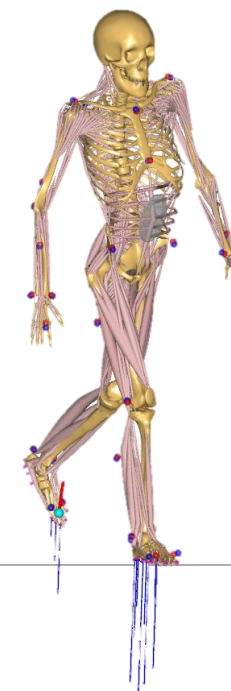


The webcast will start in a few minutes....

# Ground reaction force prediction

WITH THE ANYBODY MODELING SYSTEM



# Control Panel

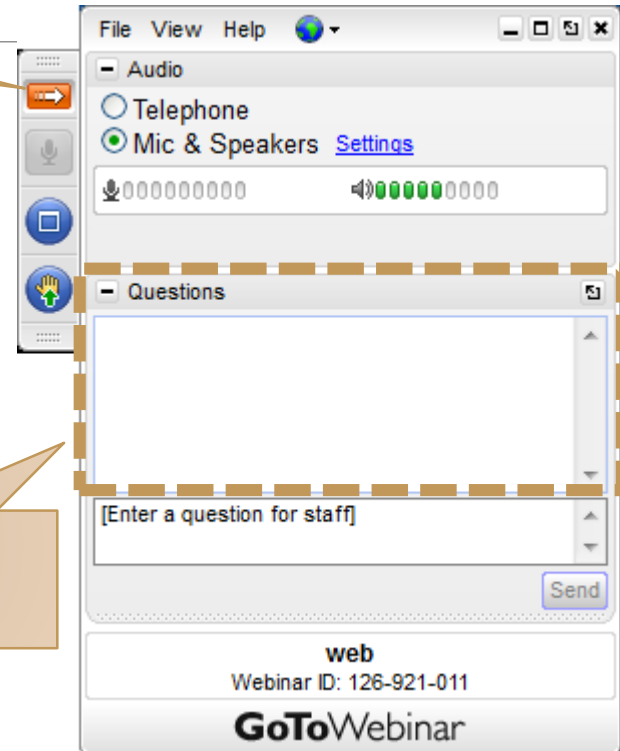
The Control Panel appears on the right side of your screen.

Submit questions and comments via the Questions panel.

*Questions will be addressed at the end of the presentation. If your question is not addressed we will do so by email.*

Expand/Collapse the Control Panel

Ask a question during the presentation





# Outline

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Introduction by the Host

GRF prediction in sports activities

- *by Sebastian Skals*

Technical explanation

- *by Michael Skipper Andersen*

Hands on:

- Adding GRF prediction to an existing Anybody MoCap model

Questions and answers

Presenters:



Sebastian Skals, M.Sc.  
Research Assistant

National Research Centre for the Working Environment  
Danish Ministry of Employment.  
Denmark



Michael Skipper Andersen, Ph.D.  
Associate professor

Department of Mechanical and Manufacturing  
Engineering.  
Aalborg University  
Denmark

# Who is AnyBody?

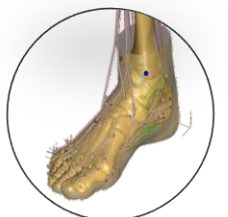
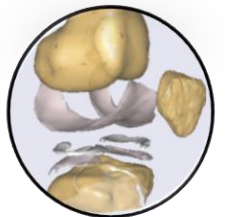
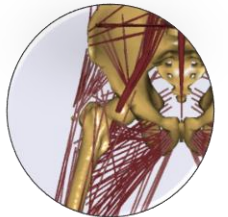
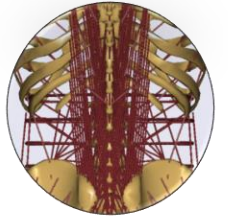
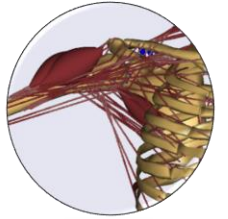
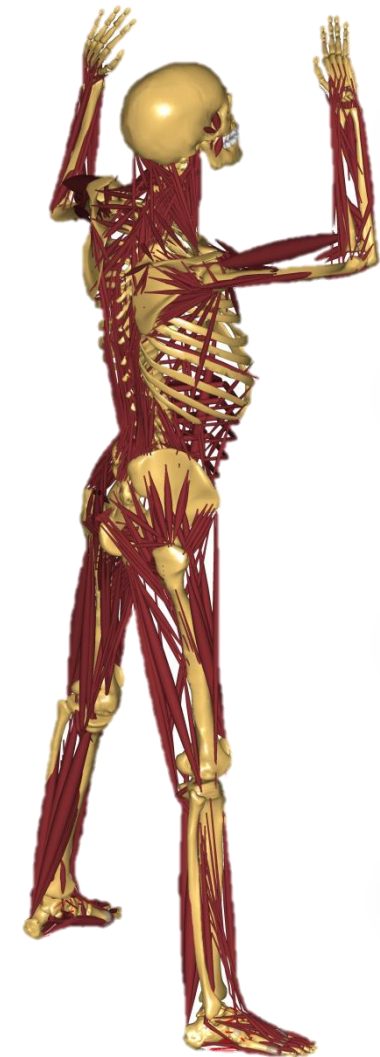
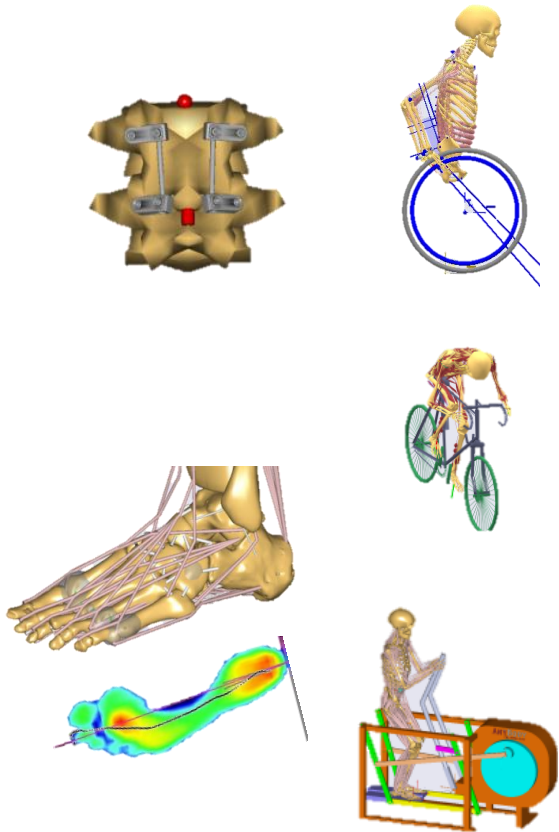
## AnyBody Technology

(Aalborg, DK; Boston, US)

- *AnyBody Modeling System*
- *Licenses, Training, Support*
- *Consulting*

## AnyBody Knowledge Centers

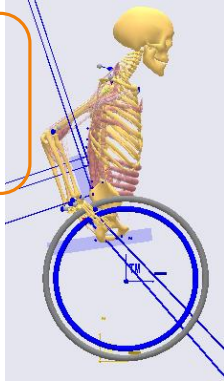
- *DK: Aalborg University - Prof. Rasmussen*
  - *Biomechanics, Ergonomics, Sport, Automotive*
- *US: Colorado School of Mines – Prof. Petrella*
  - *Biomechanics, Orthopedics, Sport*
- *GER: OTH Regensburg – Prof. Dendorfer*
  - *Biomechanics, Orthopedics, Gait*





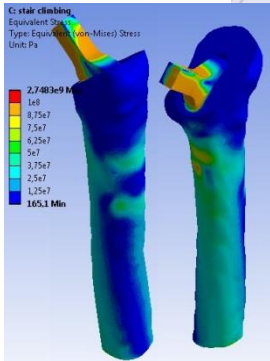
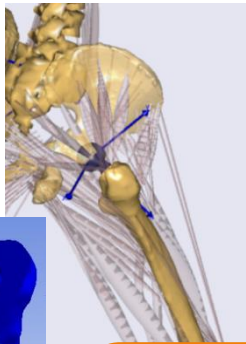
Gait Application  
AnyGait

Product Design  
Optimization

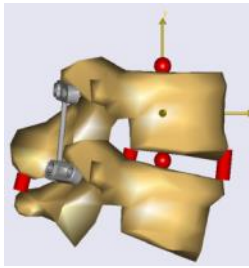


Ergonomic Analysis  
and Documentation

# ANYBODY Modeling System



Physiological Load  
Cases for Finite  
Element Analysis

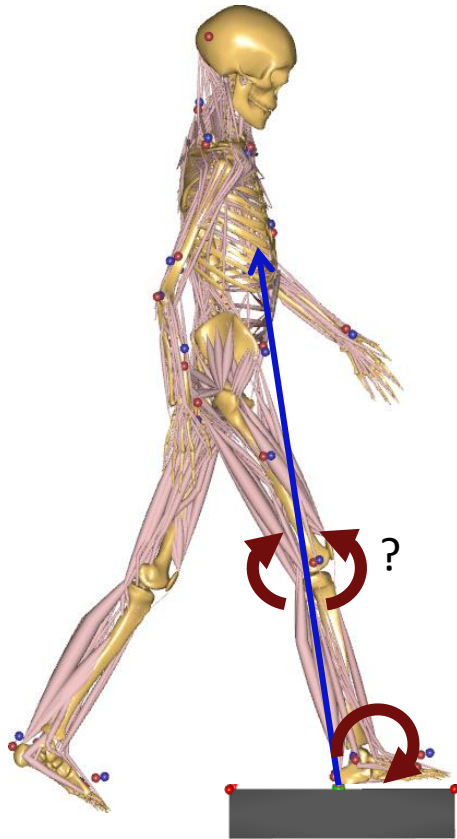


Surgical Planning, -  
Evaluation & -Failure  
Analysis



# Modeling with measured forces

---



Boundary conditions are necessary for inverse dynamic analysis.

In MoCap models this is provided by force plates.

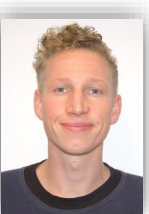
*What if no measurements are available?*

# Ground reaction force prediction

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IN SPORTS ACTIVITIES

Sebastian Skals, M.Sc.  
Research Assistant  
National Research Centre for the Working Environment  
Danish Ministry of Employment.



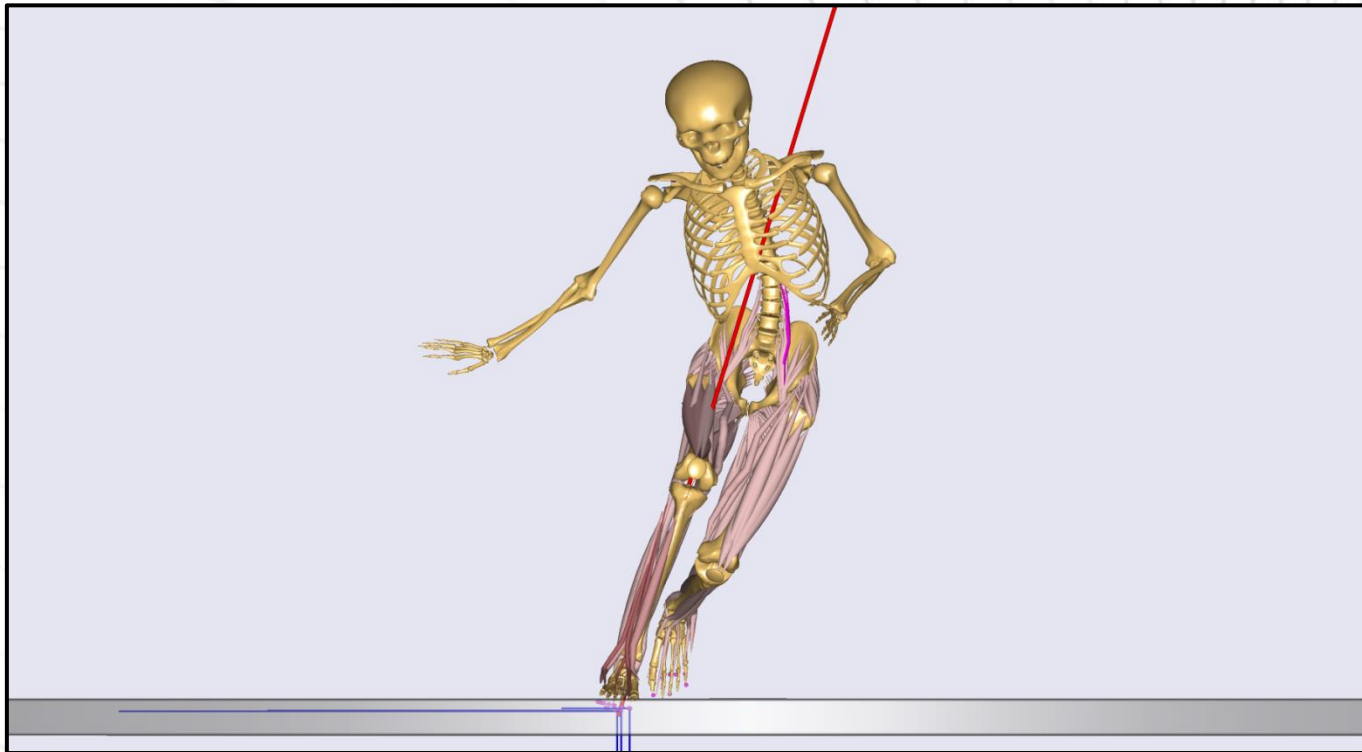
# PREDICTION OF GROUND REACTION FORCES AND MOMENTS DURING SPORTS-RELATED MOVEMENTS

