

# Thoracic Spine, Ribcage and Abdominal Model

in AnyBody Modeling System

# Outline

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- History of this study and paper list
- New thoracic spine and ribcage model
  - Spine drivers
  - Ribcage constraints
- New abdominal pressure model
  - Abdominal layers and volumes
  - Diaphragm
  - Abdomen mechanism
- Detailed muscle configuration
- Few examples
  - Bending spine and Scoliosis model
  - Thoracic MOCAP model
  - Scoliosis MOCAP model
- Q&A session

## Presenter

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Engineer  
AnyBody Technology



## Host

Kristoffer Iversen  
Head of Sales  
AnyBody Technology



# History of this study

- Started in 2019 from my PhD in Aalborg university
  - Supervisor: Prof. John Rasmussen
  - Funding from the European Union's Horizon 2020 research and innovation programme under the Marie Skłodowska-Curie grant agreement No. [764644].
  
- Continued in AnyBody Technology from 2022

# Paper list:

1. Shayestehpour, H., Rasmussen, J., Galibarov, P., Wong, C.: **An articulated spine and ribcage kinematic model for simulation of scoliosis deformities.** Multibody Syst. Dyn. 53, 115–134 (2021). <https://doi.org/10.1007/s11044-021-09787-9> (Published)
  2. Hamed Shayestehpour, Søren Tørholm, Michael Damsgaard, Morten Lund, Christian Wong, John Rasmussen: **A generic detailed multibody thoracic spine and ribcage model.** Multibody Syst. Dyn.
  3. Hamed Shayestehpour, Søren Tørholm, Michael Damsgaard, Morten Lund, Christian Wong, John Rasmussen: **A generic detailed multibody abdominal and diaphragm model.** Multibody Syst. Dyn.
  4. Hamed Shayestehpour, Mohammad Amin Shayestehpour, Christian Wong, John Rasmussen: **Kinetic investigation of a thoracolumbar spine model including the ribcage.** Journal of Biomechanics.
  5. Hamed Shayestehpour, Mohammad Amin Shayestehpour, Christian Wong, Jesper Bencke, John Rasmussen: **Biomechanical Analysis of Adolescent Idiopathic Scoliosis: Investigating Muscle Activation Asymmetry during Gait Using a Comprehensive Thoracic Musculoskeletal Model.** EORS conference 2024.
- **2,3,4,5:** Not published yet.

Previous version of the ribcage model

New thoracic spine and ribcage model

New abdominal pressure model

Detailed muscle configuration and model validation

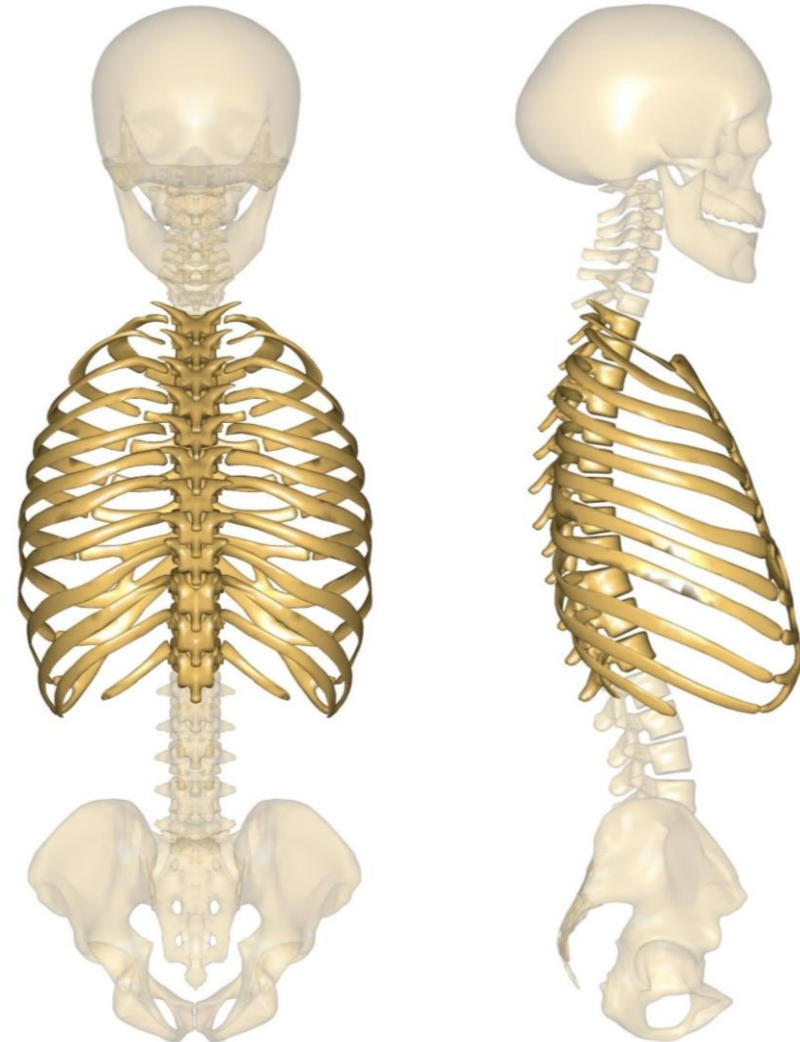
Scoliosis MOCAP model

# New thoracic spine and ribcage model

```
#define BM_TRUNK_THORACIC_MODEL _THORACIC_MODEL_FLEXIBLE_
```

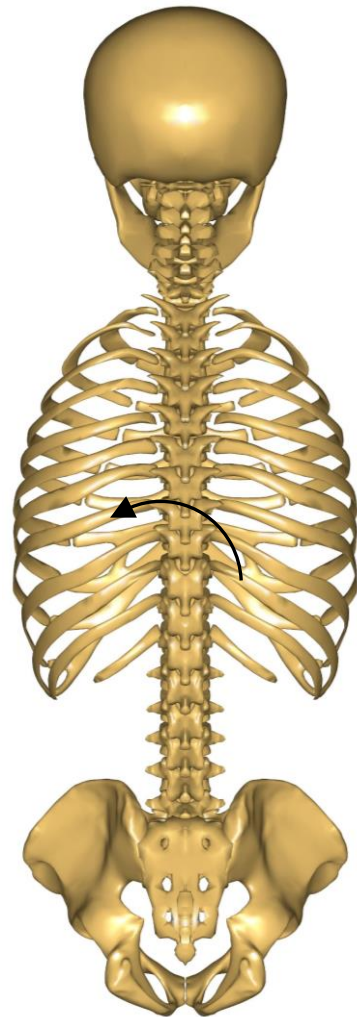
## New bony segments:

