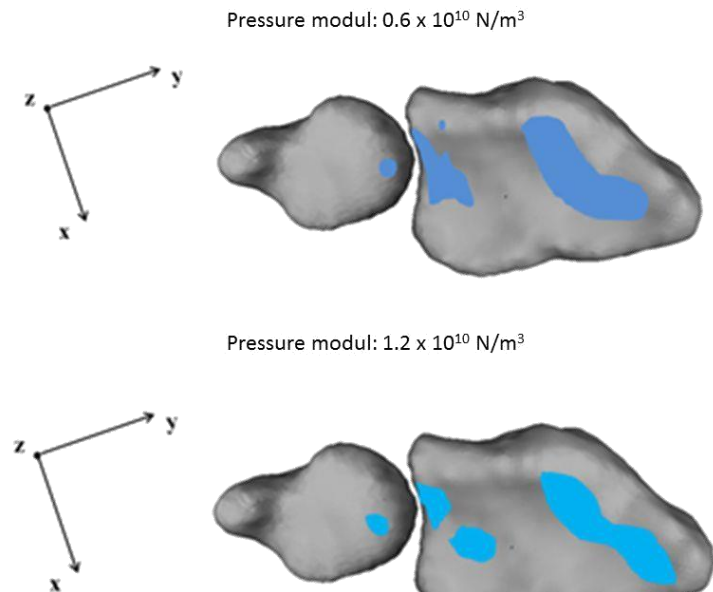


Results

- Untreated, proximal row disruption leads to progressive and predictable scapholunate advanced collapse (SLAC) wrist arthritis, which is responsible for 55% of cases of degenerative wrist arthritis.
- SLAC wrist degenerative changes begin at the radiocarpal joint between the scaphoid and radius, and progress over time to the midcarpal joint.



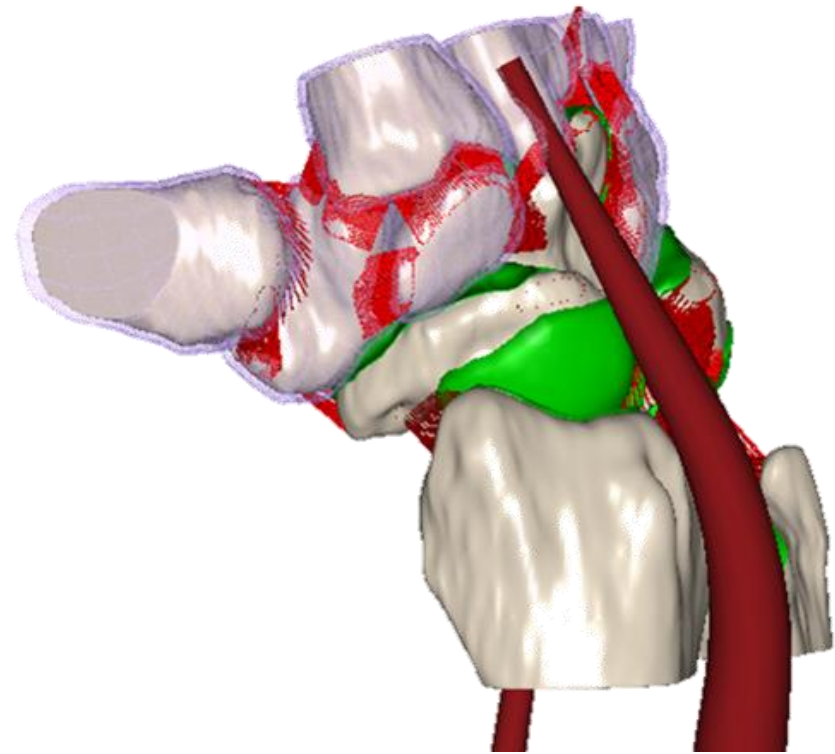
[Genda 2000]



[Eschweiler 2016a]