SEBASTIAN L. SKALS<sup>1</sup>, MOONKI JUNG<sup>2</sup>, MICHAEL DAMSGAARD<sup>2</sup>, MICHAEL S. ANDERSEN<sup>3</sup>

<sup>1</sup>DEPARTMENT OF HEALTH SCIENCE AND TECHNOLOGY, AALBORG UNIVERSITY, AALBORG, DENMARK

<sup>2</sup>ANYBODY TECHNOLOGY A/S, AALBORG, DENMARK

<sup>3</sup>DEPARTMENT OF MECHANICAL AND MANUFACTURING ENGINEERING, AALBORG UNIVERSITY, AALBORG, DENMARK



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# INTRODUCTION

Inverse Dynamic Analysis (IDA) of musculoskeletal models

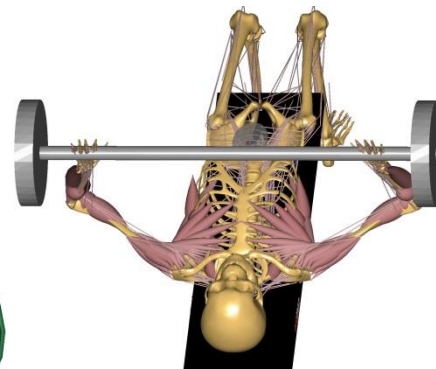
- Applied in many fields, e.g., sports biomechanics
- Estimation of muscle, ligament, and joint forces

## 1) *Top-down*

- Under-determinate during double support

## 2) *Bottom-up*

- Force plate measurements  
→ Residual forces and moments



# INTRODUCTION

Typical solutions to these issues

- 1) Minimise residuals through optimisation methods
- 2) Estimate/distribute GRF&Ms under both feet

Proposed solutions for 2:

- Minimise joint moments (Audu et al. 2003, 2007)
  - Only standing positions, not movement
- *Artificial Neural Network* (Eel Oh et al. 2013, Choi et al. 2013)
  - Comprehensive analysis necessary to determine input
- **Dynamic contact model and muscle recruitment** (Fluit et al. 2014)
  - Universal method
  - Scaled model and kinematic data only
  - Validated for activities of daily living

# INTRODUCTION

None of the existing methods have been validated for sports-related movements.

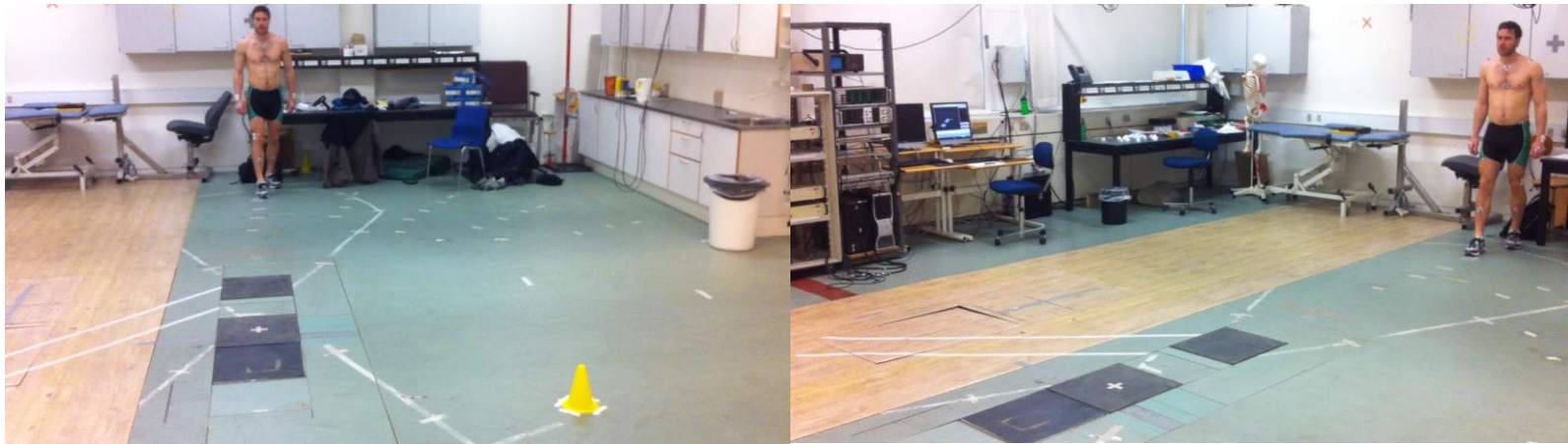
- Force plate measurements particularly limiting
- Larger accelerations and forces
- Complex movement patterns and contact conditions

**AIM:** To evaluate the accuracy of the method of Fluit et al. (2014) to predict GRF&Ms during sports-related movements.

- IDA of movements common for sports and recreational exercise
- Compare predicted GRF&Ms to measured data
- Compare joint kinetics between models

# EXPERIMENTAL PROCEDURES

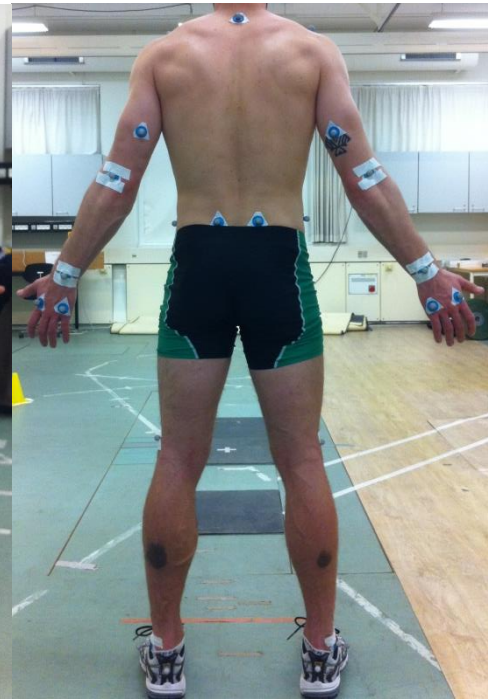
- Eight male and two female subjects  
(age:  $25.70 \pm 1.49$  years, height:  $180.80 \pm 7.39$  cm, weight:  $76.88 \pm 10.37$  kg)
- Five sports-related movements:
  - Running at a self-selected pace
  - Backwards running
  - Side-cut
  - Vertical jump
  - Acceleration from a standing position (ASP)
- Varying force characteristics and double/single support



# EXPERIMENTAL PROCEDURES

Marker-based motion analysis:

- Eight infrared cameras sampling at 250 Hz (Oqus 300 series)
- Qualisys Track Manager v. 2.9
- Two AMTI force plates sampling at 2000 Hz
- 35 reflective markers
  - 29 placed on the body
  - 3 on each running shoe
- Data low-pass filtered at 15 Hz



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# MUSCULOSKELETAL MODELS

Based on the *GaitFullBody* template from the AnyBody Managed Model Repository v. 1.6.3

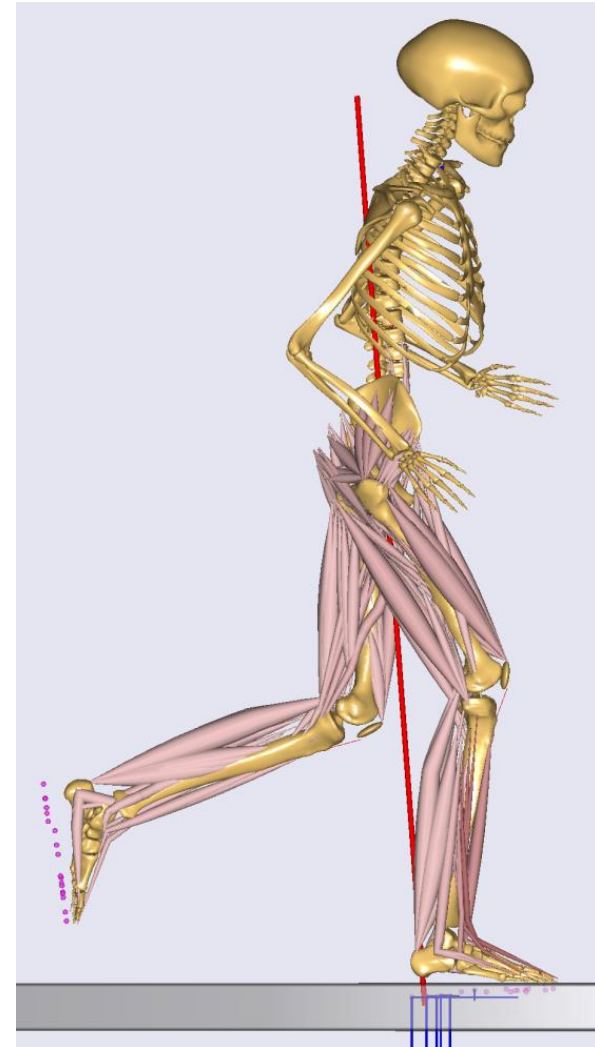
## Model scaling and kinematics

(Andersen et al. 2009, 2010)

- Adjusts segment lengths and marker coordinates
- Minimises the sum of marker residuals

## Inverse Dynamic Analysis

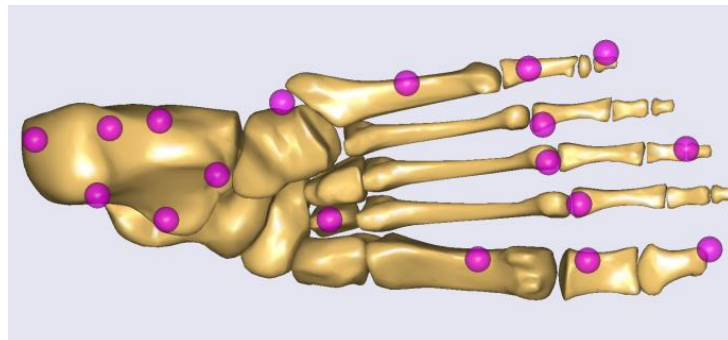
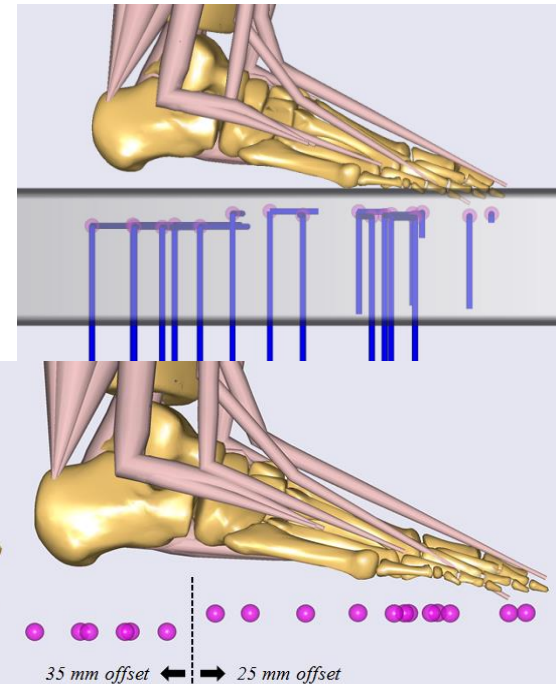
- Twente Lower Extremity Model (Horsman et al., 2007)
- Simple constant strength muscles
- Quadratic muscle recruitment