- 12 thoracic vertebrae
- 24 ribs (left and right)
- 2 sternum segments



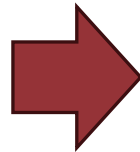


# New thoracic spine and ribcage model



**Ribcage is driven by newly defined averaging measure**

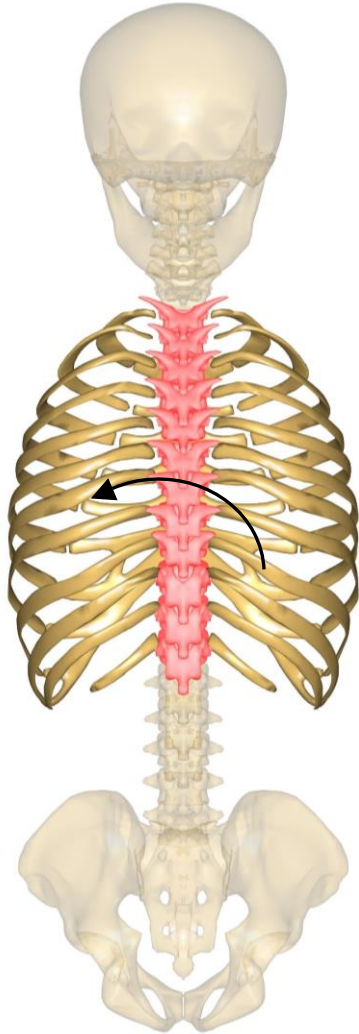
Drive the spine



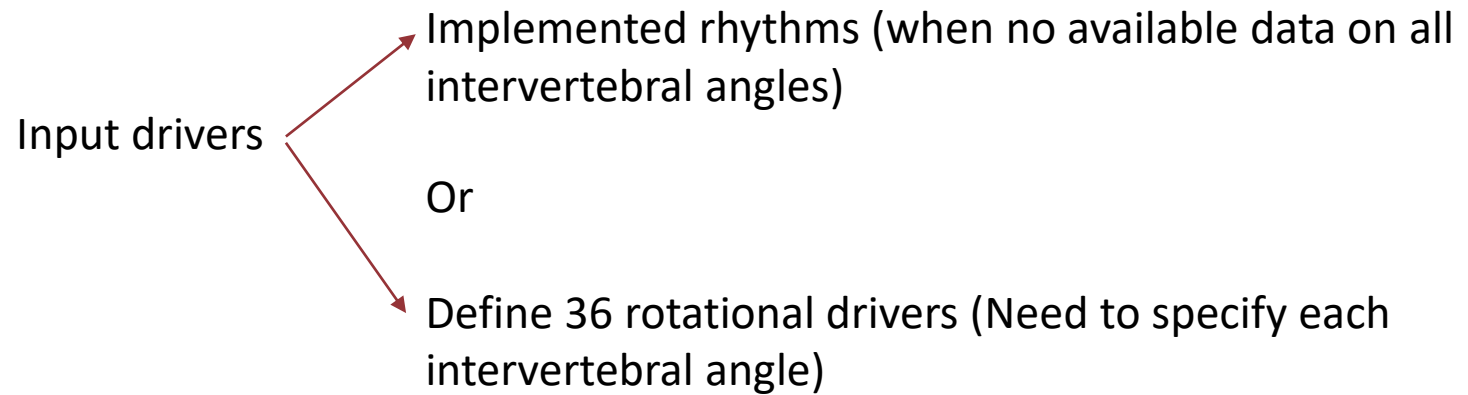
**Features:**

1. Determinate ribcage kinematics → No need for extra input drivers
2. Simulate detailed ribcage kinematics
3. Wide range of spine motion (robust)
4. Easy to use (MOCAP models)
5. Kinematically validated to:
  - Specimen's rib movements
  - Scoliosis rib movements