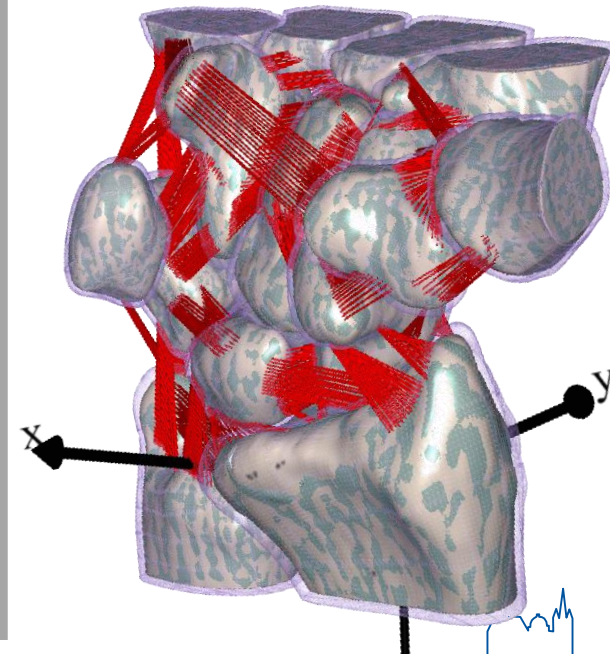
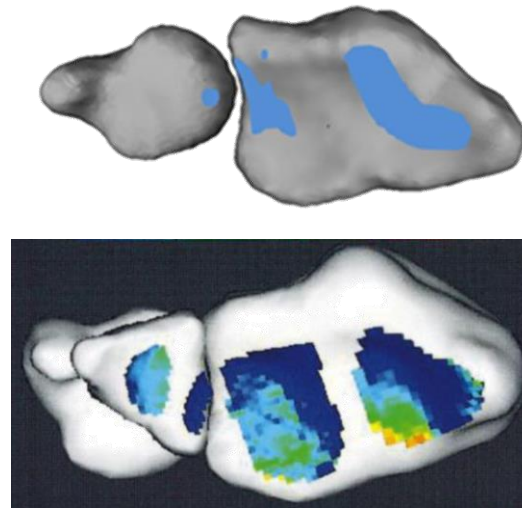
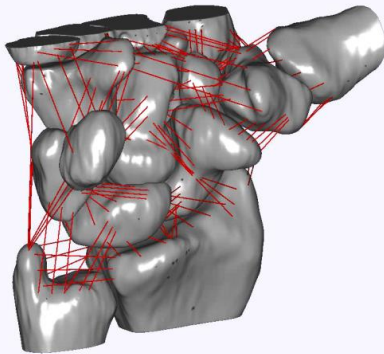
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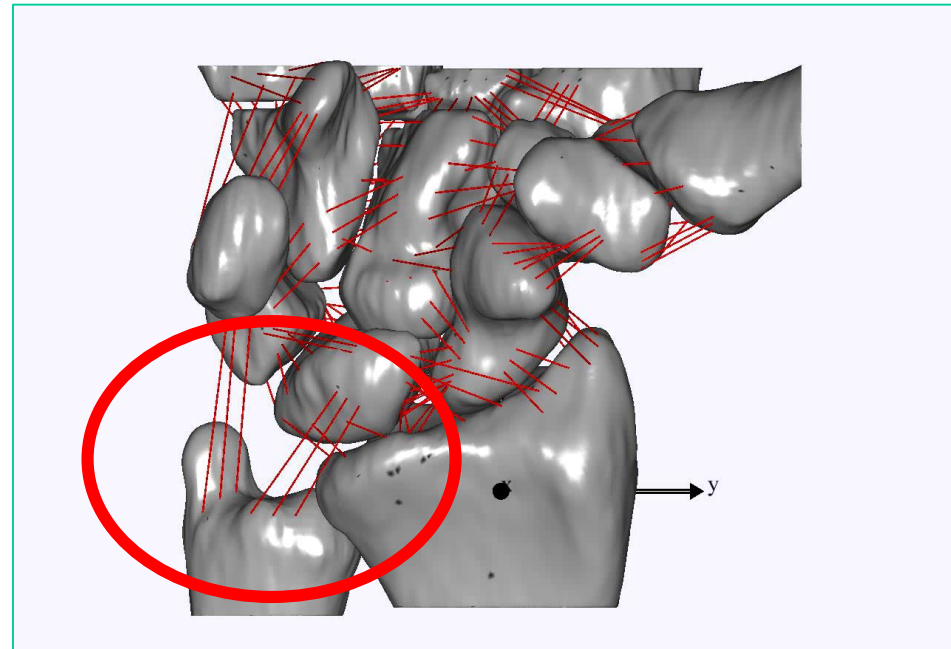
Discussion