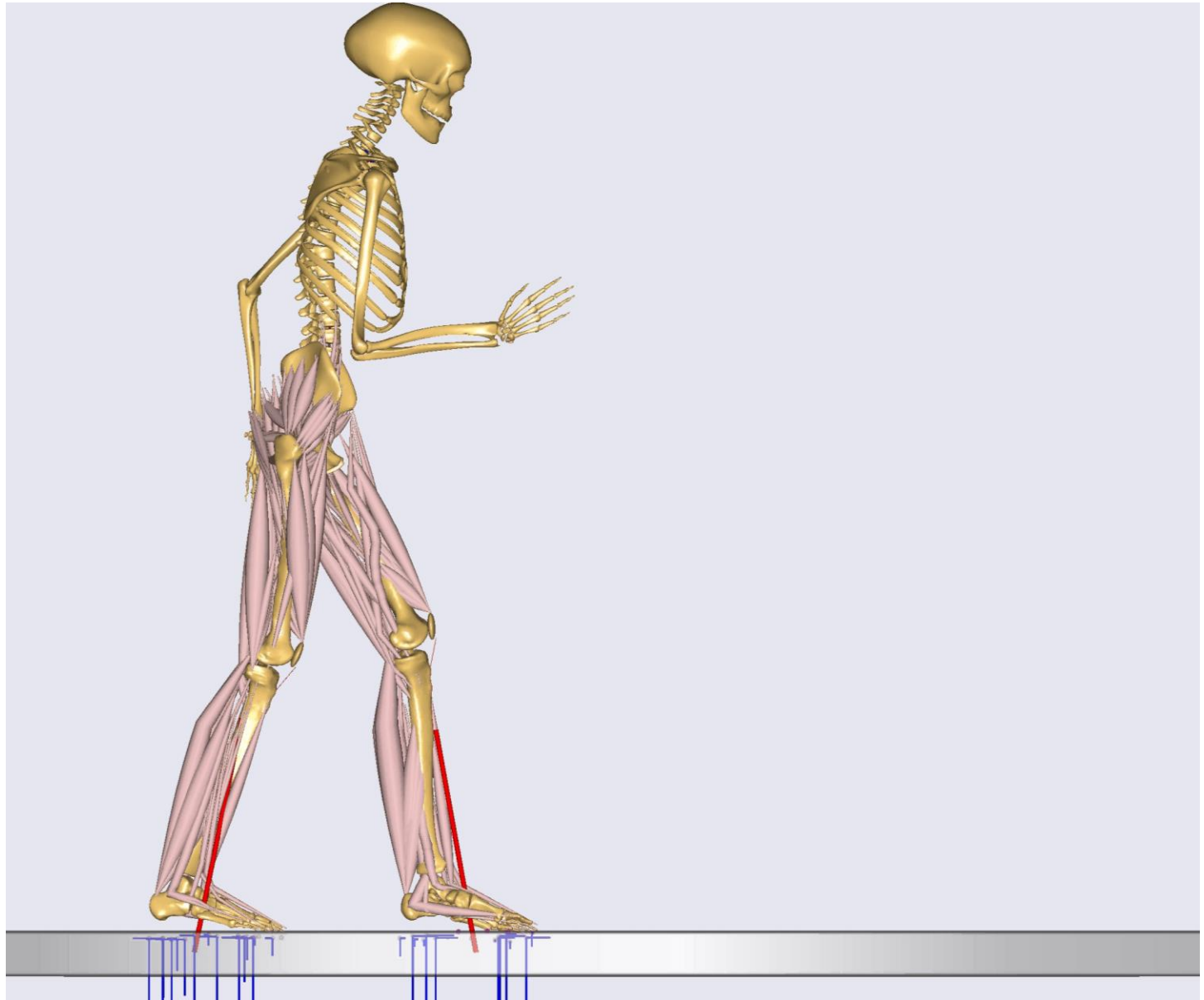
# PREDICTION OF GRF&Ms

Method of Fluit et al. (2014) adopted, but alterations were made in an attempt to improve the method.

- 18 contact points defined under each foot
- Five artificial muscle-like actuators in each contact point
- $F_{\max}$ ,  $z_{\text{limit}}$ , and  $v_{\text{limit}}$  (contact parameters)
- Smoothing function implemented
- Solved as part of muscle recruitment algorithm



# RESULTS



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# RESULTS

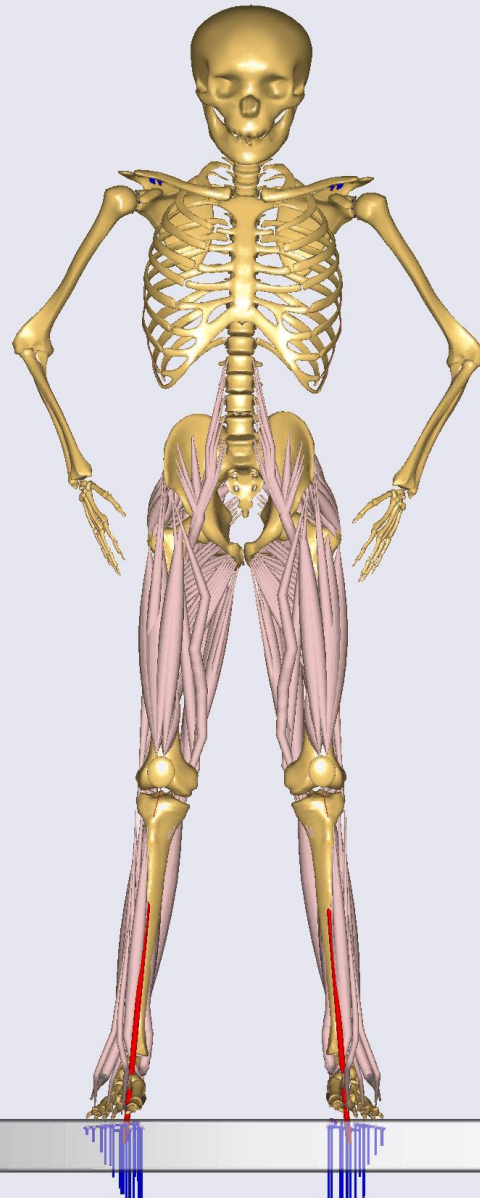


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# RESULTS



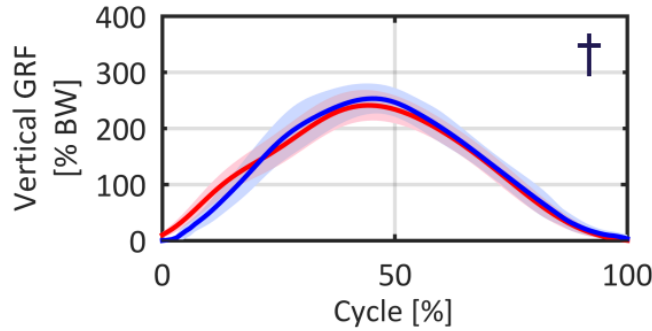
**ANYBODY**<sup>™</sup>  
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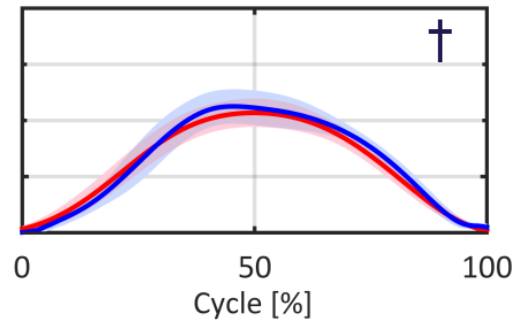
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# RESULTS

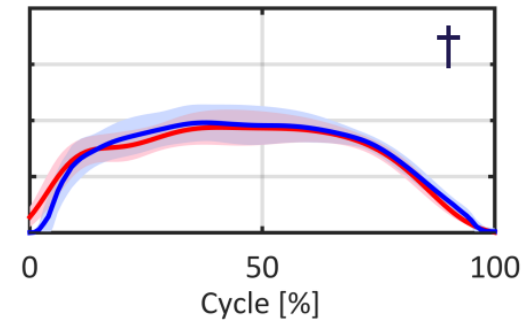
## RUNNING



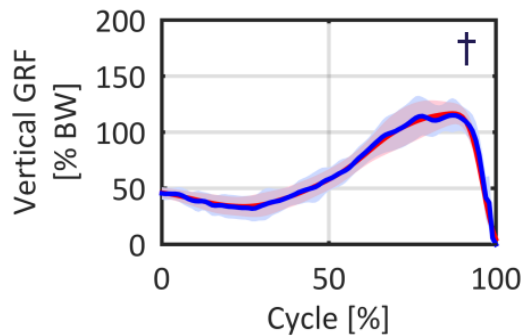
## B. RUNNING



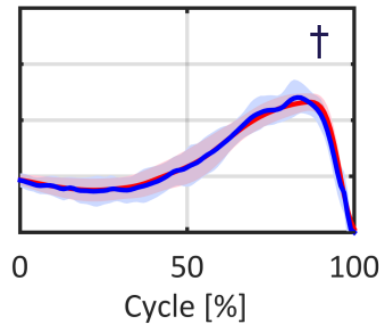
## SIDE-CUT



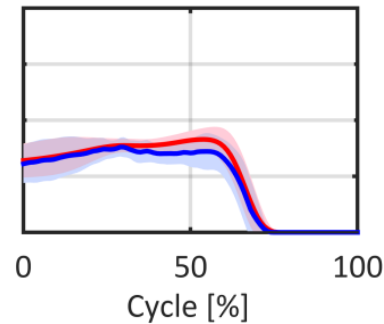
## V. JUMP RL



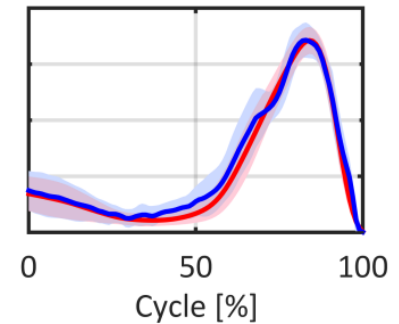
## V. JUMP LL



## ASP RL



## ASP LL



*r* ranging from 0.97 to 0.99, median 0.99

RED: Measured GRF&Ms  
BLUE: Predicted GRF&Ms  
Shaded areas:  $\pm 1$  STD

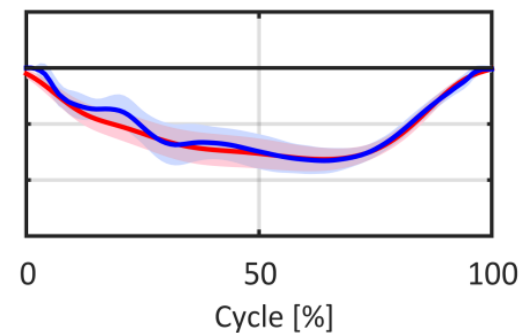
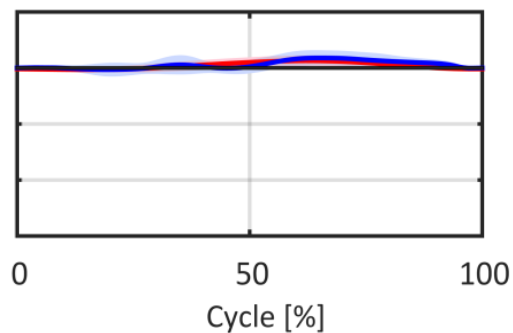
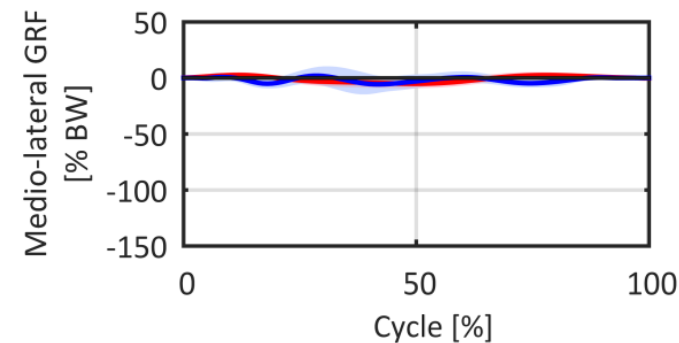
† = sig. diff. peak forces

# RESULTS

## RUNNING

## B. RUNNING

## SIDE-CUT

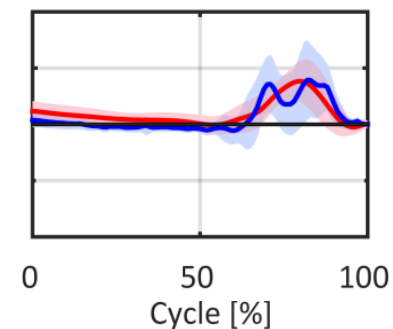
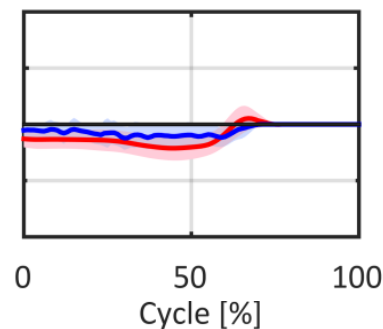
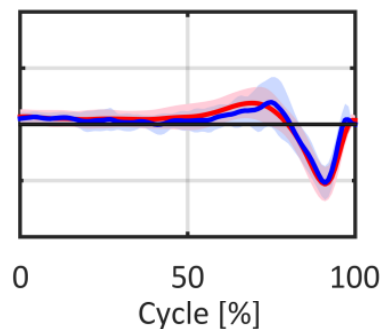
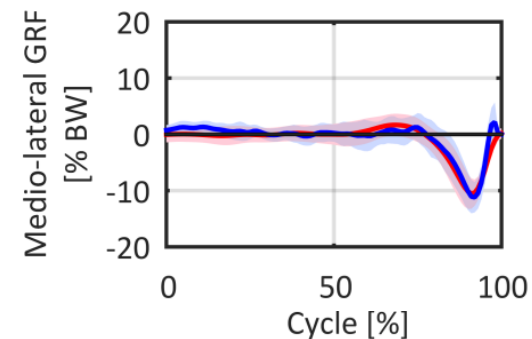