# Spine Drivers (model input)

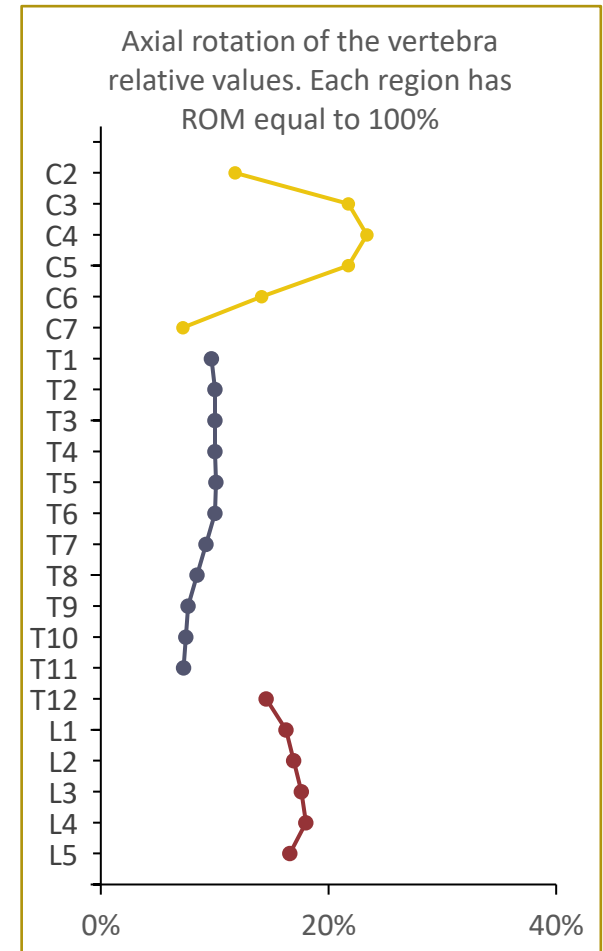
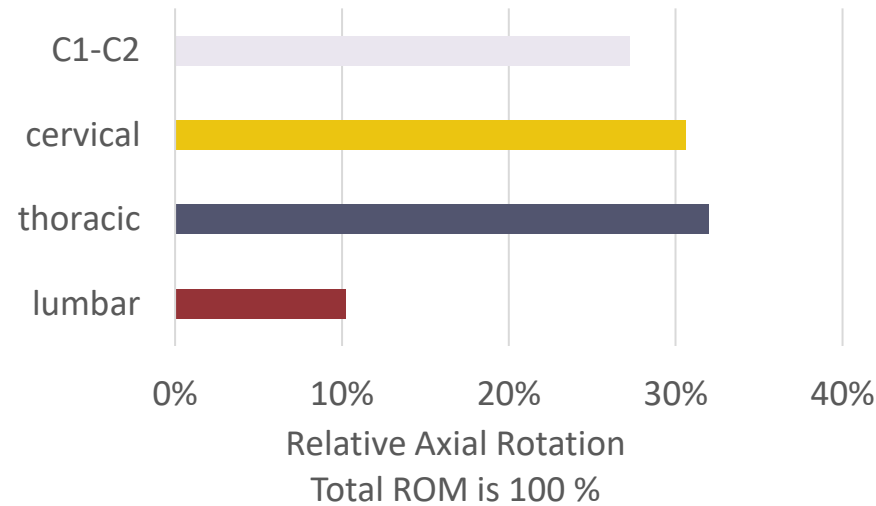
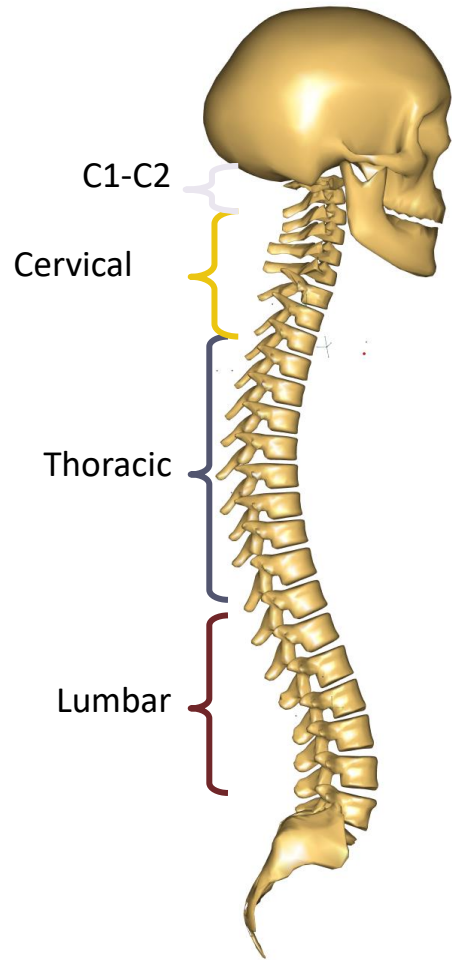


Thoracic spine DoFs:  
Spherical joints + 36 rotational DoFs (Input)



# Spine Drivers: Implemented rhythms

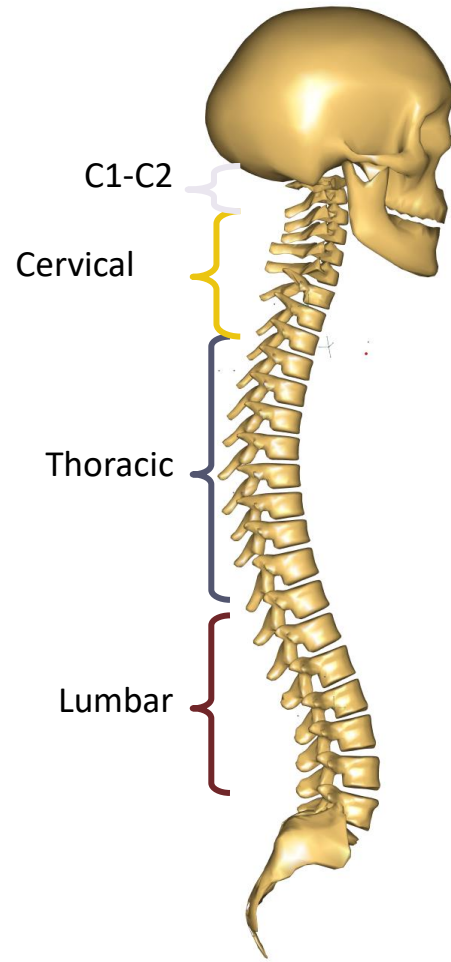
- Explained in previous webcast by my colleague Morten Lund (Webcast: AMS 8)





# Spine Drivers: Implemented rhythms

- Explained in previous webcast by my colleague Morten Lund (Webcast: AMS 8)



## Entire spine needs only 3 rotational drivers

```
RhythmDriverLinear AxialRotationRhythmDriver(RELATIVE_TO_DOF=10, _REDEFINE_VARIABLES=On) =
{
  AnyFloat RhythmCoefficients ??= {0.0727, 0.0747, 0.0766, 0.0845, 0.0923, 0.1002, 0.1012,
0.1002, 0.1002, 0.1002, 0.0972};

  Measures.Input = {
    AnyKinMeasure& T11T12_ref = .T11T12.Rotation;
    AnyKinMeasure& T10T11_ref = .T10T11.Rotation;
    AnyKinMeasure& T9T10_ref = .T9T10.Rotation;
    AnyKinMeasure& T8T9_ref = .T8T9.Rotation;
    AnyKinMeasure& T7T8_ref = .T7T8.Rotation;
    AnyKinMeasure& T6T7_ref = .T6T7.Rotation;
    AnyKinMeasure& T5T6_ref = .T5T6.Rotation;
    AnyKinMeasure& T4T5_ref = .T4T5.Rotation;
    AnyKinMeasure& T3T4_ref = .T3T4.Rotation;
    AnyKinMeasure& T2T3_ref = .T2T3.Rotation;
    AnyKinMeasure& T1T2_ref = .T1T2.Rotation;
  };
};
```