- ✓ Presently, good correlation between real kinematic behavior and simulated motion
- ✓ Presently, good correlation between measured applied stress on the forearm and simulated stress application
- ✓ Possibility of patient specific adaption of the model



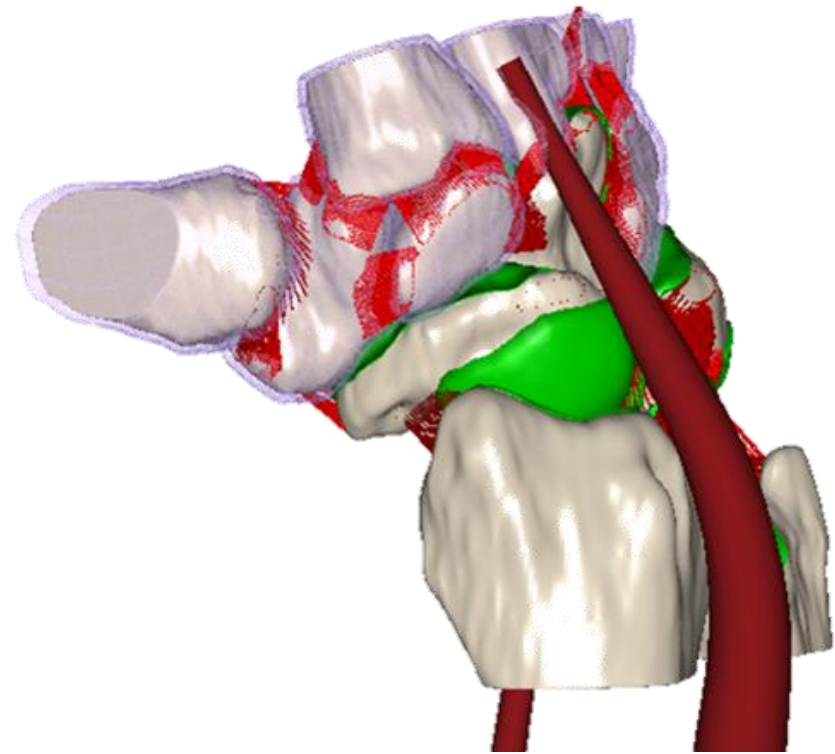
Discussion - Limitations

- x Influence of missing soft tissue on motion behavior, e.g. including skin and full forearm muscle insertion tendons
- x stiffness values for some specific ligaments are missing
- x the articular cartilage was not captured by CT imaging



Contents

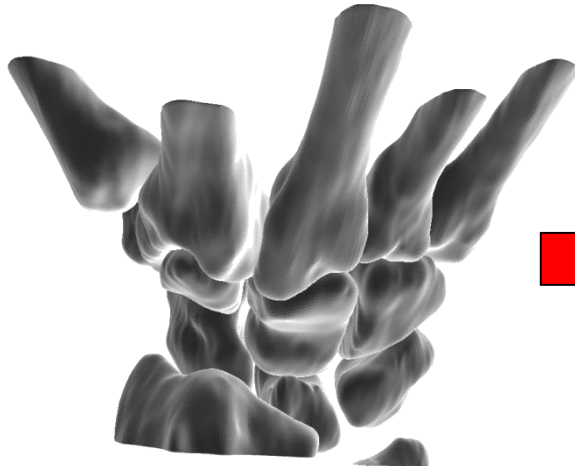
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Conclusion