## V. JUMP RL

## V. JUMP LL

## ASP RL

## ASP LL



*r* ranging from 0.13 to 0.96, median 0.61

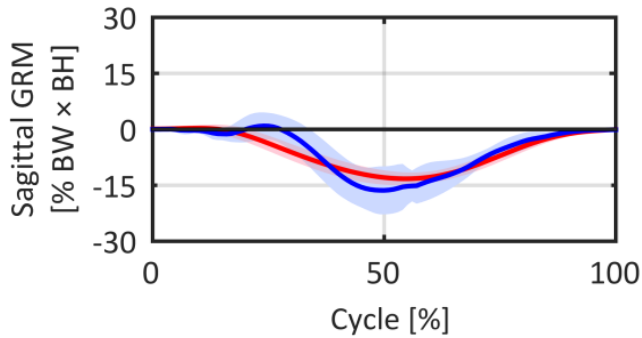
RED: Measured GRF&Ms

BLUE: Predicted GRF&Ms

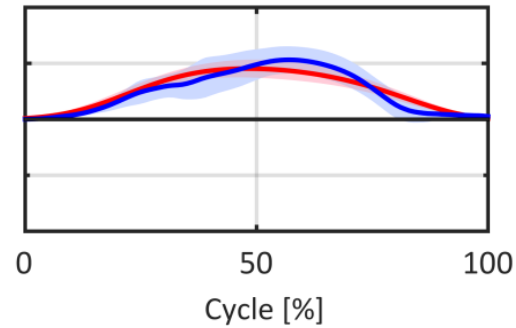
Shaded areas: ± 1 STD

# RESULTS

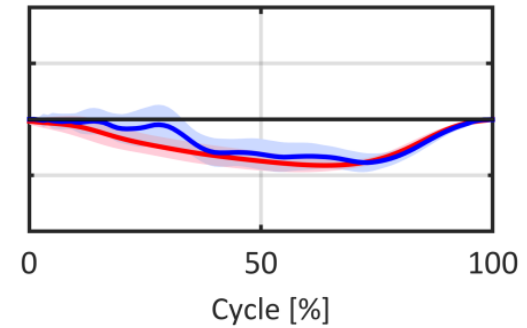
## RUNNING



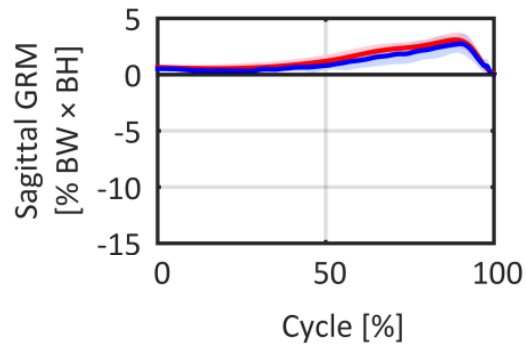
## B. RUNNING



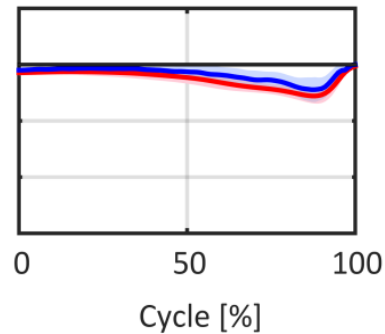
## SIDE-CUT



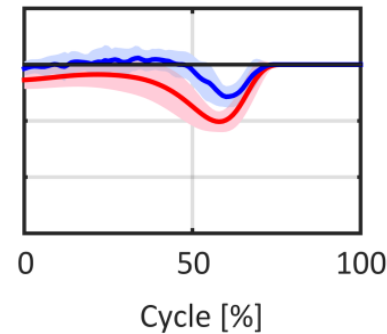
## V. JUMP RL



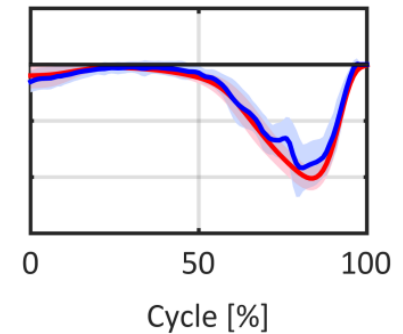
## V. JUMP LL



## ASP RL



## ASP LL



***r* ranging from 0.69 to 0.95, median 0.87**

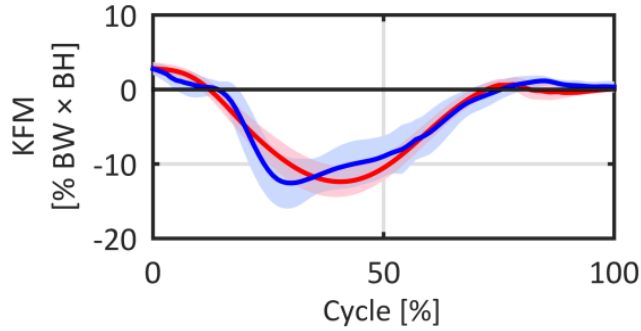
**RED: Measured GRF&Ms**

**BLUE: Predicted GRF&Ms**

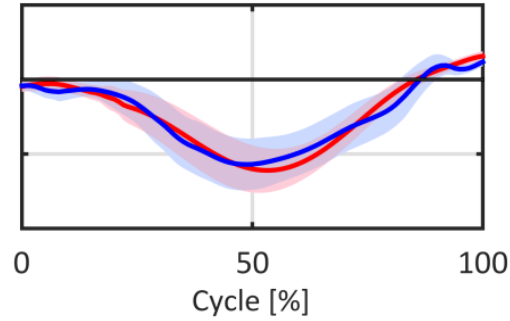
**Shaded areas:  $\pm 1$  STD**

# RESULTS

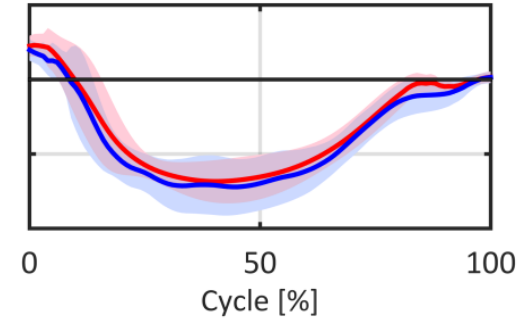
## RUNNING



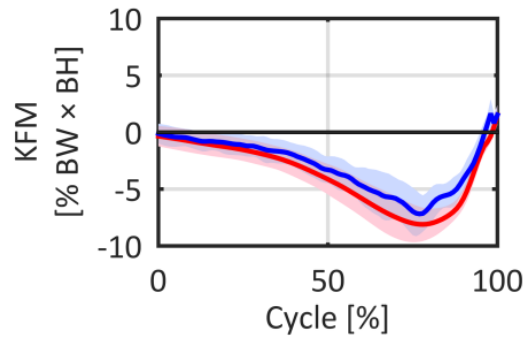
## B. RUNNING



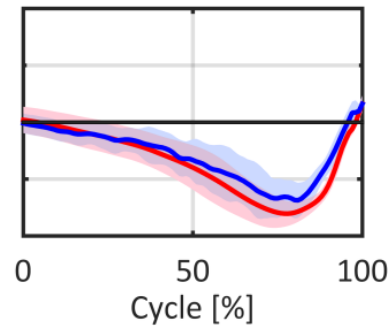
## SIDE-CUT



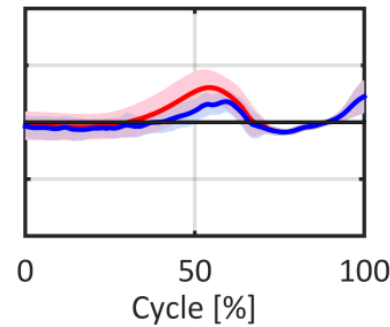
## V. JUMP RL



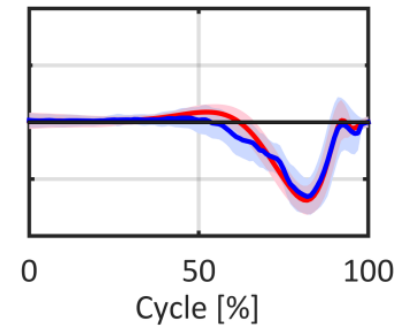
## V. JUMP LL



## ASP RL



## ASP LL



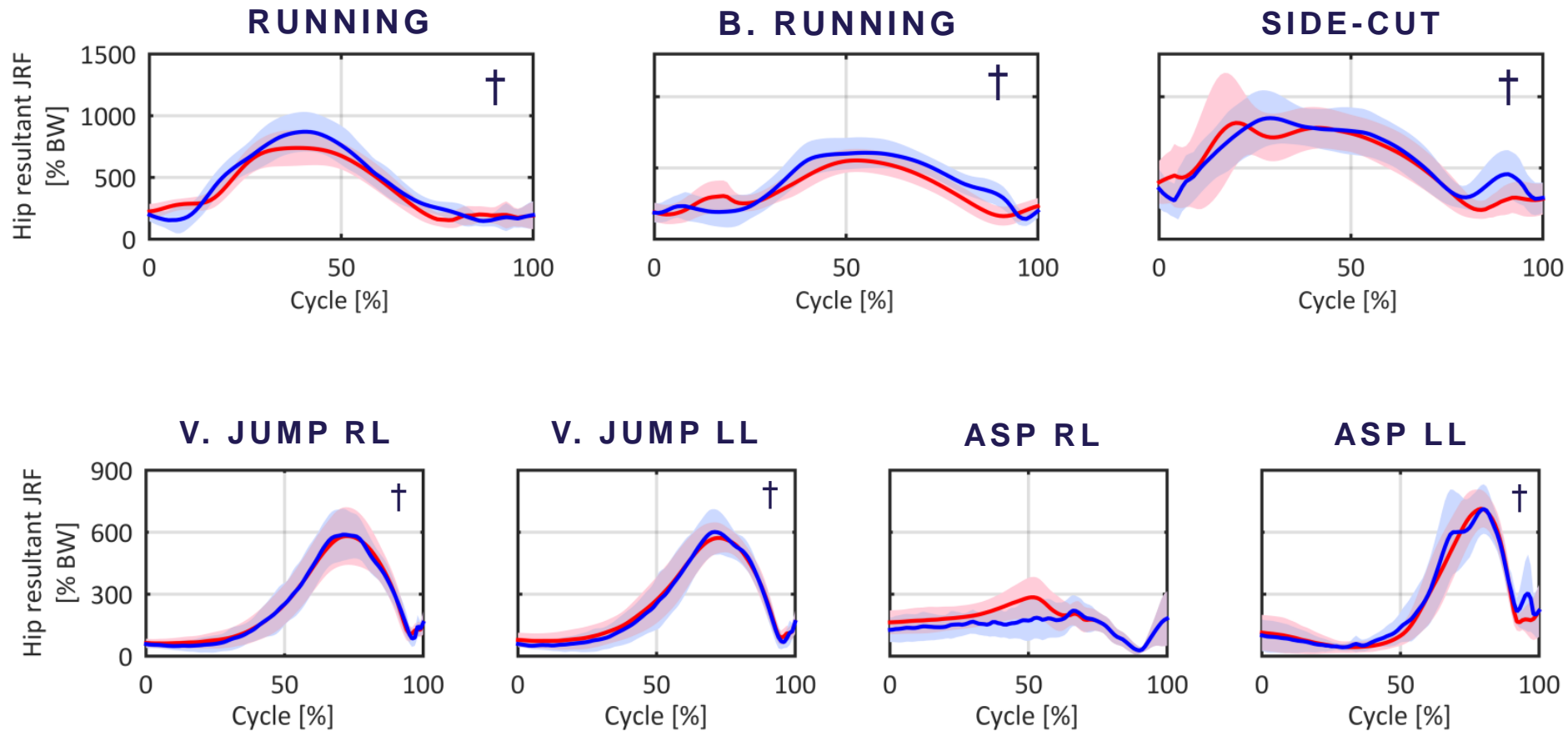
***r* ranging from 0.86 to 0.95, median 0.94**

**RED: Measured GRF&Ms**

**BLUE: Predicted GRF&Ms**

**Shaded areas: ± 1 STD**

# RESULTS



***r* ranging from 0.78 to 0.94, median 0.94**

**RED: Measured GRF&Ms**  
**BLUE: Predicted GRF&Ms**  
Shaded areas:  $\pm 1$  STD

† = sig. diff. peak forces

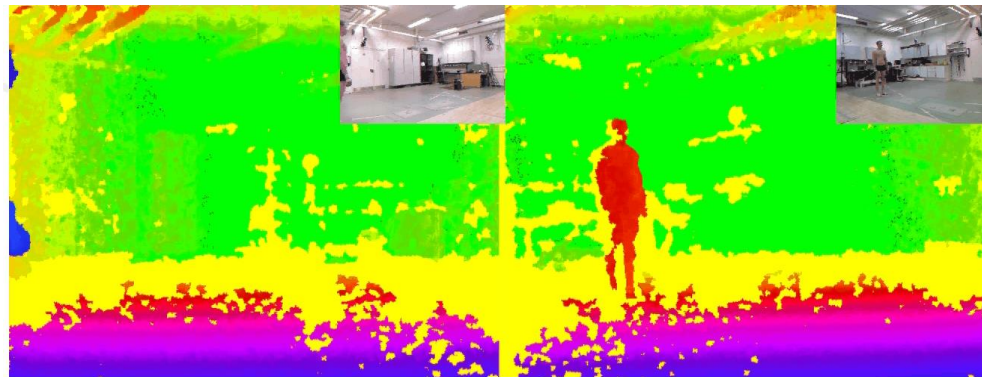
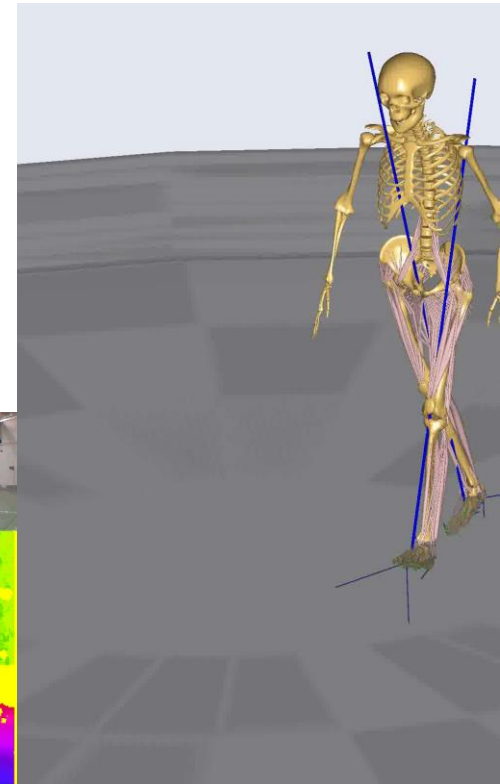
# DISCUSSION