# Ribcage constraints

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## Determinate ribcage kinematics

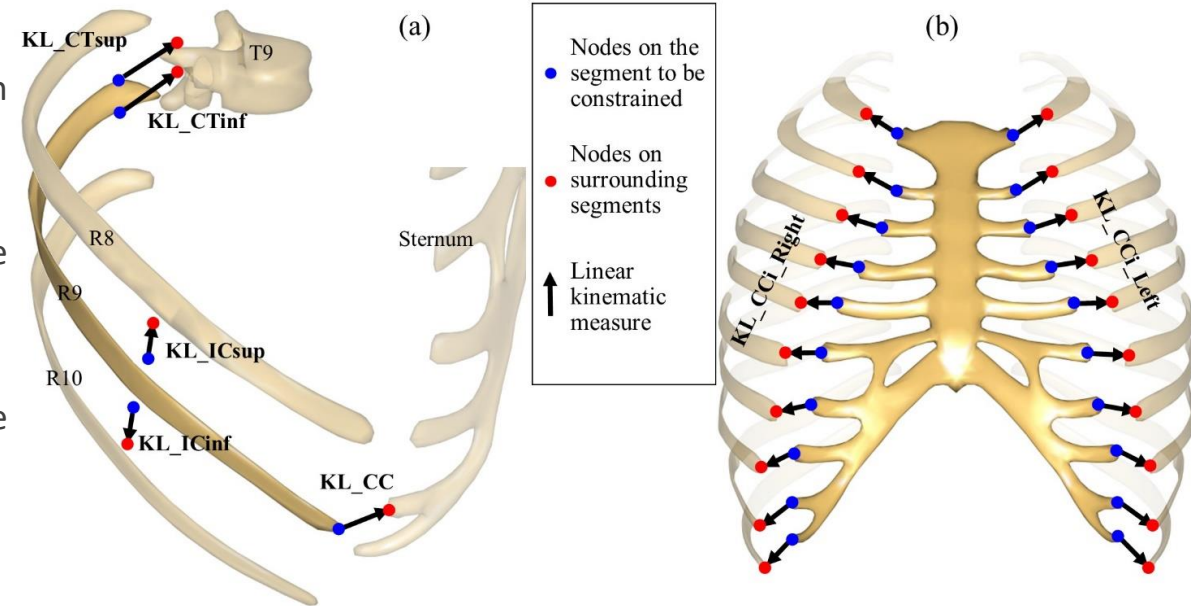
- **The complexity is due to multiple closed loops that forms the ribcage**
- Anatomical joint definition
- Replicate pathological deformities corresponding to clinical imaging

# Ribcage constraints

## Averaging measure:

- Physically interpreted as the static equilibrium position between multiple linear springs (kinematics only).
- Constrain one segment to multiple others in an average sense (facilitates a kinematically determinate model with closed loops).
- Comprise three linear and three rotational sub-measures, which can be constrained.

Spherical joint in costovertebral joint node (connecting the ribs to vertebrae)



# New abdominal pressure model

---

```
#define BM_TRUNK_CAVITY_MODEL _CAVITY_MODEL_VOLUME_
```

## Objects and features:

- 5 moving layers + pelvic layers
- 6 deformable volumes (New measure [AnyKinVolumeCylMesh](#))
- Volumes can hold pressure, which can be transferred to adjacent objects
- Allow layer movements anteriorly (obesity)

# Abdominal layers and volumes

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## Layer constraints:

- Spherical joints to relative vertebra (constrain three linear DoFs)
- Averaging constraints to find the layer position (constrain three rotational DoFs)



# Abdominal layers and volumes

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## Segments and Constraints inside each layer:

- 4 segments connected with prismatic joints to each other
- Transfer the pressure through prismatic joints to adjacent layers and finally get balanced by muscles
- Can move anteriorly to simulate obesity