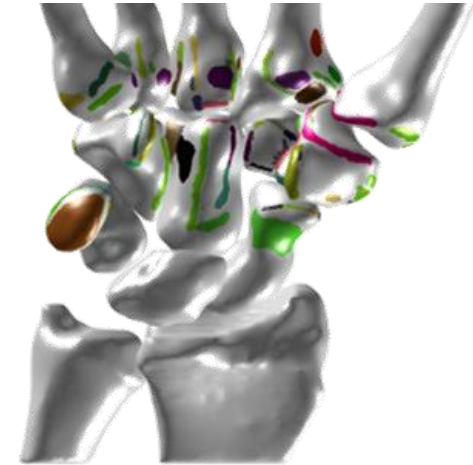
- In conclusion, obtained data from the presented wrist joint model indicate a good agreement with the available literature.
- Simulation model can be used to investigate:
 - pressure distributions and
 - range of motion of wrist joint pathologies and their treatment options.
- Moreover, the biomechanical computational model could be used to help surgeons to get an impression of the outcome of complex operations.

Moore Database

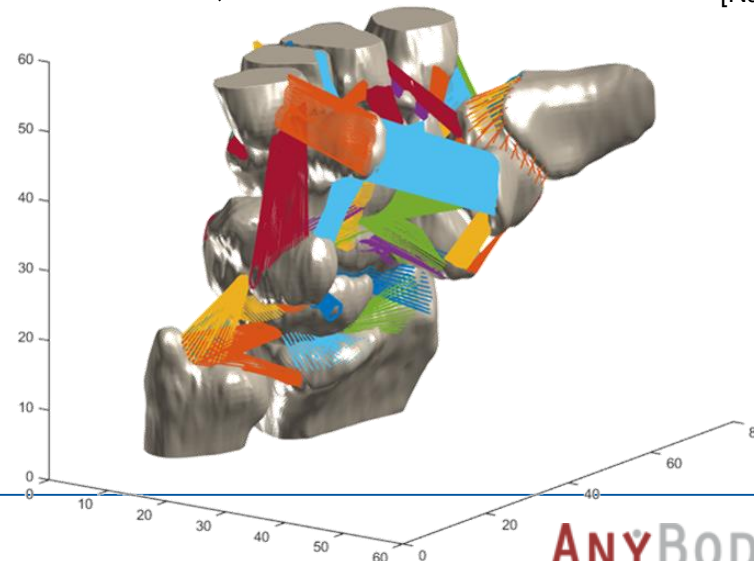
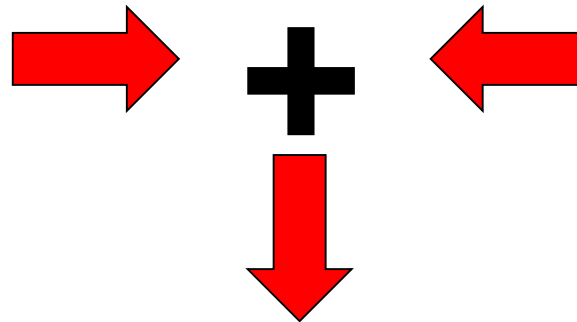


[Moore 2007]

Nanno Database



[Nanno 2007]