- Comparable results for vertical GRFs, joint flexion moments, and resultant JRFs across all movements
- Majority of peak forces significantly different
  - Adjusting contact parameters a possible solution
- Discrepancies identified for, e.g., transverse GRM and HERM
  - Signal-to-noise ratio
  - Simple knee model (hinge joint)
- Areas to improve:
  - Foot-ground contact determination
  - More detailed knee and foot model
  - Sensitivity analysis on contact parameters



# CONCLUSION AND FUTURE WORK

- Could be used instead of force plate data
- Alternative to multi-setting instrumentation of force plates
  - Outdoor environments
  - Workplaces
  - Treadmills
- Combination with other motion analysis systems, e.g.,
  - Electromagnetic tracking systems
  - Accelerometers/gyroscopes
  - Marker-less systems, e.g., Sandau et al. (2014)
- Interface between MLS and AnyBody (Skals et al. 2014)



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# PREDICTION OF GROUND REACTION FORCES AND MOMENTS DURING SPORTS-RELATED MOVEMENTS

SEBASTIAN L. SKALS<sup>1</sup>, MOONKI JUNG<sup>2</sup>, MICHAEL DAMSGAARD<sup>2</sup>, MICHAEL S. ANDERSEN<sup>3</sup>

<sup>1</sup>DEPARTMENT OF HEALTH SCIENCE AND TECHNOLOGY, AALBORG UNIVERSITY, AALBORG, DENMARK

<sup>2</sup>ANYBODY TECHNOLOGY A/S, AALBORG, DENMARK

<sup>3</sup>DEPARTMENT OF MECHANICAL AND MANUFACTURING ENGINEERING, AALBORG UNIVERSITY, AALBORG, DENMARK

## REFERENCES

- AUDU, M. L., R. F. KIRSCH, AND R. J. TRIOLO. A COMPUTATIONAL TECHNIQUE FOR DETERMINING THE GROUND REACTION FORCES IN HUMAN BIPEDAL STANCE. *J. APPL. BIOMECH.* 19:361–371, 2003.
- AUDU, M. L., R. F. KIRSCH, AND R. J. TRIOLO. EXPERIMENTAL VERIFICATION OF A COMPUTATIONAL TECHNIQUE FOR DETERMINING GROUND REACTIONS IN HUMAN BIPEDAL STANCE. *J. BIOMECH.* 40:1115–1124, 2007.
- CHOI, A., J.-M. LEE, AND J. H. MUN. GROUND REACTION FORCES PREDICTED BY USING ARTIFICIAL NEURAL NETWORK DURING ASYMMETRIC MOVEMENTS. *INT. J. PRECIS. ENG. MANUF.* 14:475–483, 2013.
- EEL OH, S., A. CHOI, AND J. H. MUN. PREDICTION OF GROUND REACTION FORCES DURING GAIT BASED ON KINEMATICS AND A NEURAL NETWORK MODEL, *J. BIOMECH.* 46:2372–2380, 2013.
- FLUIT, R., M. S. ANDERSEN, S. KOLK, N. VERDONSCHOT, AND H. F. J. M. KOOPMAN. PREDICTION OF GROUND REACTION FORCES AND MOMENTS DURING VARIOUS ACTIVITIES OF DAILY LIVING. *J. BIOMECH.* 47:2321–2329, 2014.
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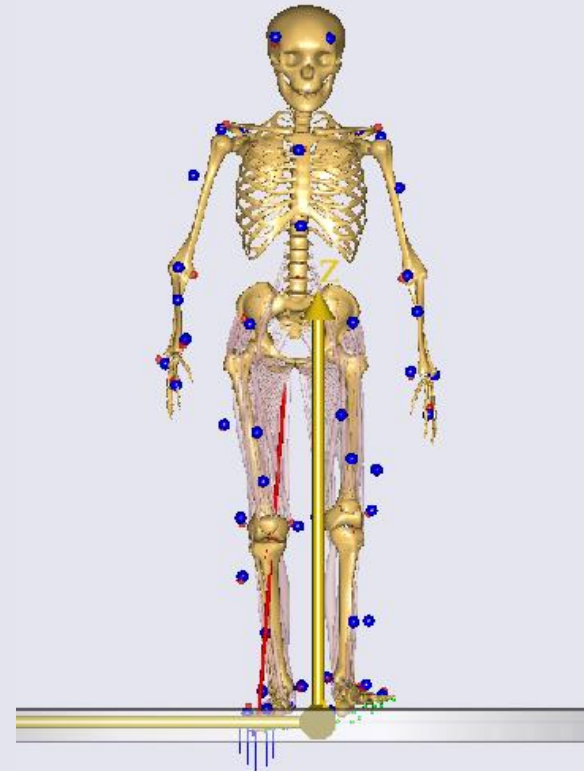
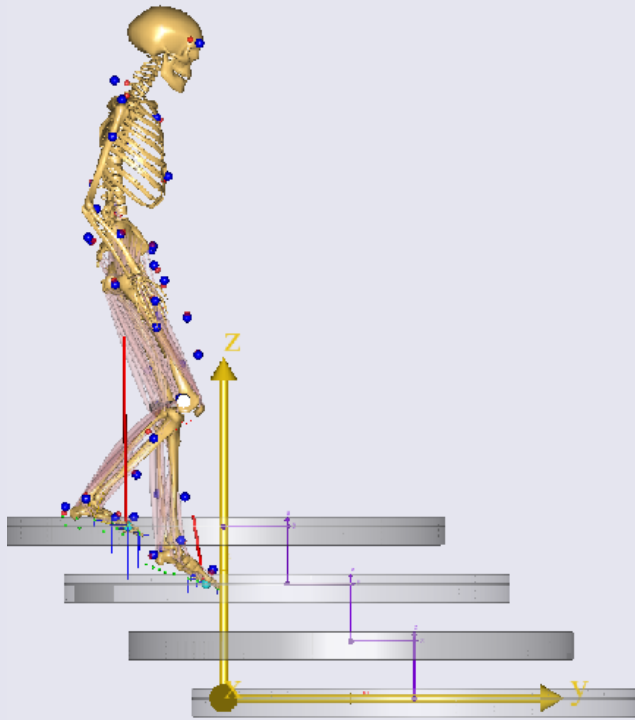
**AALBORG UNIVERSITY**  
DENMARK



# How does it work?

Associate Professor Michael Skipper Andersen, PhD

Department of Mechanical and Manufacturing Engineering, Aalborg University, Denmark

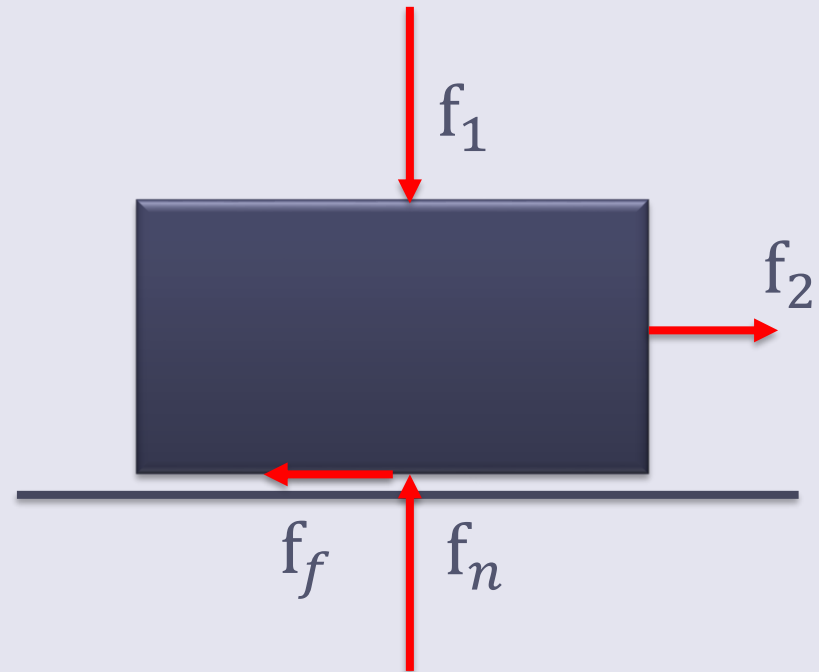


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# Coulomb friction

- Normal force is unilateral.
- Friction force and normal force are perpendicular.
- Friction force is limited by the normal force and friction coefficient.



$$f_n \geq 0$$

$$f_f \leq \mu f_n$$



# Muscle recruitment

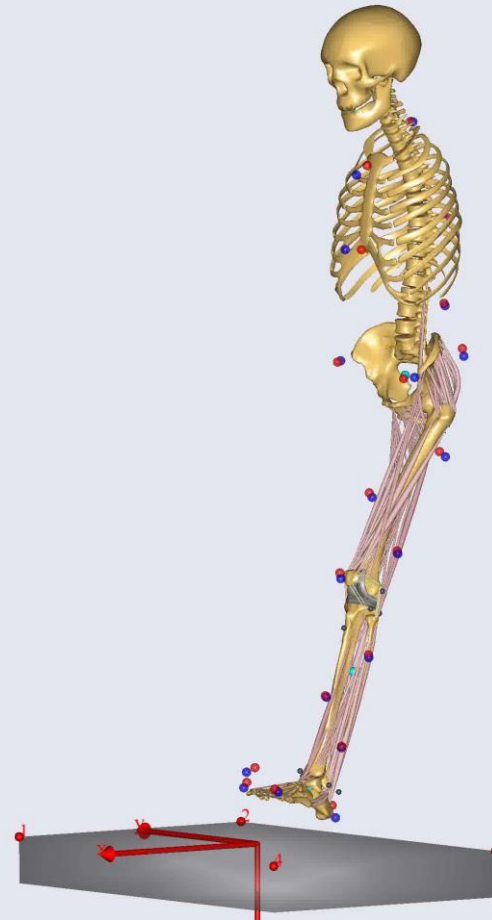
$$\begin{aligned} \min G(\mathbf{f}^{(m)}) \\ s. t. \quad \mathbf{C}\mathbf{f} = \mathbf{d} \\ \mathbf{f}^{(m)} \geq 0 \end{aligned}$$

- Min/max:

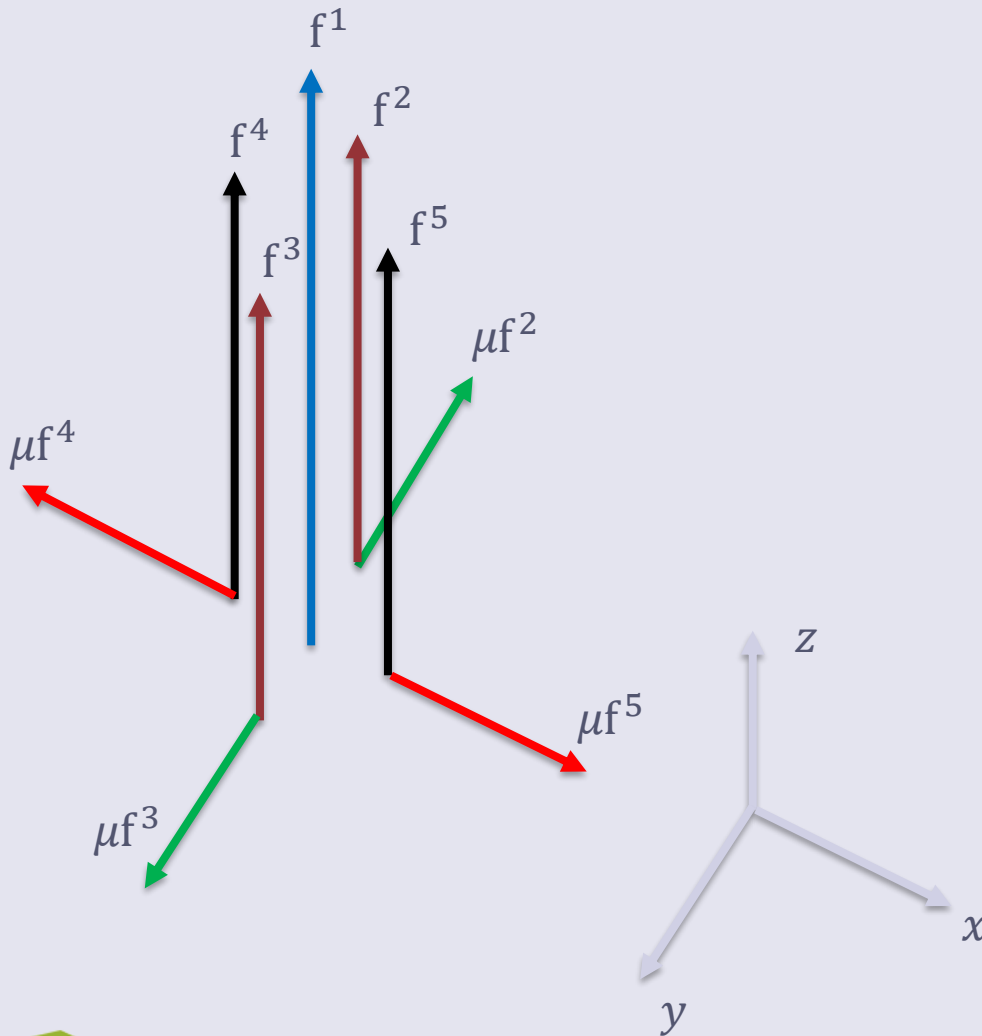
$$G(\mathbf{f}^{(m)}) = \max_i \left( \frac{f_i^{(m)}}{N_i} \right)$$