# Diaphragm

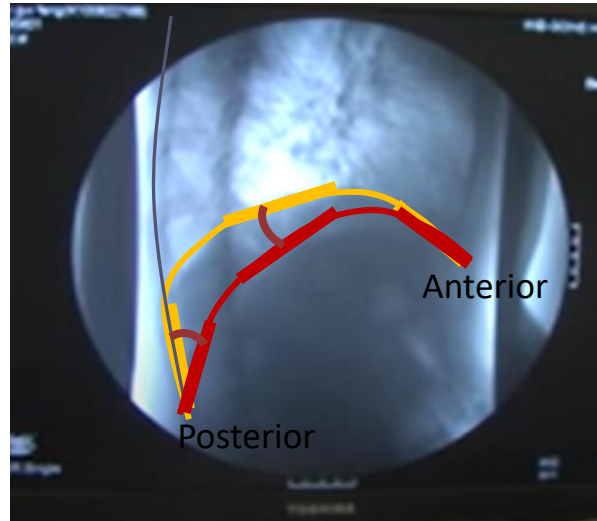
---

## Segments and Constraints:

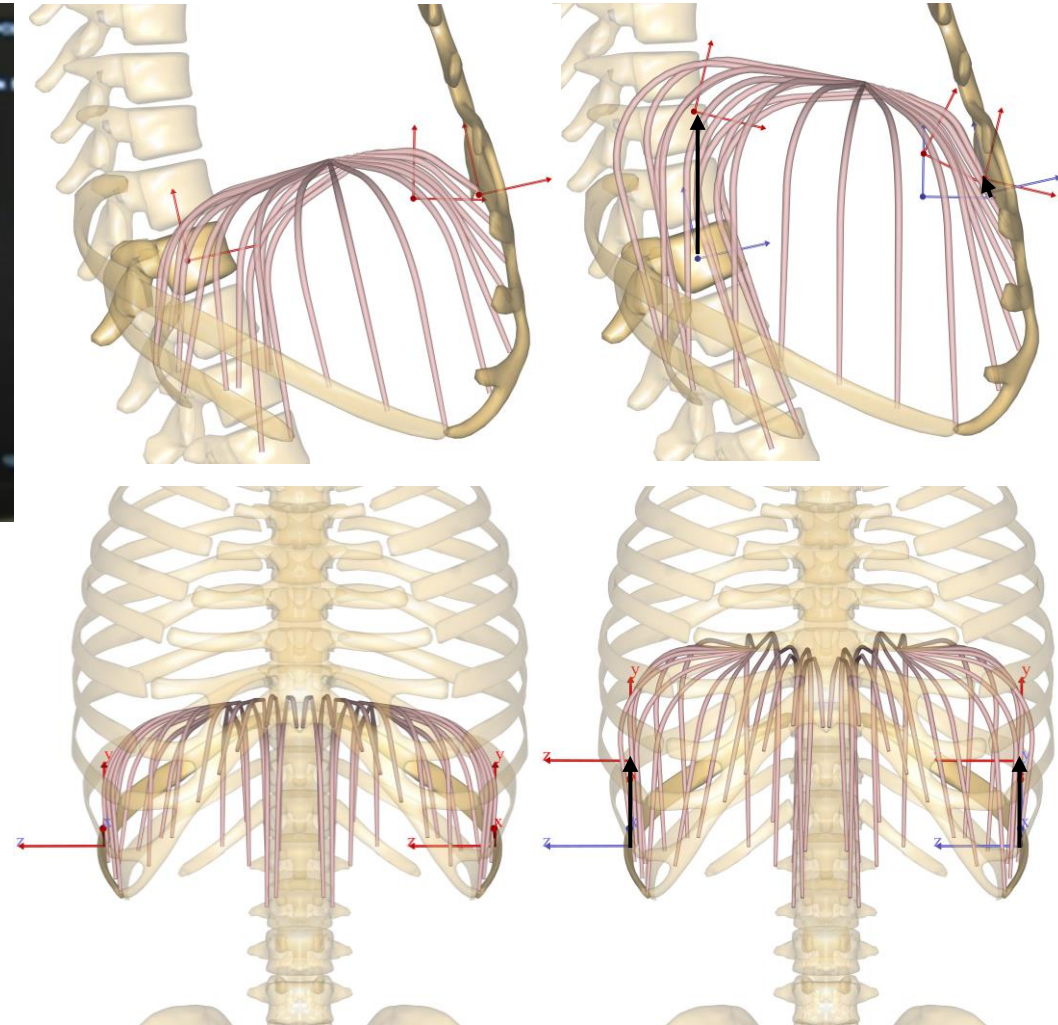
- Pressure is transferred to the top layer
- 4 segments, which constrained by surrounding ribs, sternum and vertebrae
- This mechanism allows to transfer the pressure through the volume to the top segments
- Diaphragm muscles balance the pressure force

# Diaphragm

- Superoinferior diaphragm movement
- Diaphragm movement correspond to fluoroscopy movements
- Dome shape diaphragm with proper muscle wrapping
- Evenly distributed force on diaphragm muscles