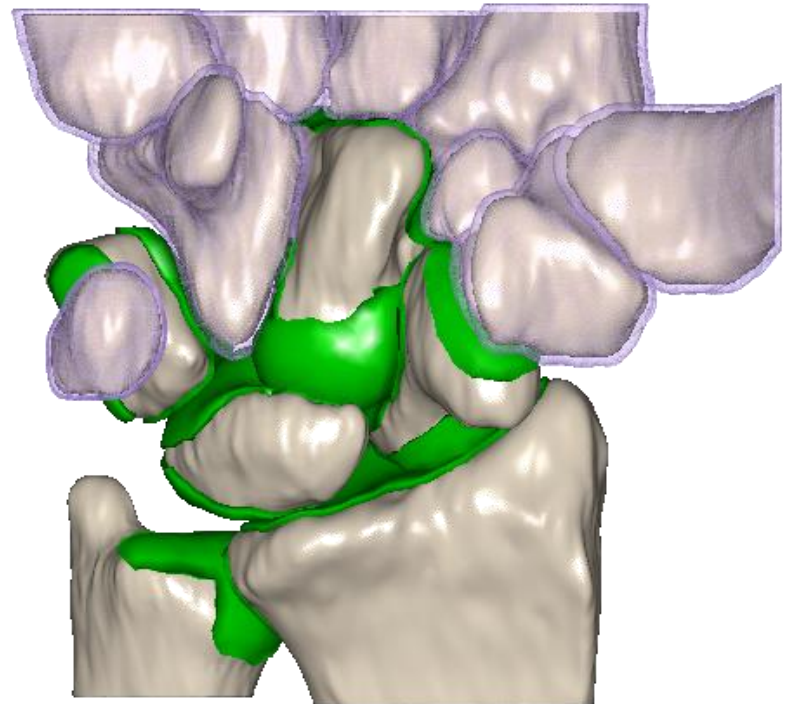
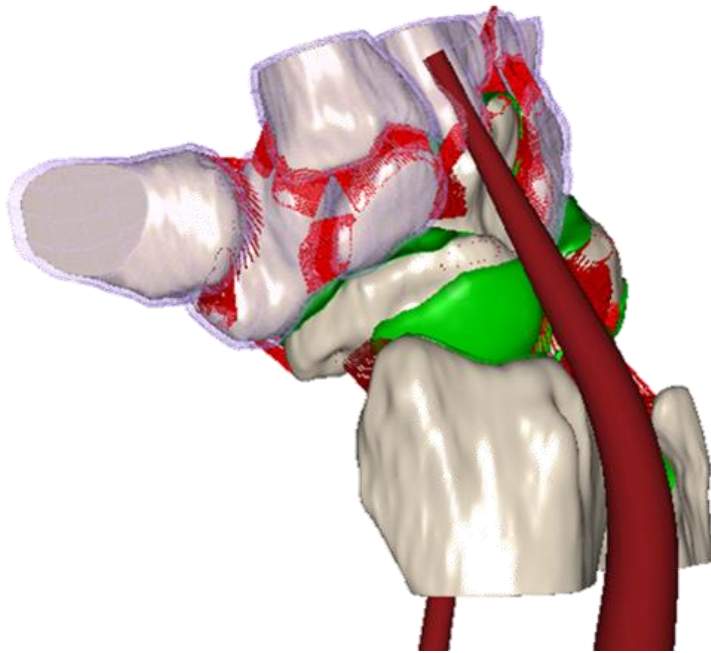


Cadaver study:

- Soft tissue,
 - Bony information and
 - Kinematics
- of one cadaver

Future Work

- Implementation of cartilage
- Implementation of soft tissue structures (e.g. TFCC)
- Physiological „wrapping“ of muscles





17th Annual Meeting of the International Society for Computer Assisted Orthopaedic Surgery JUNE 14–17, 2017 | AACHEN (GERMANY)



- The abstract submission deadline has been extended to February 12, 2017.
Do not miss this opportunity and send your paper.