- Polynomial:

$$G(\mathbf{f}^{(m)}) = \sum_i^n \left( \frac{f_i^{(m)}}{N_i} \right)^p$$



# Implementation: forces



$$\mathbf{f}_n = \mathbf{f}^1 + \mathbf{f}^2 + \mathbf{f}^3 + \mathbf{f}^4 + \mathbf{f}^5$$

$$\mathbf{f}_f = \mu \mathbf{f}^2 + \mu \mathbf{f}^3 + \mu \mathbf{f}^4 + \mu \mathbf{f}^5$$

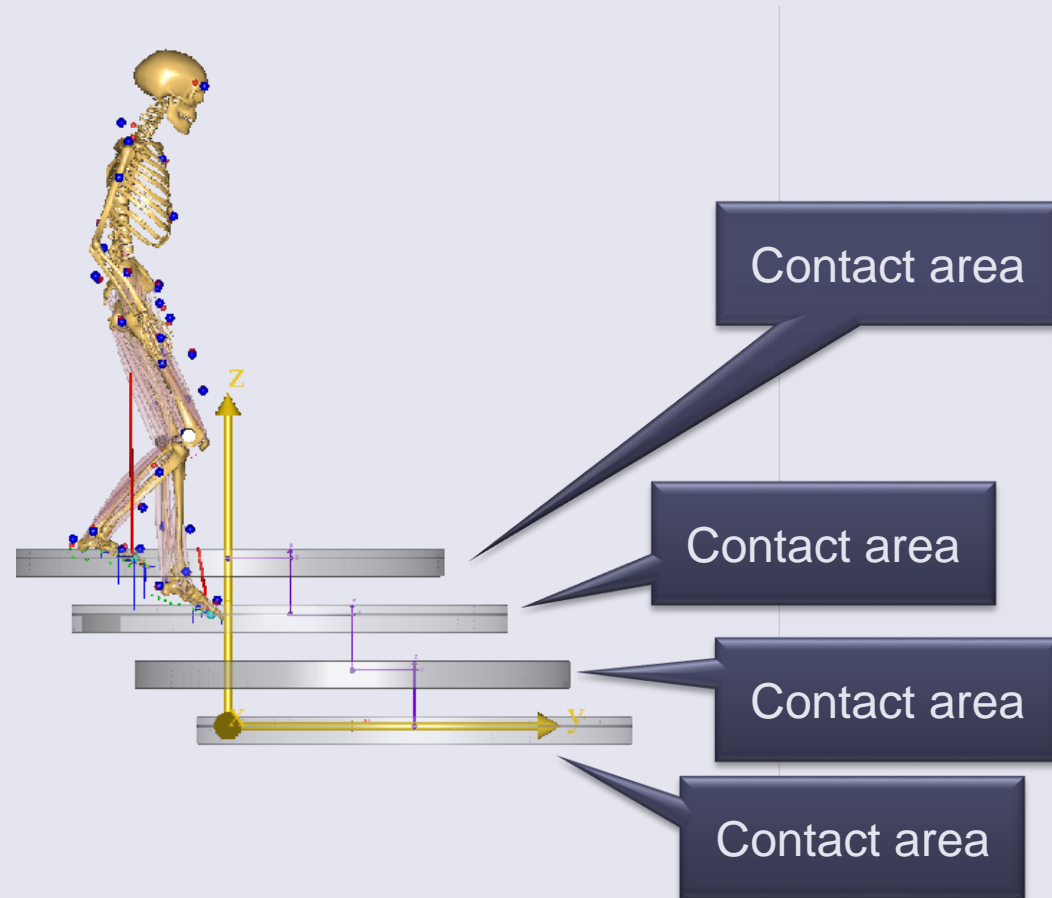
$$f^i \geq 0$$



# Implementation: contact

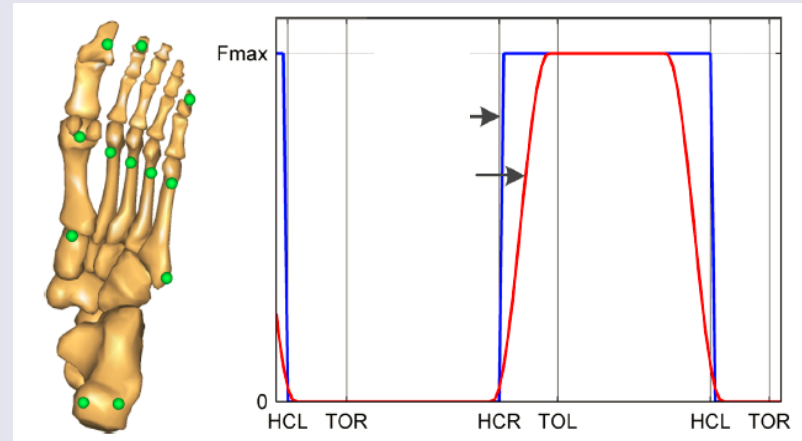
## Contact when:

- Node inside contact area.
- Node velocity small.



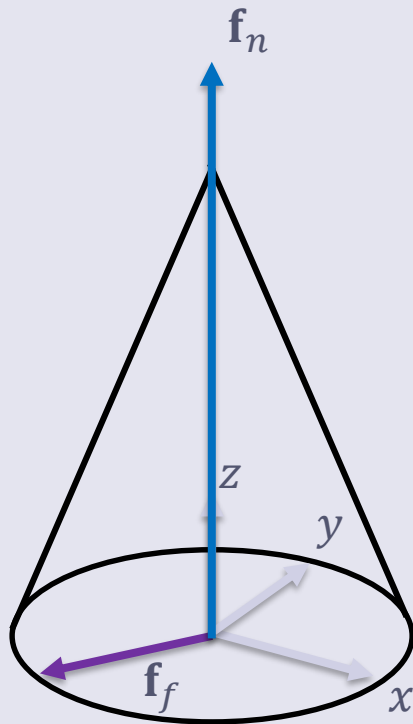
# Implementation: contact

- Contact controlled with the "muscle" strengths
- Transitions are smoothed.
- Smoothing approaches:
  - Post-process kinematics.
  - Smoothing based on node position and velocity.

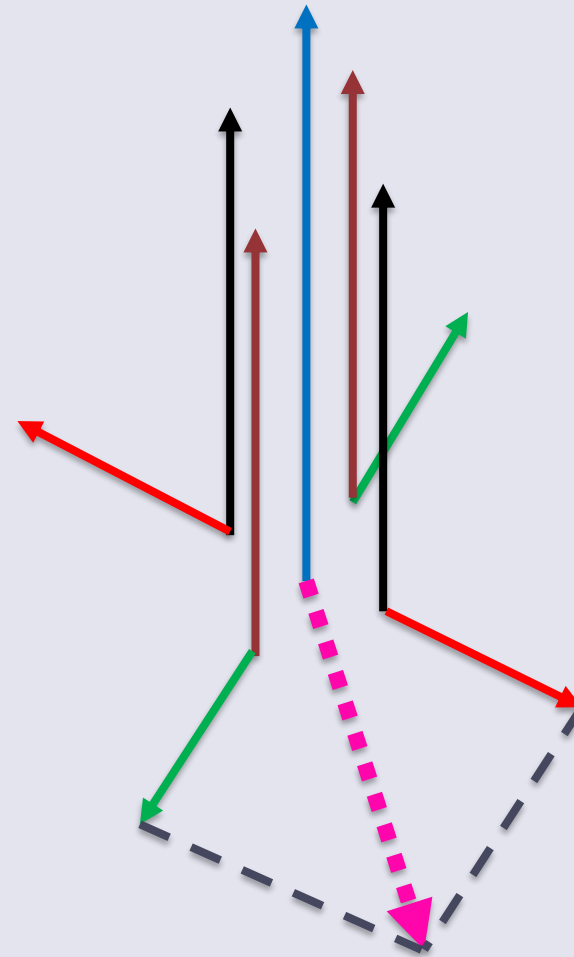




# Limitation friction cone vs friction box



$$\|\mathbf{f}_f\| = \sqrt{f_{f,x}^2 + f_{f,y}^2} \leq \mu \|\mathbf{f}_n\|$$



# Prediction of Ground Reaction Forces in Inverse dynamic simulations

MS Andersen<sup>1</sup>, R Fluit<sup>2</sup>, S Kolk<sup>3</sup>, N Verdonschot<sup>2,4</sup>, HFJM Koopman<sup>2</sup>, J Rasmussen<sup>1</sup>

<sup>1</sup>Department of Mechanical and Manufacturing Engineering, Aalborg University, Denmark

<sup>2</sup>Laboratory of Biomechanical Engineering, Faculty of Engineering Technology, University of Twente, The Netherlands

<sup>3</sup>Department of Rehabilitation, Radboud University Nijmegen Medical Centre, The Netherlands

<sup>4</sup>Orthopaedic Research Laboratory, Radboud University Nijmegen Medical Centre, The Netherlands



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7<sup>th</sup> World Congress of Biomechanics, Boston, 2014

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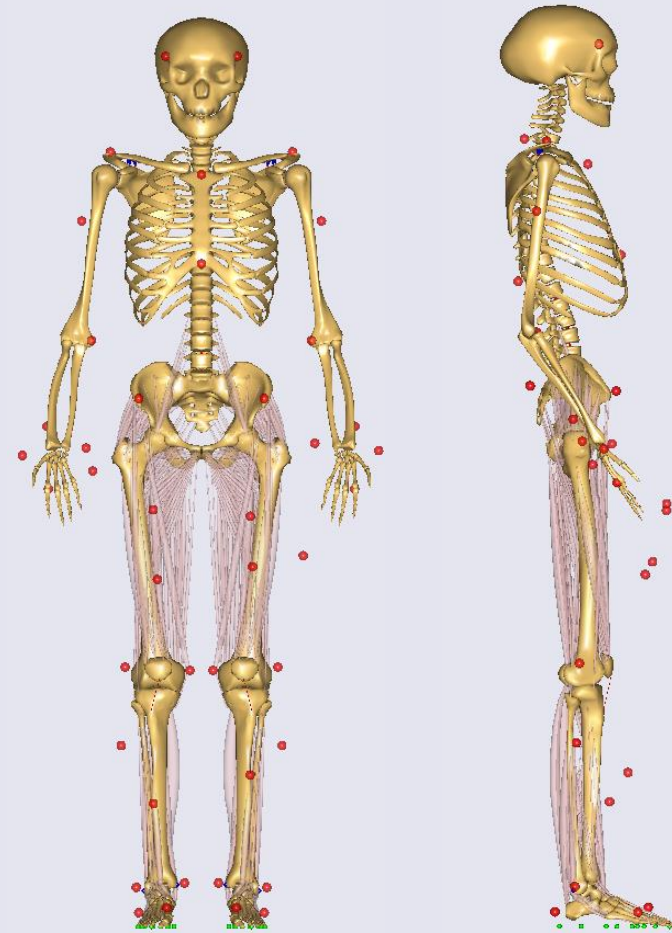
# Experimental data

- Nine healthy subjects (4 males and 5 females)
- Gait lab data.
  - Full-body marker set (53 markers).
  - Six-camera Vicon system (100 Hz sampling).
  - Two AMTI forceplates (1000 Hz).
- Activities of daily living (ADLs):
  - Walking at comfortable (CWS) speed
  - Walking at a slow (CWS-30%) speed.
  - Walking at a fast (CWS+30%) speed.
  - Walking over a 10, 20 and 30 cm obstacle.
  - Gait initiation and termination.
  - Deep squatting (DS).
  - Stair ascent (SA) and descent (SD).



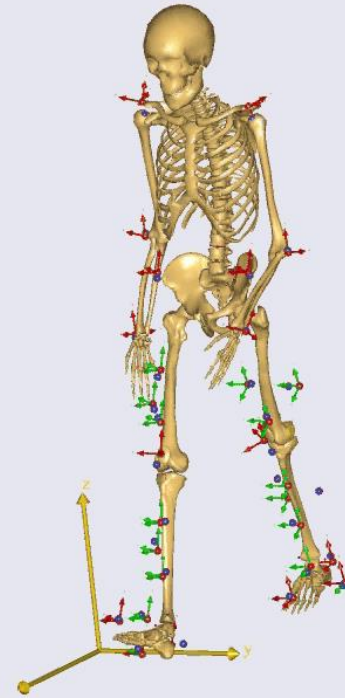
# Modelling

- The AnyBody Modeling System v. 5.3.1.
- New Twente lower extremity model (TLEM) v. 2.0. (Carbone et al, 2015).
- Hill-type muscle models.



# Modelling: scaling

- Segment length and marker location optimisation (Andersen et al. 2010).
- Performed on one gait trial per subject.



Produced with VideoMach  
[www.videomach.com](http://www.videomach.com)

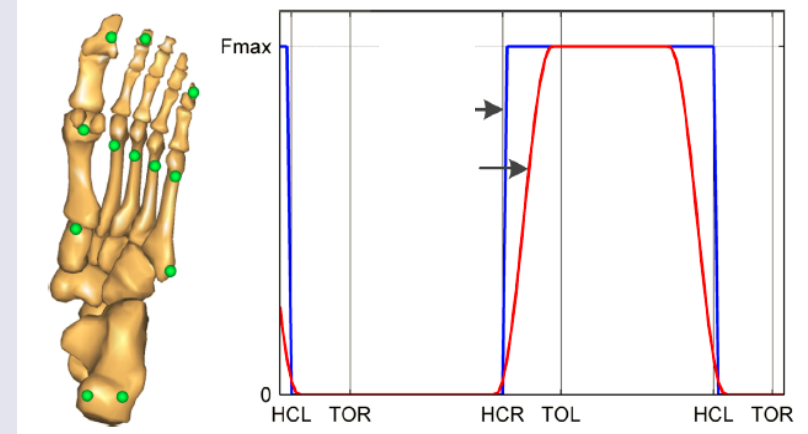
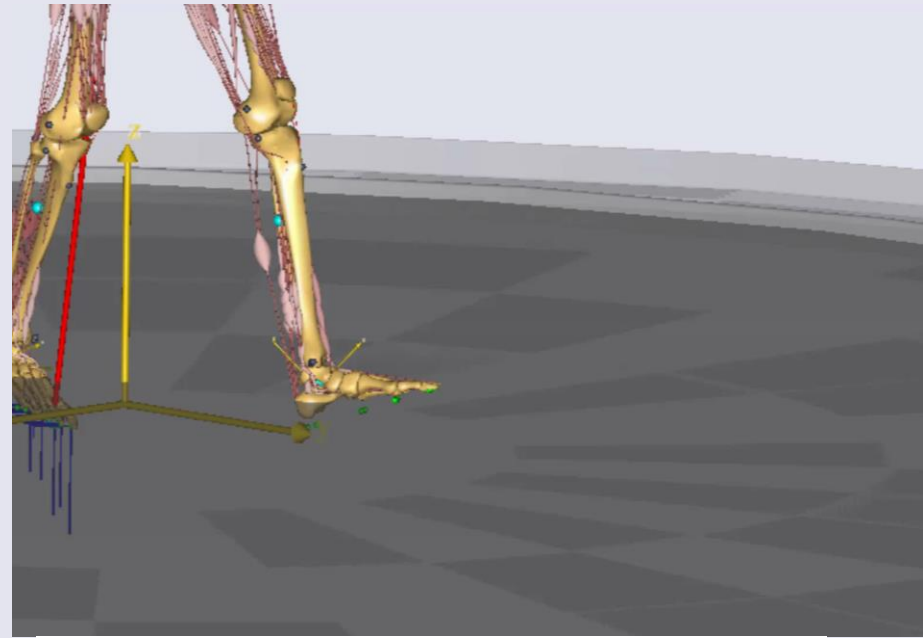


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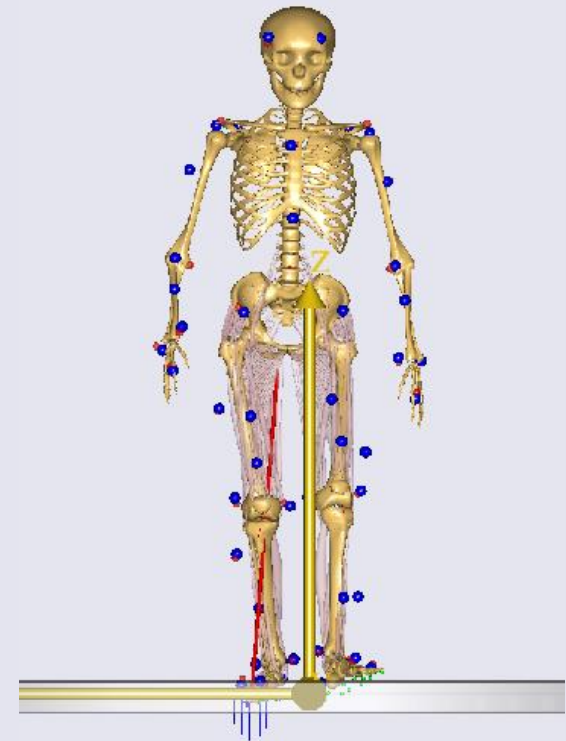
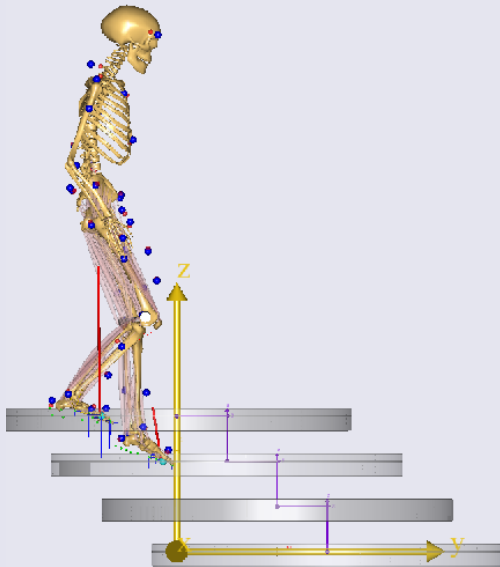
# Modelling: contact model

- Coulomb friction model.
- Normal and static friction forces modelled with muscle-like actuators.
- 12 contact points under each foot.
- Ground contact when:
  - Node close to the ground plane.
  - Node velocity small.
- Transitions are smoothed by controlling the strength of the contact "muscle".
- Residual "muscles" on pelvis with low strength.



# Modelling: inverse dynamics

- Simultaneously computes the muscle, joint and ground reaction forces.
- Masses distributed according to Winter.
- Strength: Length-mass-fat scaling (Rasmussen et al., 2005).
- Recruitment criterion: Sum of muscle activities cubed.



# Comparisons

- **Variables**

- GRF&M:

- Force plate reference frame.
    - Equivalent GRM at the location of the ankle joint center projected onto the force plate.

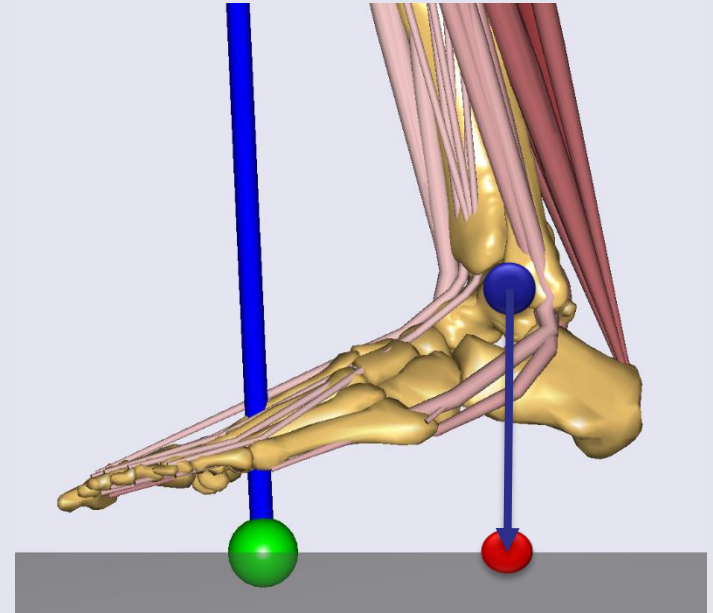
- Joint moments.

- **Metrics**

- Root-mean-square difference (RMSD).
  - Pearson correlation coefficient,  $\rho$ .

- **Statistics**

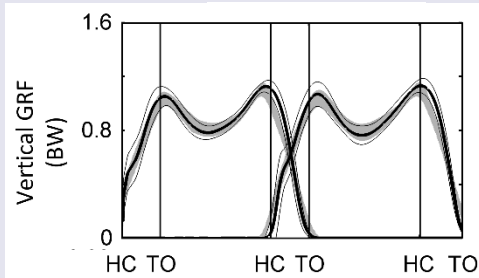
- Two-tailed Wilcoxon signed rank test.
    - Mean GRF&M.
    - Peak GRF&M.



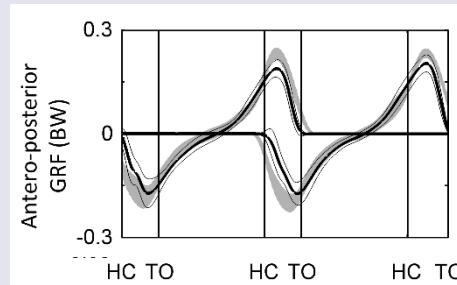


# CWS results: GRF&M

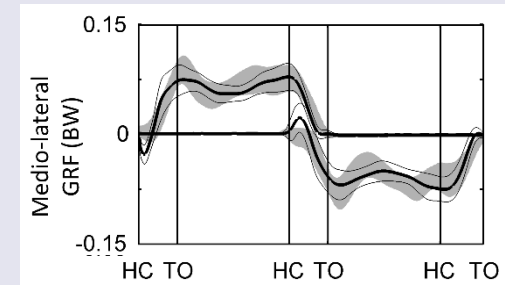
**RMSD: 0.08 (0.01) BW**  
 $\rho: 0.96$



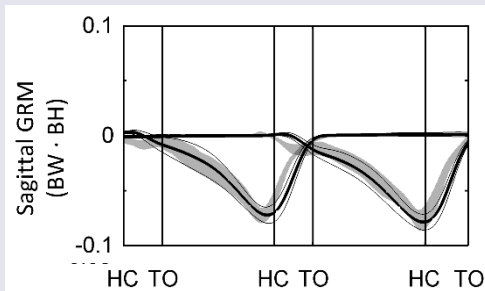
**RMSD: 0.04 (0.01) BW**  
 $\rho: 0.96$



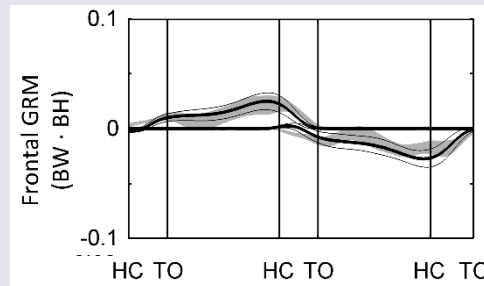
**RMSD: 0.02 (0.00) BW**  
 $\rho: 0.82$



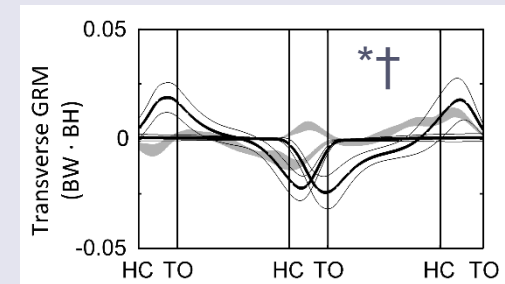
**RMSD: 0.02 (0.01) BW**  
 $\rho: 0.92$



**RMSD: 0.01 (0.00) BW**  
 $\rho: 0.68$



**RMSD: 0.02 (0.01) BW**  
 $\rho: 0.70$

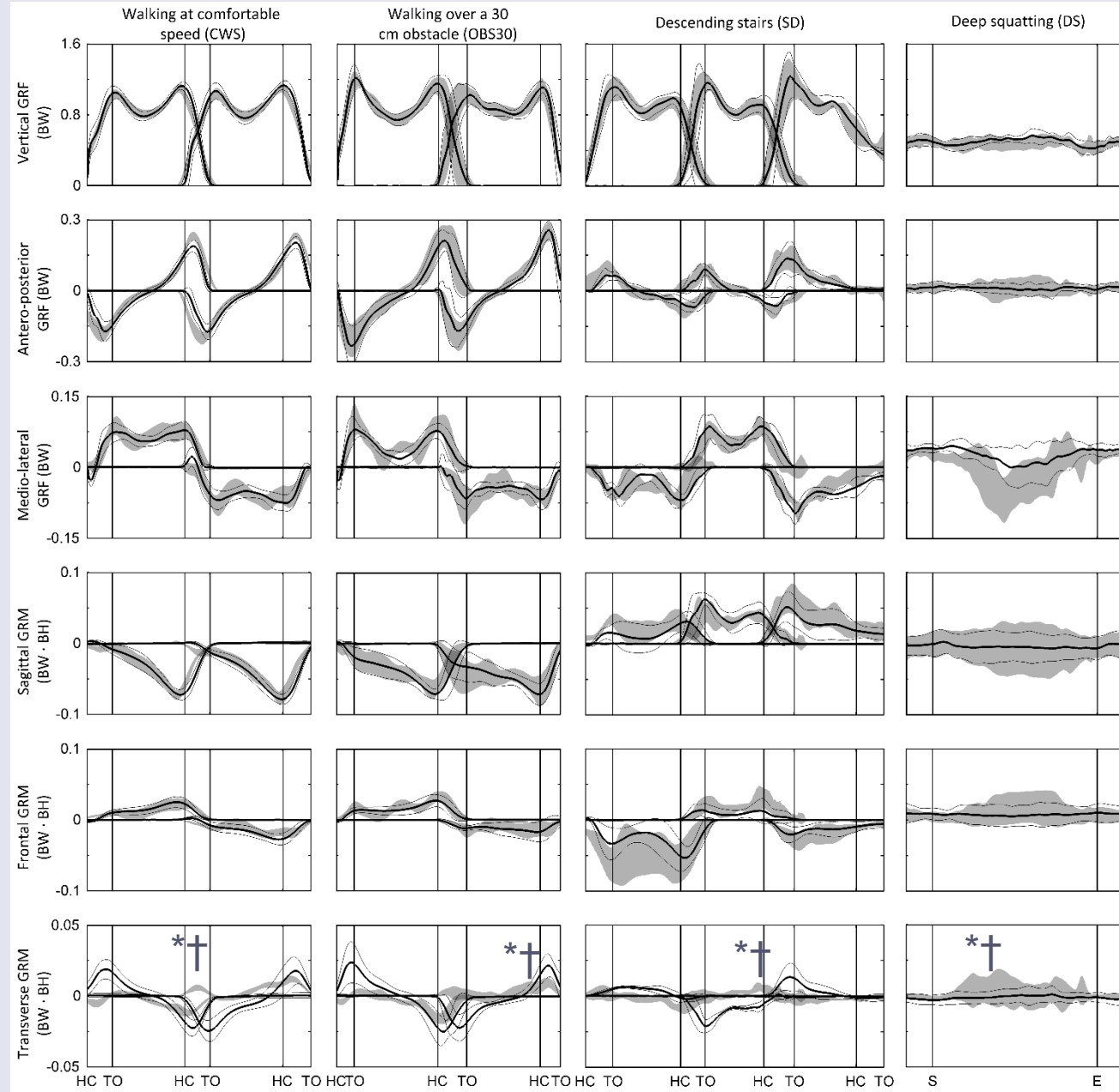


- Black, solid line: mean experimental data.
- Thin lines:  $\pm 1$  SD in the experimental data.
- Gray area: predicted mean  $\pm 1$  SD.

\*: significant difference in mean.  
†: significant difference in peak.



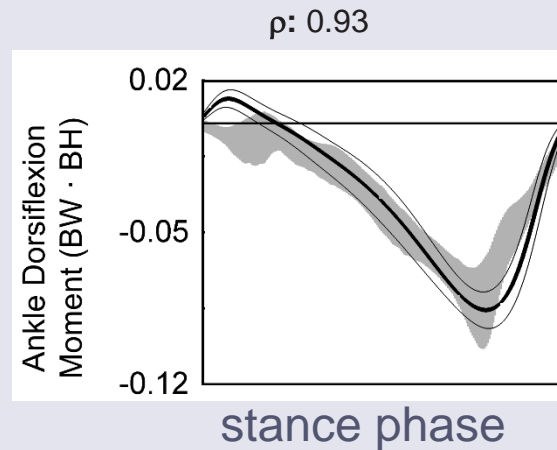
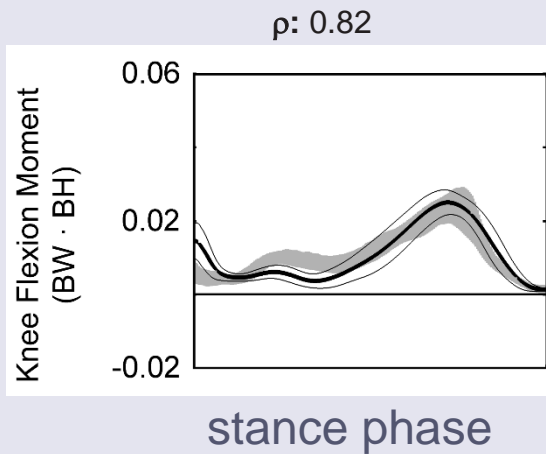
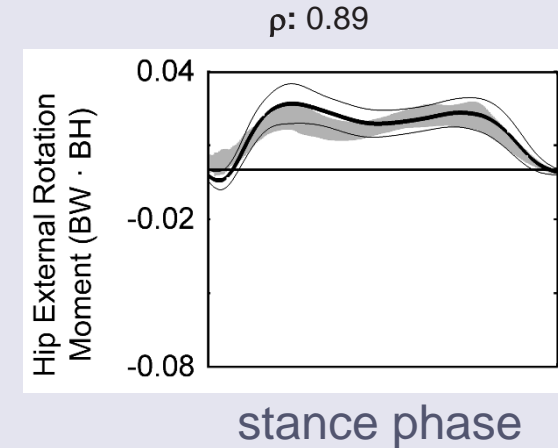
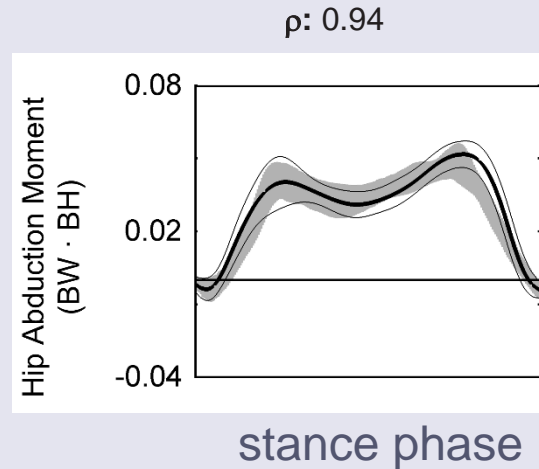
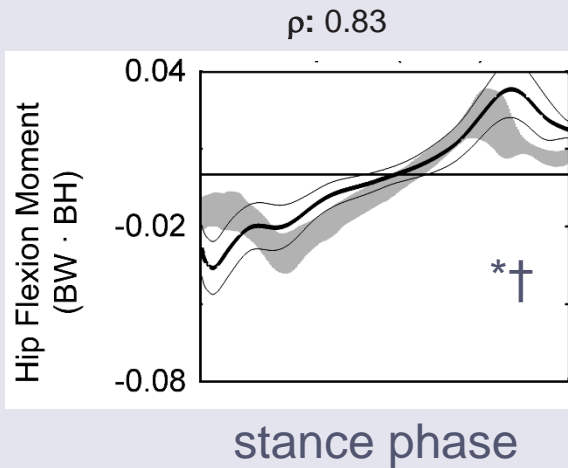
# Results: GRF&M



\*: Significant difference in mean.  
 †: Significant difference in peak.  
 p < 0.05

- **Black, solid line:** mean experimental data.
- **Thin lines:**  $\pm 1$  SD in the experimental data.
- **Gray area:** predicted mean  $\pm 1$  SD.

# CWS results: Joint moments



\*: significant difference in mean.  
†: significant difference in peak.  
 $p < 0.05$



- Black, solid line: mean experimental data.
- Thin lines:  $\pm 1$  SD in the experimental data
- Gray area: predicted mean  $\pm 1$  SD

# Conclusions

- Generally, very good agreements between predicted and measured GRF&Ms were found.
- The prediction was poorest for the transverse GRM.
  - Likely caused by the hinge knee model.
- Potential applications:
  - Predictive models.
  - Measurement systems using inertial measurement units only.
  - Treadmill gait without force plates.
  - To improve dynamic consistency in inverse dynamic simulations.



# Further reading

- Fluit et al. 2014. Prediction of ground reaction forces and moments during various activities of daily living. *J. Biomech.* 47(10), 2321–2329
- Jung et al. 2014. Ground reaction force estimation using an insole-type pressure mat and joint kinematics during walking, *J Biomech.* 47(11), 2693-2699
- Skals 2015. Prediction of ground reaction forces and moments during sports-related movements, Master's Thesis, Aalborg University, Denmark



# Thank you!

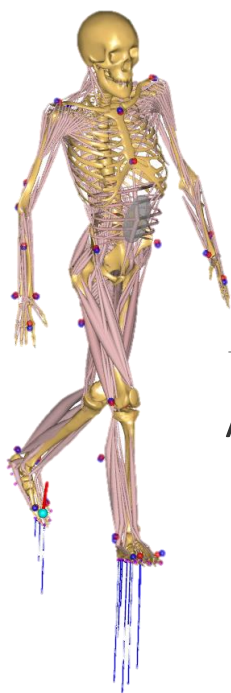
Michael Skipper Andersen, Ph.D.  
Associate Professor  
Department of Mechanical and  
Manufacturing Engineering  
Aalborg University  
[msa@m-tech.aau.dk](mailto:msa@m-tech.aau.dk)



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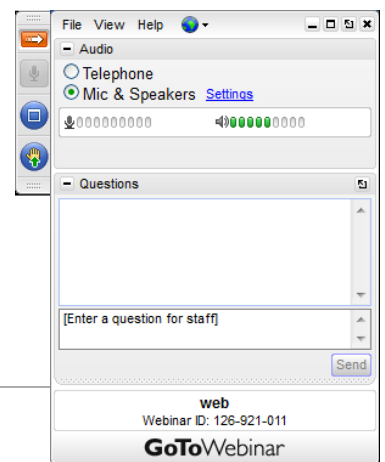
  
RESEARCH PROJECT

Any questions for the presenters?  
Just ask them now...



# Hands on...

ADDING GRF PREDICTION TO A MOCAP MODEL



# Get the code...

- GRF prediction has always been possible AnyBody for long time, but it has not be easy...
- We have wrapped the code in AnyScript class templates to make it easy to use...
- Available on the [wiki.anyscript.org](http://wiki.anyscript.org)

wiki.anyscript.org

ANYSCRIPT COMMUNITY

page discussion edit history move watch

## Main Page

AnyScript Support Wiki

This wiki is all about supporting the AnyScript modeling language and and AnyBody Modeler.

Feel free to add!

More Tips & Tricks can be found on the AnyBody YouTube channel

### General use of AnyBody

- General description of AnyBody
- AnyBody - AMS Basics
- AnyBody - How to get the AMMR?
- AnyBody - Medical terms
- Requirements for the AnyBody Modeling System
- License and Installation

### AMS Tips and Tricks:

- Model trouble shooting
- All about Kinematics
- All about Kinetics
- All about AnyBody Modeling System
- All about Muscles

### AMS advanced

- All about
- All about
- All about Surface Contact Modeling
- Running several files as batch
- Saving output files with index in name in parameter studies
- How to add a rotating camera to record a model
- Add ground reaction force prediction to a model

AnyBody Technology

## GROUND REACTION FORCE PREDICTION MOCAP EXAMPLE

### Introduction

Motion capture data is often recorded without force plates. In traditional inverse dynamics, this would make it impossible to perform a kinetic analysis. However, AnyBody has the possibility to predict ground reaction forces (GRF), so you make inverse dynamics models based on recorded motion without GRF force measurement (Fluit et al., 2014; Jung et al., 2014).

GRF prediction relies on conditional contacts added to the feet of the model. The conditional contacts work as force actuators to generate the normal and frictional forces necessary to balance model. Mathematically, the actuators are modelled similarly to

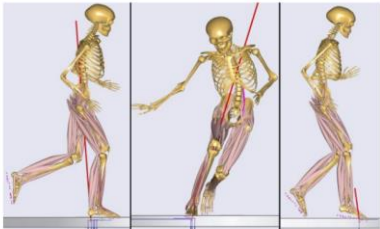


# Time for questions:

---

wiki.anyscript.org

AnyBody Technology  
**GROUND REACTION FORCE PREDICTION**  
MOCAP EXAMPLE



**Introduction**

Motion capture data is often recorded without force plates. In traditional inverse dynamics, this would make it impossible to perform a kinetic analysis. However, AnyBody has the possibility to predict ground reaction forces (GRF), so you make inverse dynamics models based on recorded motion without GRF force measurement (Fuit et al., 2014; Jung et al., 2014).

GRF prediction relies on conditional contacts added to the feet of the model. The conditional contacts work as force actuators to generate the normal and frictional forces necessary to balance model. Mathematically, the actuators are modelled similarly to muscles and the contact forces are determined by the muscle recruitment optimization.

## AnyBody events:

- Oct. 27<sup>th</sup> Webcast:
  - Title: Load Analysis of the hip joint for occupational activities
  - Presenter: Dipl.-Ing. Patrick Varady. Institute of Biomechanics, Trauma Center Murnau and Paracelsus Medical University Salzburg
- Oct. 26<sup>th</sup> to 30<sup>th</sup> HFES 2015 (Los Angeles)
  - Send us an email to schedule a meeting: [sales@anybodytech.com](mailto:sales@anybodytech.com)

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