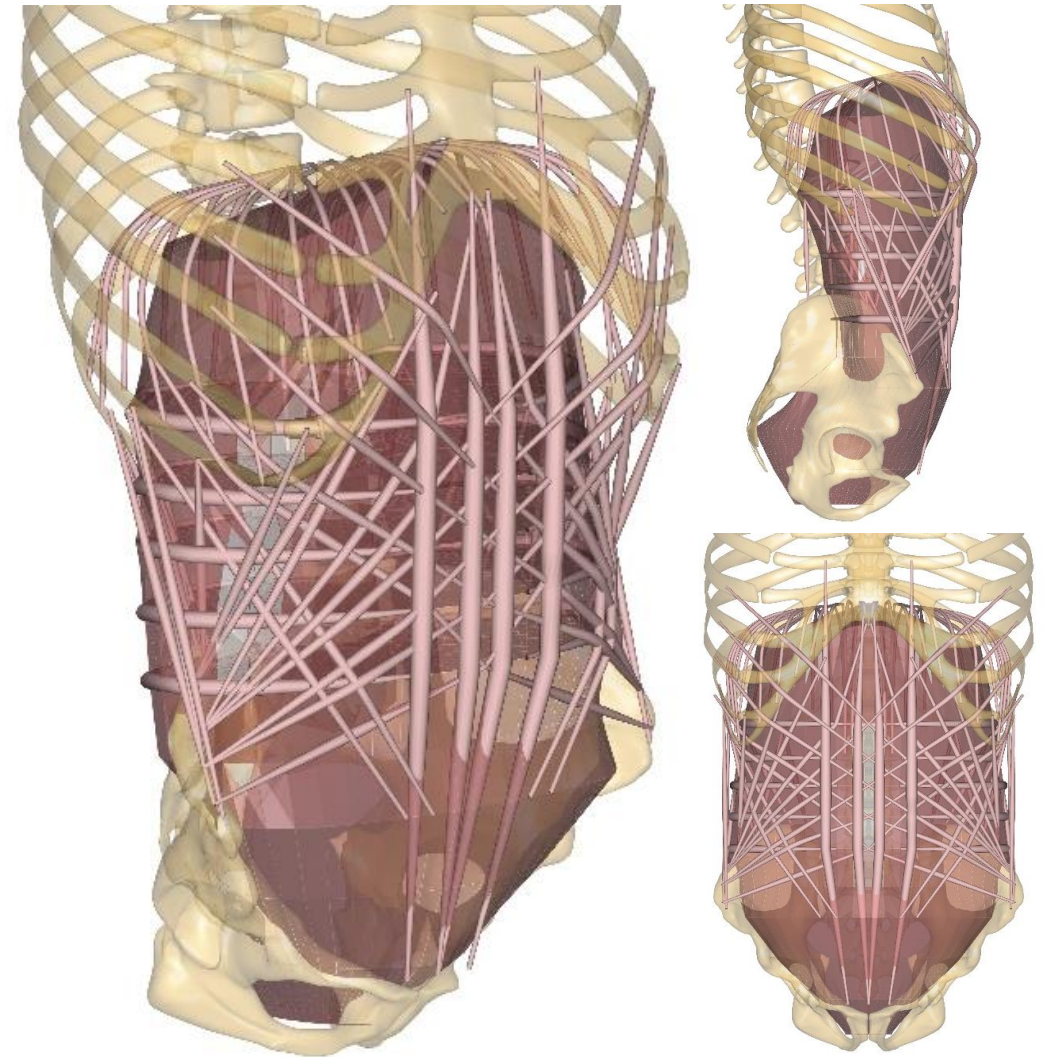


Red coordinates: nodes on the diaphragm.  
Blue coordinates: nodes on surrounding segments



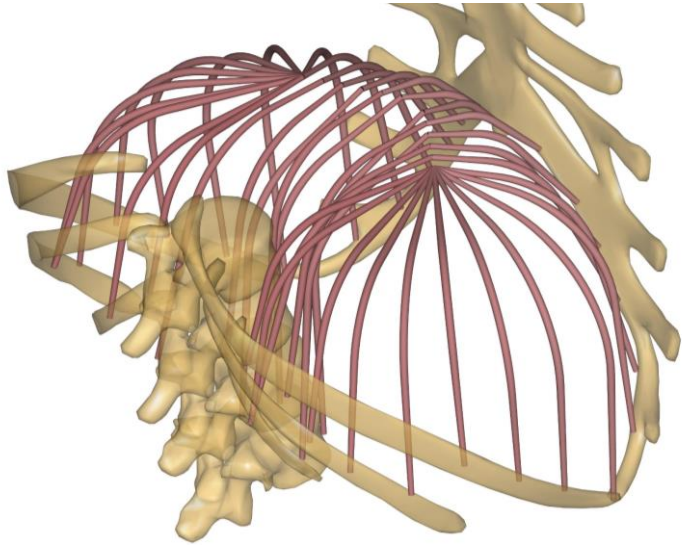
# Abdomen mechanism

- **Pressure and volumes:**
  - Transfer pressure through the volumes (act as one volume)
- **Diaphragm muscles:**
  - Hold the pressure on the top end
  - Transfer the force to the ribcage
  - Result in an extensor moment to the ribcage.
- **Transversus, obliquus, and rectus muscles:**
  - Wrapped on layers
  - Apply force to the layers posteriorly
  - Create pressure (balance the pressure force).



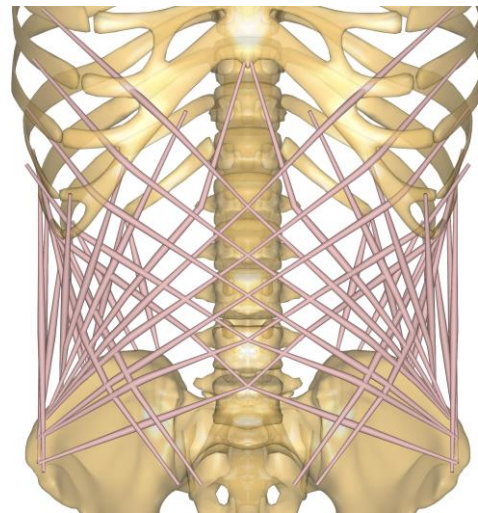


# Detailed muscle configuration

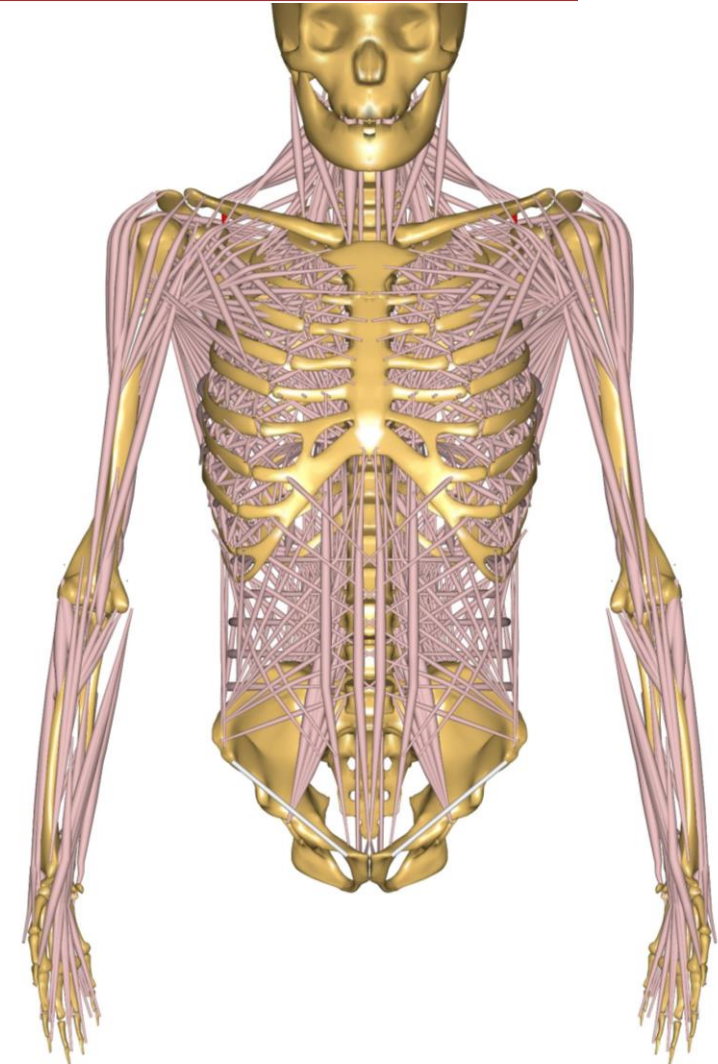


Diaphragm muscles

Obliquus muscles



Intercostalis muscles  
(breathing)





# Few examples

## Examples/ThoracicModel

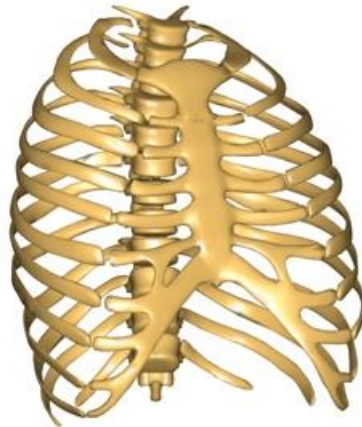
Flexion-extension



Lateral bending



Axial rotation



```
// Add a driver which drives the whole spine.
// The spine rhythms handles the individual DOFs, but rhythms can be disabled
// for full control of all DOFs.
SimpleFourierDriver Trunk_Extension =
{
  AnyKinMeasure &ref1 = .BodyModel.Interface.Trunk.PelvisThoraxExtension;
  RangeOfMotion = {-35, 20}*pi/180;
};

SimpleFourierDriver Trunk_LateralBending =
{
  AnyKinMeasure &ref2 = .BodyModel.Interface.Trunk.PelvisThoraxLateralBending;
  RangeOfMotion = {-30, 30} *pi/180;
};

SimpleFourierDriver Trunk_AxialRotation =
{
  AnyKinMeasure &ref3 = .BodyModel.Interface.Trunk.PelvisThoraxRotation;
  RangeOfMotion = {-30,30} *pi/180;
};
```

**Entire spine needs only 3 rotational drivers**

# Scoliosis model example

```

Main.Study.MechObjectExclude = {
  &Main.HumanModel.BodyModel.Trunk.Joints.Lumbar.SpineRhythmDrvFlexion,
  &Main.HumanModel.BodyModel.Trunk.Joints.Lumbar.SpineRhythmDrvRotation,
  &Main.HumanModel.BodyModel.Trunk.Joints.Lumbar.SpineRhythmDrvLatBending,
  &Main.HumanModel.BodyModel.Trunk.Joints.Thorax.LateralBendingRhythmDriver,
  &Main.HumanModel.BodyModel.Trunk.Joints.Thorax.AxialRotationRhythmDriver,
  &Main.HumanModel.BodyModel.Trunk.Joints.Thorax.ExtensionRhythmDriver,
  &Main.HumanModel.BodyModel.Trunk.Joints.Thorax.LumbarThroacicExtensionLinkDriver,
  &Main.HumanModel.BodyModel.Trunk.Joints.Thorax.LumbarThroacicLatBendingLinkDriver,
  &Main.HumanModel.BodyModel.Trunk.Joints.Thorax.LumbarThroacicRotationLinkDriver
};

```

OR

```

#define BM_TRUNK_LUMBAR_RHYTHM OFF
#define BM_TRUNK_THORACIC_RHYTHM OFF

```

```

AnyKinEqSimpleDriver spine_driver = {

  AnyKinMeasure& SacrumPelvis_ext = Main.HumanModel.BodyModel.Interface.Trunk.IntervertebralAngles.SacrumPelvis.Extension;
  AnyKinMeasure& L5Sacrum_ext = Main.HumanModel.BodyModel.Interface.Trunk.IntervertebralAngles.L5Sacrum.Extension;
  ...
  AnyKinMeasure& T2T3_ext = Main.HumanModel.BodyModel.Interface.Trunk.IntervertebralAngles.T2T3.Extension;
  AnyKinMeasure& T1T2_ext = Main.HumanModel.BodyModel.Interface.Trunk.IntervertebralAngles.T1T2.Extension;
};

```

```

AnyKinMeasure& SacrumPelvis_rot = Main.HumanModel.BodyModel.Interface.Trunk.IntervertebralAngles.SacrumPelvis.Rotation;
AnyKinMeasure& L5Sacrum_rot = Main.HumanModel.BodyModel.Interface.Trunk.IntervertebralAngles.L5Sacrum.Rotation;
...
AnyKinMeasure& T2T3_rot = Main.HumanModel.BodyModel.Interface.Trunk.IntervertebralAngles.T2T3.Rotation;
AnyKinMeasure& T1T2_rot = Main.HumanModel.BodyModel.Interface.Trunk.IntervertebralAngles.T1T2.Rotation;
};

```

```

AnyKinMeasure& SacrumPelvis_lat = Main.HumanModel.BodyModel.Interface.Trunk.IntervertebralAngles.SacrumPelvis.LateralBending;
AnyKinMeasure& L5Sacrum_lat = Main.HumanModel.BodyModel.Interface.Trunk.IntervertebralAngles.L5Sacrum.LateralBending;
...
AnyKinMeasure& T2T3_lat = Main.HumanModel.BodyModel.Interface.Trunk.IntervertebralAngles.T2T3.LateralBending;
AnyKinMeasure& T1T2_lat = Main.HumanModel.BodyModel.Interface.Trunk.IntervertebralAngles.T1T2.LateralBending;
};

```



**The ribcage and the abdominal layers will follow the spine alignment**

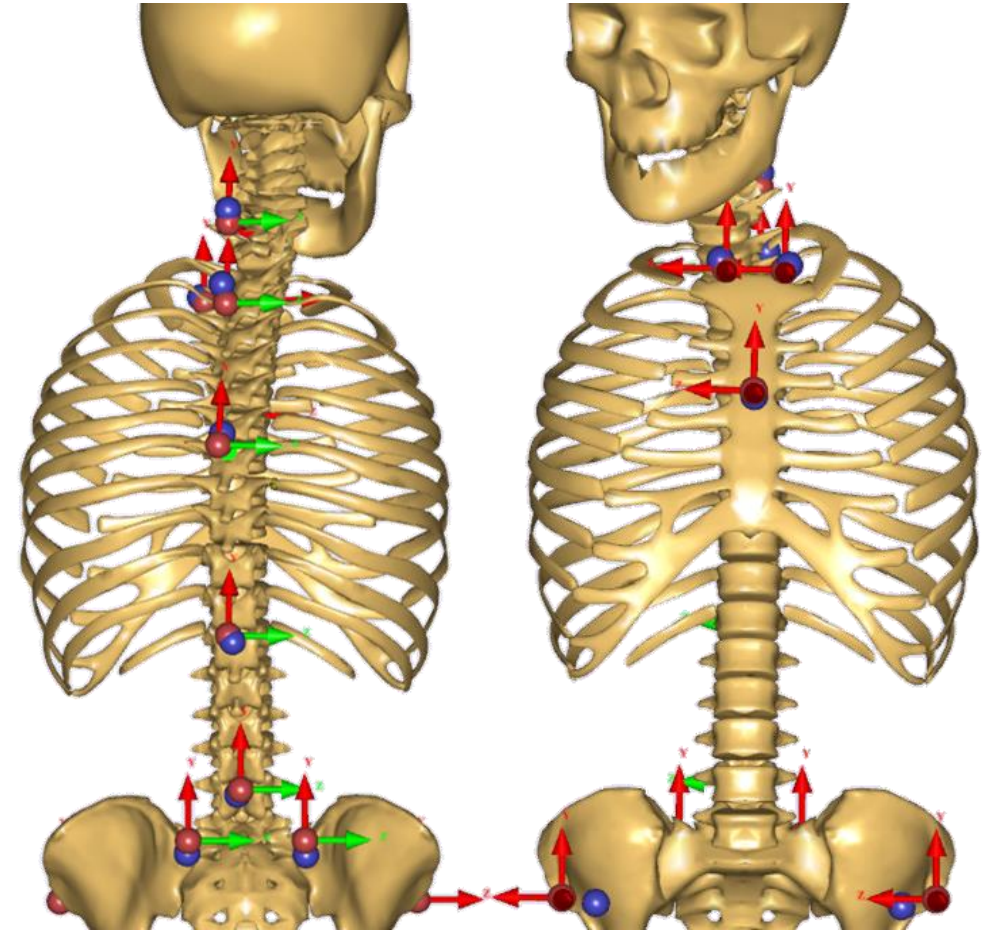
# Thoracic MOCAP model

```

#define BM_TRUNK_THORACIC_MODEL_THORACIC_MODEL_FLEXIBLE_
#define BM_TRUNK_LUMBAR_RHYTHM_RHYTHM_SOFT_
#define BM_TRUNK_THORACIC_RHYTHM_RHYTHM_SOFT_
#define BM_TRUNK_CERVICAL_RHYTHM_RHYTHM_SOFT_
#define USE_GRF_PREDICTION
#define SPINE_MARKERS_SINGLE

#ifdef SPINE_MARKERS_SINGLE
Main.HumanModel.BodyModel.Trunk.Joints.Lumbar.SpineRhythmDrvRotation = {
  AnyFolder Weight = { AnyFunConst Fun = { Value ??= repmat(..nDim, 1); } };
  WeightFun = {&Weight.Fun};
};
Main.HumanModel.BodyModel.Trunk.Joints.Thorax.AxialRotationRhythmDriver = {
  AnyFolder Weight = { AnyFunConst Fun = { Value ??= repmat(..nDim, 1); } };
  WeightFun = {&Weight.Fun};
};
Main.HumanModel.BodyModel.Trunk.Joints.Lumbar.SpineRhythmDrvLatBending = {
  AnyFolder Weight = { AnyFunConst Fun = { Value ??= repmat(..nDim, 0.005); } };
  WeightFun = {&Weight.Fun};
};
Main.HumanModel.BodyModel.Trunk.Joints.Thorax.LateralBendingRhythmDriver = {
  AnyFolder Weight = { AnyFunConst Fun = { Value ??= repmat(..nDim, 0.005); } };
  WeightFun = {&Weight.Fun};
};
Main.HumanModel.BodyModel.Trunk.Joints.Lumbar.SpineRhythmDrvFlexion = {
  AnyFolder Weight = { AnyFunConst Fun = { Value ??= repmat(..nDim, 0.005); } };
  WeightFun = {&Weight.Fun};
};
Main.HumanModel.BodyModel.Trunk.Joints.Thorax.ExtensionRhythmDriver = {
  AnyFolder Weight = { AnyFunConst Fun = { Value ??= repmat(..nDim, 0.005); } };
  WeightFun = {&Weight.Fun};
};

```



# Scoliosis MOCAP model

---

```
#define BM_TRUNK_THORACIC_MODEL _THORACIC_MODEL_FLEXIBLE_
```

```
#define BM_TRUNK_CERVICAL_RHYTHM _RHYTHM_SOFT_
```

```
#define BM_TRUNK_THORACIC_RHYTHM OFF
```

```
#define BM_TRUNK_LUMBAR_RHYTHM OFF
```

```
#define USE_GRF_PREDICTION
```

Need to define SCOLIOSIS\_DRIVERS\_SETUP (measure the angles from the Xray or similar data)

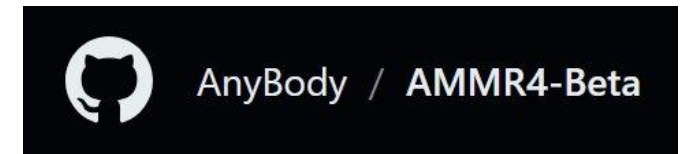
- Parameter identification with high weights
- Run analysis with low weights

Be more careful when adding the arms

# Follow model development on Github

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- Available on GitHub:  
<https://github.com/anybody/ammr4-beta>





# Thank you for your attention



# Q&A

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