- **Short facts at a glance**
Conference: 17th Annual Meeting of the International Society for Computer Assisted Orthopaedic Surgery
Date: June 14–17, 2017
Venue: Eurogress Aachen (Germany)

- **Early bird deadline:** March 31, 2017

- **Pre-conference educational workshops:** June 14, 2017

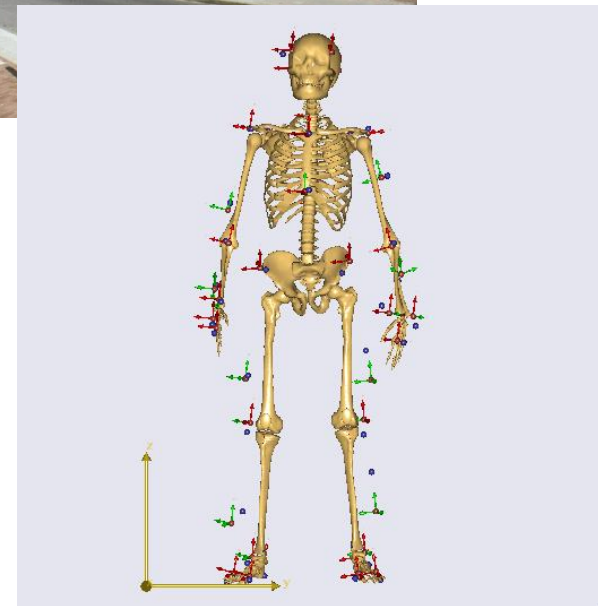
Development of a biomechanical model of the wrist joint for patient-specific model guided surgical therapy planning

Jörg Eschweiler, PhD

Maximilian M. C. Fischer, Dipl.-Ing.

Klaus Radermacher, PhD

Thank you !



Webcasts

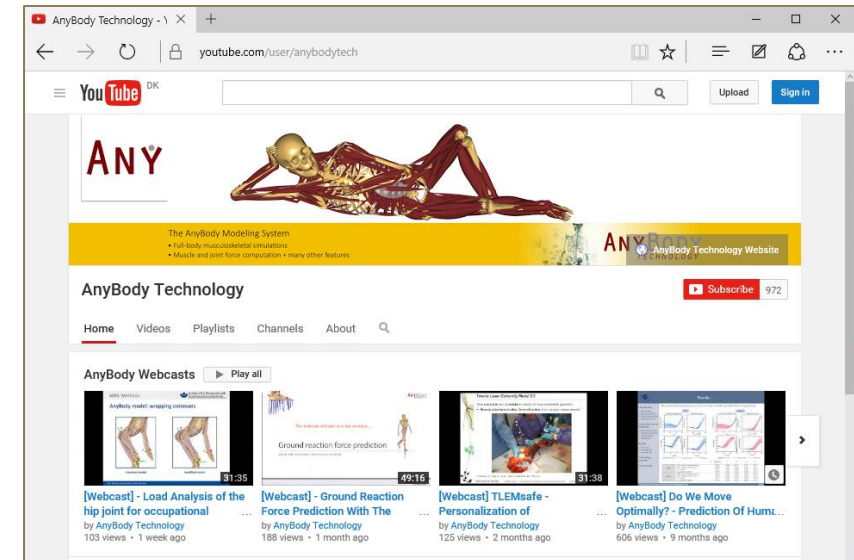
- Stay tuned for next webcast
 - More information will follow by mail.
- Check our YouTube channel for previous webcast
 - Search channels for 'AnyBody Technology'

www.anybodytech.com

- Events, dates, publication list, ...

www.anyscript.org

- Wiki, Forum



Events

- **14-18 Mar:** Let's meet at AAOS 2017 – The Annual Meeting in San Diego, CA
- **19-22 Mar:** Let's meet at ORS 2017 – The Annual Meeting in San Diego, CA
- **27-31 Mar:** Register for Aalborg Uni's next AnyBody course in Denmark



<http://www.caos2017.de>

Time for questions:
